

Island Games Personal best

Men

100 m

10,17	3,9	w	Kemar	Hyman	Cayman Islands	2017	Gotland	1 Semi Final	Heat 1
10,34	0,6		Harold	Houston	Bermuda	2013	Bermuda	1 Final	
10,39	-0,8		Kemar	Hyman	Cayman Islands	2017	Gotland	1 Preliminary	Heat 1
10,55	5,2	w	Joshua	Allaway	Guernsey	2017	Gotland	2 Final	
10,59	2,5	w	Mihalis	Perakis	Rhodes	2007	Rhodes	1 Preliminary	Heat 4
10,60	5,2	w	Tyler	Johnson	Jersey	2017	Gotland	3 Final	
10,63	0,6		Rhymiech	Adolphus	Cayman Islands	2013	Bermuda	2 Final	
10,70	1,5		Xavier	James	Bermuda	2007	Rhodes	1 Semi Final	Heat 1
10,72	0,2		Tyrell	Cuffy	Cayman Islands	2015	Jersey	1 Preliminary	Heat 1
10,72	0,7		Mihalis	Perakis	Rhodes	2007	Rhodes	1 Final	
10,73	0,8		Wallace	Little	Cayman Islands	2009	Åland	1 Final	
10,73	0,7		Thomas	Riley	Isle of Man	2007	Rhodes	2 Final	
10,77	1,6		Stephon	Johnson	Cayman Islands	2007	Rhodes	1 Semi Final	Heat 2
10,78	1,3		Joshua	Allaway	Guernsey	2015	Jersey	2 Final	
10,80	0,9		Robert	Ibeh	Cayman Islands	2011	Isle of Wight	1 Final	
10,82	0,8		Mats	Boman	Åland	2009	Åland	2 Final	
10,82	0,5		Joe	Chadwick	Guernsey	2019	Gibraltar	1 Final	
10,82	0,9		Mats	Boman	Åland	2011	Isle of Wight	2 Final	
10,84	0,8		Steven	Reid	Cayman Islands	2009	Åland	3 Final	
10,84	2,7	w	Brandon	Johnson	Cayman Islands	2013	Bermuda	1 Preliminary	Heat 3
10,60	m	w	Gordon	Crowe	Isle of Man	1989	Faroe Islands	1 Final	
10,90	2,7	w	Glenn	Etherington	Guernsey	2013	Bermuda	2 Preliminary	Heat 3
10,90		w	Alistair	Audsley	Isle of Man	1995	Gibraltar	1 Semi Final	Heat 1
10,92	5,2	w	Brandon	Atchison	Isle of Man	2017	Gotland	4 Final	
10,92	1,0		Dale	Garland	Guernsey	2005	Shetland Islands	1 Final	
10,94	0,5		Jeavhon	Jackson	Cayman Islands	2019	Gibraltar	2 Final	
10,95	5,2	w	Daniel	Örevik	Gotland	2017	Gotland	5 Final	
10,95	1,3		Dami	Williams	Jersey	2015	Jersey	3 Final	
10,96	0,6		Glenn	Etherington	Guernsey	2013	Bermuda	4 Final	
11,00	2,7	w	Kidane	Callender	Bermuda	2013	Bermuda	3 Preliminary	Heat 3
11,00		w	Ryan	de Haaff	Guernsey	2003	Guernsey	1 Preliminary	Heat 3
11,00	0,6		Brandon	Johnson	Cayman Islands	2013	Bermuda	5 Final	
11,00		w	Margus	Jurkatam	Saaremaa	1995	Gibraltar	2 Semi Final	Heat 2
11,01	-2,1		Mattias	Sunneborn	Gotland	1999	Gotland	2 Semi Final	Heat 2
11,01	0,5		Tyler	Johnson	Jersey	2019	Gibraltar	3 Final	
11,03	0,5		Zachary	Price	Ynys Môn	2019	Gibraltar	4 Final	
11,03	2,9	w	Zachary	Price	Ynys Môn	2019	Gibraltar	2 Semi Final	Heat 2
11,08	-2,9		Roger	Smith	Cayman Islands	1999	Gotland	3 Final	
11,08	2,9	w	Emil	Thölix	Åland	2019	Gibraltar	3 Semi Final	Heat 2
11,09	-0,8		Magnus	Hemström	Gotland	1993	Isle of Wight	1 Final	
11,09	-0,7		Alistair	Audsley	Isle of Man	1997	Jersey	1 Final	
11,10	1,3		Karim	Murray	Cayman Islands	2015	Jersey	4 Final	
11,10	5,2	w	Jonathan	Le Grange	Jersey	2017	Gotland	6 Final	
11,12	0,6		Jack	Lemaire	Isle of Man	2013	Bermuda	7 Final	
11,12	0,5		Tórir	Mortensen	Faroe Islands	2019	Gibraltar	5 Final	
11,12	-0,7		Jeneko	Lottimore Place	Bermuda	2009	Åland	3 Semi Final	Heat 2
11,13	0,6		Kidane	Callender	Bermuda	2013	Bermuda	8 Final	
11,14	0,5		Samuel	Ratcliffe	Isle of Wight	2009	Åland	5 Semi Final	Heat 1
11,14		w	Gareth	Ellis	Ynys Môn	1995	Gibraltar	1 Preliminary	Heat 3
11,14	2,4	w	Gavin	Bodrell	Isle of Wight	2019	Gibraltar	3 Semi Final	Heat 1
11,14	1,3		Daniel	Örevik	Gotland	2015	Jersey	5 Final	
10,9	m	w	Petri	Öhman	Åland	1989	Faroe Islands	2 Semi Final	Heat 1
10,9	m		Gordon	Crowe	Isle of Man	1989	Faroe Islands	1 Preliminary	Heat 1
11,15	1,0		Carlos	Morgan	Cayman Islands	2005	Shetland Islands	2 Final	
11,15	0,5		Emil	Thölix	Åland	2019	Gibraltar	6 Final	
11,15	-1,0		Chris	Stobart	Isle of Man	1999	Gotland	2 Semi Final	Heat 1
11,18	1,7		Karl	Robertson	Shetland Islands	2007	Rhodes	1 Preliminary	Heat 2
11,18	0,5		Gavin	Bodrell	Isle of Wight	2019	Gibraltar	7 Final	
11,19	2,4	w	Lucas	Rive	Guernsey	2019	Gibraltar	4 Semi Final	Heat 1
11,19	3,9	w	Marcus	Clague	Isle of Man	2017	Gotland	4 Semi Final	Heat 1

11,20		w	Charles	Edsall	Isle of Wight	1995	Gibraltar	3	Semi Final	Heat 2	
11,20		w	Ilias	Kelis	Rhodes	2003	Guernsey	2	Preliminary	Heat 3	
11,20		w	Rob	Currie	Jersey	1995	Gibraltar	3	Semi Final	Heat 2	
11,21	2,4	w	Cephas	Howard	Isle of Wight	1993	Isle of Wight	2	Preliminary	Heat 2	
11,21	2,9	w	Craig	Gill	Gibraltar	2019	Gibraltar	5	Semi Final	Heat 2	
11,21	1,0		Carl	Morgan	Cayman Islands	2005	Shetland Islands	3	Final		
11,21	-2,1		Lee	Ward	Jersey	1999	Gotland	3	Semi Final	Heat 2	
11,21	-0,7		Paul	Bergquist	Isle of Man	1997	Jersey	2	Final		
11,22	1,3		Jessy	Franco	Gibraltar	2015	Jersey	6	Final		
11,23	2,4	w	Eric	Sjölund	Åland	2019	Gibraltar	5	Semi Final	Heat 1	
11,23	3,9	w	Gabriel	Vikic	Gotland	2017	Gotland	5	Semi Final	Heat 1	
11,23	1,7		Graeme	Neal	Alderney	2007	Rhodes	2	Preliminary	Heat 2	
11,23	1,6		Daniel	Tucker	Bermuda	2007	Rhodes	4	Semi Final	Heat 2	
11,24	2,5	w	Robin	Cowling	Guernsey	2007	Rhodes	2	Preliminary	Heat 4	
11,0	m	5,0	w	Mark	Haskins	Guernsey	1989	Faroe Islands	2	Final	
11,25	2,8	w	Joshua Daniel	Billington	Ynys Môn	2017	Gotland	4	Semi Final	Heat 2	
11,25	2,3	w	Jonathan	Squirrell	Isle of Wight	1993	Isle of Wight	1	Preliminary	Heat 3	
11,27	0,2		Jerai	Torres	Gibraltar	2013	Bermuda	4	Preliminary	Heat 2	
11,28	2,4	w	Paul	Ellis	Ynys Môn	1993	Isle of Wight	3	Preliminary	Heat 2	
11,28	2,0		Paul	Ellis	Ynys Môn	1993	Isle of Wight	2	Semi Final	Heat 2	
11,29	-0,7		Gareth	Ellis	Ynys Môn	1997	Jersey	3	Final		
11,29	2,4	w	Cameron	Jones	Ynys Môn	2019	Gibraltar	7	Semi Final	Heat 1	
11,29	0,0		Michael	Taubman	Isle of Man	2015	Jersey	2	Preliminary	Heat 3	
11,31	0,5		Lucas	Rive	Guernsey	2019	Gibraltar	8	Final		
11,31		w	Stephen	Prosser	Jersey	2003	Guernsey	3	Preliminary	Heat 3	
11,31		w	Andrée	Eriksson	Åland	2003	Guernsey	2	Preliminary	Heat 1	
11,32	1,3		Stephen	Prosser	Jersey	2007	Rhodes	3	Preliminary	Heat 1	
11,32	-0,7		Ási	Mikkelsen	Faroe Islands	1997	Jersey	4	Final		
11,32	2,9	w	Scott	Maciver	Western Isles	2019	Gibraltar	6	Semi Final	Heat 2	
11,32	0,2		Haydn	Thomason	Shetland Islands	2013	Bermuda	5	Preliminary	Heat 2	
11,34	1,0		Jakob	Larsen	Greenland	2005	Shetland Islands	4	Final		
11,1	m	5,0	w	Jörgen	Skarphagen	Gotland	1989	Faroe Islands	5	Final	
11,1	m	2,3	w	Jörgen	Skarphagen	Gotland	1989	Faroe Islands	1	Preliminary	Heat 2
11,1	m	1,2		Jörgen	Skarphagen	Gotland	1989	Faroe Islands	1	Semi Final	Heat 2
11,35	2,0		Jonathan	Squirrell	Isle of Wight	1993	Isle of Wight	3	Semi Final	Heat 2	
11,36	1,5		Robin	Cowling	Guernsey	2007	Rhodes	5	Semi Final	Heat 1	
11,36	-1,3		Rob	Currie	Jersey	1991	Åland	2	Final		
11,38		w	Kieran	Palmer	Jersey	2003	Guernsey	1	Preliminary	Heat 2	
11,38	2,5	w	Mikk	Tasa	Saaremaa	2007	Rhodes	3	Preliminary	Heat 4	
11,39	1,4		Tom	Manselin	Åland	2007	Rhodes	4	Preliminary	Heat 3	
11,39	2,7	w	Rói	Holgarsson	Faroe Islands	2013	Bermuda	4	Preliminary	Heat 3	
11,39	-0,7		Ioan	Hughes	Ynys Môn	1997	Jersey	5	Final		
11,40		w	Nolan	Romero	Gibraltar	1995	Gibraltar	5	Semi Final	Heat 2	
11,40	0,0		Alastair	Chalmers	Guernsey	2015	Jersey	3	Preliminary	Heat 3	
11,40		w	Neil	Duncan	Shetland Islands	1995	Gibraltar	5	Semi Final	Heat 2	
11,40		w	Scot	Jamieson	Shetland Islands	1995	Gibraltar	3	Semi Final	Heat 1	
11,40	2,7	w	Anders	Boman	Åland	1993	Isle of Wight	4	Semi Final	Heat 1	
11,40		w	Andrus	Ruttu	Saaremaa	1995	Gibraltar	3	Semi Final	Heat 1	
11,41	0,0		Gordon	Mowat	Orkney	2015	Jersey	3	Preliminary	Heat 2	
11,41		w	Simon	Sebire	Guernsey	2003	Guernsey	3	Preliminary	Heat 1	
11,42	1,6		Scott	Roberts	Jersey	1997	Jersey	1	Preliminary	Heat 2	
11,42	1,6		Ben	Silva	Jersey	2007	Rhodes	5	Semi Final	Heat 2	
11,44	-1,5		James	Forman	Isle of Wight	2009	Åland	4	Preliminary	Heat 2	
11,44	-1,3		Jörgen	Skarphage	Gotland	1991	Åland	3	Final		
11,45	-0,8		Samuel	Nylund	Åland	2017	Gotland	2	Preliminary	Heat 1	
11,45	2,9	w	Robert	Thomas	Jersey	2019	Gibraltar	8	Semi Final	Heat 2	
11,45	-0,8		Cephas	Howard	Isle of Wight	1993	Isle of Wight	3	Final		
11,46	0,5		Nathan	Stevens	Guernsey	2009	Åland	6	Semi Final	Heat 1	
11,46	2,6	w	Simon	Black	Jersey	1997	Jersey	3	Preliminary	Heat 1	
11,46	1,5		Lee	Williamson	Shetland Islands	2007	Rhodes	8	Semi Final	Heat 1	
11,47	0,1		Robert	Stenhouse	Jersey	2011	Isle of Wight	3	Preliminary	Heat 2	
11,47	-2,6		Eric	Webster	Cayman Islands	2001	Isle of Man	3	Final		
11,48	-1,0		Douglas	Thom	Orkney	1999	Gotland	3	Semi Final	Heat 1	
11,50	1,6		Mikk	Tasa	Saaremaa	2007	Rhodes	6	Semi Final	Heat 2	
11,50	-1,7		Craig	Gill	Gibraltar	2019	Gibraltar	5	Preliminary	Heat 2	
11,50		w	Tim	Sebire	Guernsey	1995	Gibraltar	5	Semi Final	Heat 1	
11,50		w	Chris	du Feu	Guernsey	1995	Gibraltar	5	Semi Final	Heat 1	
11,50	-0,9		Kevin	Furlong	Isle of Man	1991	Åland	2	Semi Final	Heat 1	

11,51	-1,0		Heini	Hátún	Faroe Islands	1999	Gotland	4	Semi Final	Heat 1	
11,52	-0,8		Marcus	Clague	Isle of Man	2017	Gotland	3	Preliminary	Heat 1	
11,52		w	Petter	Hemph	Gotland	2003	Guernsey	2	Preliminary	Heat 2	
11,53	-1,2		Orantis	Rankine	Cayman Islands	1999	Gotland	2	Preliminary	Heat 5	
11,53	-2,1		Nicholas	Vasquez	Gibraltar	1999	Gotland	6	Semi Final	Heat 2	
11,53	-2,1		Orantis	Rankine	Cayman Islands	1999	Gotland	5	Semi Final	Heat 2	
11,54	1,6		Andrus	Ruttu	Saaremaa	1997	Jersey	2	Preliminary	Heat 2	
11,54		w	Neville	Morgan	Cayman Islands	2003	Guernsey	3	Preliminary	Heat 2	
11,54	2,7	w	Alexander	Clemes	Åland	2013	Bermuda	5	Preliminary	Heat 3	
11,3	m	5,7	w	Tony	Nilsson	Gotland	1989	Faroe Islands	4	Semi Final	Heat 1
11,55	-1,3		Scott	Maciver	Western Isles	2019	Gibraltar	4	Preliminary	Heat 3	
11,55	0,0		Bill	Porter	Jersey	2015	Jersey	4	Preliminary	Heat 2	
11,55	0,0		Andrew	Cavilla	Gibraltar	2015	Jersey	4	Preliminary	Heat 3	
11,55	0,7		Magnus	Blair	Orkney	2013	Bermuda	3	Preliminary	Heat 1	
11,55	0,0		Alexander	Burgess	Ynys Môn	2015	Jersey	4	Preliminary	Heat 2	
11,55	-1,0		Cameron	Jones	Ynys Môn	2019	Gibraltar	4	Preliminary	Heat 1	
11,55	-1,0		Brandon	Atchison	Isle of Man	2019	Gibraltar	3	Preliminary	Heat 1	
11,56	-1,7		Petter	Hemph	Gotland	2001	Isle of Man	2	Preliminary	Heat 2	
11,56	0,2		Michael	Bland	Ynys Môn	2013	Bermuda	6	Preliminary	Heat 2	
11,56	-0,9		Tom	McCormack	Isle of Wight	1991	Åland	3	Semi Final	Heat 1	
11,56	0,1		Jonathon	Lavers	Gibraltar	2011	Isle of Wight	4	Preliminary	Heat 2	
11,56	0,8		Victor	Jansson	Åland	2011	Isle of Wight	3	Preliminary	Heat 3	
11,57	2,0		Filip	Ekelund	Åland	1997	Jersey	3	Preliminary	Heat 3	
11,57	2,3	w	Carsten	Sørensen	Greenland	1993	Isle of Wight	5	Preliminary	Heat 3	
11,57	-0,8		Anders	Boman	Åland	1993	Isle of Wight	7	Final		
11,58		w	Rhymich	Rockett	Cayman Islands	2003	Guernsey	4	Preliminary	Heat 1	
11,59	-2,5		Ryan	de Haaff	Guernsey	2001	Isle of Man	3	Preliminary	Heat 3	
11,60	-1,3		Eric	Sjölund	Åland	2019	Gibraltar	5	Preliminary	Heat 3	
11,61	-0,8		Calum	Fraser	Western Isles	2017	Gotland	4	Preliminary	Heat 1	
11,61	1,4		Simon	Black	Jersey	1997	Jersey	4	Semi Final	Heat 1	
11,62	0,2		Fergus	Macivor	Orkney	2015	Jersey	4	Preliminary	Heat 1	
11,4	m	1,2		Chris	McGrady	Isle of Wight	1989	Faroe Islands	3	Semi Final	Heat 1
11,4	m	5,7	w	Rúni	Jacobsen	Faroe Islands	1989	Faroe Islands	5	Semi Final	Heat 1
11,65	1,3		Graham	Filer	Isle of Wight	2007	Rhodes	5	Preliminary	Heat 1	
11,65	1,0		Anastasios	Haviaras	Rhodes	2005	Shetland Islands	6	Final		
11,66	-1,3		Robert	Thomas	Jersey	2019	Gibraltar	6	Preliminary	Heat 3	
11,66	1,4		Nigel	Thomson	Orkney	2007	Rhodes	6	Preliminary	Heat 3	
11,66	0,2		Joel	Padi	Isle of Man	2015	Jersey	5	Preliminary	Heat 1	
11,68	1,3		Dominic	Carroll	Gibraltar	2007	Rhodes	6	Preliminary	Heat 1	
11,68	2,3	w	Paul	Ignacio	Gibraltar	1993	Isle of Wight	6	Preliminary	Heat 3	
11,68	2,0		Steve	Burt	Guernsey	1997	Jersey	2	Preliminary	Heat 4	
11,68	0,2		Ruaraidh	Muncaster	Western Isles	2015	Jersey	6	Preliminary	Heat 1	
11,69	-2,5		Angelo	Patti	Ynys Môn	2001	Isle of Man	4	Preliminary	Heat 3	
11,70	2,2	w	Adrian	Ochello	Gibraltar	1993	Isle of Wight	3	Preliminary	Heat 1	
11,70	2,6	w	Martin	Leyland	Shetland Islands	1997	Jersey	4	Preliminary	Heat 1	
11,71	-1,7		Angus	Davren	Orkney	2019	Gibraltar	6	Preliminary	Heat 2	
11,71	2,5	w	Ruaraidh	Stewart	Western Isles	2007	Rhodes	5	Preliminary	Heat 4	
11,72	-3,1		Kostasinos	Kakousios	Rhodes	2001	Isle of Man	3	Preliminary	Heat 1	
11,72	-1,0		Simon	Sebire	Guernsey	1999	Gotland	6	Semi Final	Heat 1	
11,72		w	Stuart	Bain	Shetland Islands	2017	Gotland	3	Preliminary	Heat 4	
11,72	2,0		Paul	Ignacio	Gibraltar	1993	Isle of Wight	6	Semi Final	Heat 2	
11,72	-1,2		Mark	Macleish	Guernsey	1999	Gotland	3	Preliminary	Heat 3	
11,73	0,0		Tom	Jamieson	Shetland Islands	2015	Jersey	5	Preliminary	Heat 3	
11,73	-1,6		Nick	Davis	Isle of Man	1999	Gotland	3	Preliminary	Heat 2	
11,74	0,8		Stewart	Johnson	Western Isles	2011	Isle of Wight	4	Preliminary	Heat 3	
11,74	2,4	w	Debes H.	Christiansen	Faroe Islands	1993	Isle of Wight	6	Preliminary	Heat 2	
11,5	m	5,7	w	Robin	Richardson	Isle of Wight	1989	Faroe Islands	6	Semi Final	Heat 1
11,5	m	1,2		Chris	Hand	Gibraltar	1989	Faroe Islands	4	Semi Final	Heat 1
11,5	m	1,5		Mark	Haskins	Guernsey	1989	Faroe Islands	2	Preliminary	Heat 1
11,5	m	2,3	w	Eyðfinn	Davidson	Faroe Islands	1989	Faroe Islands	4	Preliminary	Heat 2
11,75	-0,9		Tony	Nilsson	Gotland	1991	Åland	4	Semi Final	Heat 1	
11,75	1,0		Martin	Andersson	Åland	2005	Shetland Islands	7	Final		
11,75	-2,5		Paul	Mason	Jersey	2001	Isle of Man	6	Preliminary	Heat 3	
11,75		w	Danny	Goddard-Smith	Ynys Môn	2017	Gotland	3	Preliminary	Heat 2	
11,78	0,7		Gareth	Robertson	Shetland Islands	2013	Bermuda	4	Preliminary	Heat 1	
11,79		w	Donald	Macmillan	Western Isles	2017	Gotland	4	Preliminary	Heat 2	
11,79	-1,7		Tomas	Karlsson	Åland	2001	Isle of Man	4	Preliminary	Heat 2	
11,79	2,0		Debes H.	Christiansen	Faroe Islands	1993	Isle of Wight	7	Semi Final	Heat 2	

11,81	-1,7	Raido	Raamat	Saaremaa	1991	Åland	4	Semi Final	Heat 2
11,83	-1,2	Martin	Leyland	Shetland Islands	1999	Gotland	5	Preliminary	Heat 3
11,6	m	w Andy	Conoops	Jersey	1987	Guernsey	3	Final	
11,85	-1,6	Thomas	Young	Isle of Wight	1999	Gotland	4	Preliminary	Heat 2
11,85	-1,0	Max	Henley	Isle of Wight	2019	Gibraltar	6	Preliminary	Heat 1
11,85	0,1	Connor	Laverty	Ynys Môn	2011	Isle of Wight	5	Preliminary	Heat 1
11,85	1,7	Viktor	Löfroth	Åland	1997	Jersey	7	Semi Final	Heat 2
11,87	2,4	w Simon	Bradshaw	Guernsey	1993	Isle of Wight	7	Preliminary	Heat 2
11,87		w Ian	Rock	Isle of Wight	2003	Guernsey	5	Preliminary	Heat 1
11,88	-1,3	Sean	Collado	Gibraltar	2019	Gibraltar	7	Preliminary	Heat 3
11,89	-0,9	Jógvan	Glerfoss	Faroe Islands	1991	Åland	5	Semi Final	Heat 1
11,89	2,0	Scot	Jamieson	Shetland Islands	1997	Jersey	3	Preliminary	Heat 4
11,89		w Andrew	Owen	Ynys Môn	2003	Guernsey	4	Preliminary	Heat 3
11,90	1,7	Georgios	Thriskos	Rhodes	2007	Rhodes	4	Preliminary	Heat 2
11,91	-2,2	Carwyn	Lloyd Owen	Ynys Môn	2009	Åland	4	Preliminary	Heat 1
11,91	-2,2	Ruaraidh	Stewart	Western Isles	2009	Åland	5	Preliminary	Heat 1
11,91	2,5	w Lluís	Coll Cantalopis	Menorca	2007	Rhodes	6	Preliminary	Heat 4
11,92		w Gian	Nacimiento	Gibraltar	2003	Guernsey	5	Preliminary	Heat 3
11,93	2,0	Martin	Henry	St. Helena	1997	Jersey	4	Preliminary	Heat 4
11,93		w Caelen	Rivett	Shetland Islands	2017	Gotland	5	Preliminary	Heat 3
11,7	m	1,2 Eyðfinn	Davidson	Faroe Islands	1989	Faroe Islands	5	Semi Final	Heat 1
11,96	-2,3	James	Flett	Orkney	2009	Åland	4	Preliminary	Heat 3
11,97	-2,4	Graeme	Miller	Orkney	1999	Gotland	4	Preliminary	Heat 1
11,97		w Peter	Morrison	Orkney	1995	Gibraltar	5	Preliminary	Heat 2
11,97	2,0	Neil	Duncan	Shetland Islands	1993	Isle of Wight	8	Semi Final	Heat 2
12,00	-1,2	Alar	Kalamees	Saaremaa	1999	Gotland	4	Preliminary	Heat 5
12,00	0,0	Alasdair David	Macleod Rigby	Western Isles	2015	Jersey	6	Preliminary	Heat 2
12,01	-1,0	Alexander	Scott	Orkney	2019	Gibraltar	7	Preliminary	Heat 1
12,02	2,6	w Christopher	Wall	Gibraltar	1997	Jersey	5	Preliminary	Heat 1
12,02	-3,1	Karl	Mckay	Falkland Islands	2001	Isle of Man	5	Preliminary	Heat 1
11,8	m	1,5 Rúni	Jacobsen	Faroe Islands	1989	Faroe Islands	4	Preliminary	Heat 1
12,07	1,7	Andrew	Owen	Ynys Môn	2007	Rhodes	6	Preliminary	Heat 2
12,07	-1,0	Noel	Montelin	Gotland	2019	Gibraltar	8	Preliminary	Heat 1
12,10	-0,8	Sean	Penalver	Gibraltar	2017	Gotland	5	Preliminary	Heat 1
12,10	0,8	Aled	Thomas	Ynys Môn	2011	Isle of Wight	6	Preliminary	Heat 3
12,10	2,2	w Sean	Duquemin	Guernsey	1993	Isle of Wight	5	Preliminary	Heat 1
12,11	-0,1	Christopher	Wall	Gibraltar	1999	Gotland	4	Preliminary	Heat 4
12,12	1,6	Peter	Choy	Isle of Wight	1997	Jersey	4	Preliminary	Heat 2
12,12		w Matthew	Diamond	Alderney	2003	Guernsey	6	Preliminary	Heat 2
12,13		w Sean	Johnson	Ynys Môn	1995	Gibraltar	4	Preliminary	Heat 4
11,9	m	w Michael	Bedwell	St. Helena	1987	Guernsey	4	Semi Final	Heat 2
11,9	m	w Brage	Myhren	Hitra	1987	Guernsey	5	Semi Final	Heat 2
11,9	m	w John	Allen	Guernsey	1987	Guernsey	3	Semi Final	Heat 2
11,9	m	w Dale	Chadwick	Guernsey	1987	Guernsey	2	Semi Final	Heat 1
11,9	m	2,2 w Sean	Cummings	Orkney	1989	Faroe Islands	4	Preliminary	Heat 3
12,16	-1,7	Andrew	Tagliavento	Isle of Wight	1991	Åland	6	Semi Final	Heat 2
12,18	-0,1	Troy	Bennett	St. Helena	1999	Gotland	5	Preliminary	Heat 4
12,20	-1,0	Johnny	Nordqvist	Åland	1991	Åland	4	Preliminary	Heat 3
12,20		w Wayne	Groves	Isle of Wight	1995	Gibraltar	3	Preliminary	Heat 1
12,22	2,4	w Marcus	Whyte	Shetland Islands	1993	Isle of Wight	8	Preliminary	Heat 2
12,24	2,0	Stein	Eriksen	Hitra	1997	Jersey	5	Preliminary	Heat 4
12,24	-0,1	Ian	Rock	Isle of Wight	1999	Gotland	6	Preliminary	Heat 4
12,24	-1,7	Donald	Macmillan	Western Isles	2019	Gibraltar	7	Preliminary	Heat 2
12,25		w Matthew	Benjamin	St. Helena	2005	Shetland Islands	7	Preliminary	Heat 1
12,27	-1,5	Peter	Stemp	Shetland Islands	1991	Åland	3	Preliminary	Heat 1
12,27		w Stephen	Davis	Isle of Wight	2003	Guernsey	7	Preliminary	Heat 2
12,28		w Jonathan	Murray	Western Isles	2005	Shetland Islands	8	Preliminary	Heat 1
12,28	-1,2	Andrew	Moyce	St. Helena	1999	Gotland	5	Preliminary	Heat 5
12,28	0,1	James	Watson	Orkney	2011	Isle of Wight	6	Preliminary	Heat 1
12,30	-1,7	Sean	Duquemin	Guernsey	1991	Åland	3	Preliminary	Heat 2
12,30	-1,7	Grant	Cumming	Orkney	1991	Åland	4	Preliminary	Heat 2
12,31	0,1	Pat	Sattaphol	Western Isles	2011	Isle of Wight	6	Preliminary	Heat 2
12,31	-2,4	Christian	Ackrén	Åland	1999	Gotland	5	Preliminary	Heat 1
12,1	m	w Patrik	Lehtonen	Åland	1987	Guernsey	5	Semi Final	Heat 1
12,1	m	w Ivan	Taylor	Orkney	1987	Guernsey	6	Semi Final	Heat 2
12,38	-1,7	Tom	Tommiska	Åland	1991	Åland	5	Preliminary	Heat 2
12,39	-1,7	Andrew	Ball	Isle of Wight	2001	Isle of Man	7	Preliminary	Heat 2
12,44	2,0	Julian	Duncan	St. Helena	1997	Jersey	5	Preliminary	Heat 3

12,2	m	w	Lloyd	Jones	Isle of Man	1985	Isle Of Man	1 Final	
12,45		w	Balfour Steven	Hay	Orkney	2017	Gotland	4 Preliminary	Heat 4
12,46		-2,5	Kevin	Mckay	Orkney	2001	Isle of Man	8 Preliminary	Heat 3
12,50		2,2	w John	Knock	Ynys Môn	1993	Isle of Wight	6 Preliminary	Heat 1
12,51		-1,5	Alejandro	Sanchez	Menorca	2009	Åland	6 Preliminary	Heat 2
12,56		1,3	Leigh	Cresswell	Alderney	2007	Rhodes	7 Preliminary	Heat 1
12,58		-2,2	Carwyn	Milburn	Ynys Môn	2009	Åland	6 Preliminary	Heat 1
12,61		-3,1	Wayne	Crowie	St. Helena	2001	Isle of Man	6 Preliminary	Heat 1
12,63		-2,4	Andrew	Preacher	Shetland Islands	1991	Åland	5 Preliminary	Heat 4
12,64		-1,0	Craig	Goodick	Prince Edward Island	1991	Åland	5 Preliminary	Heat 3
12,76		1,6	Jordan	Cumbo	Gibraltar	1997	Jersey	5 Preliminary	Heat 2
12,78			w Amon	Bennett	St. Helena	2003	Guernsey	7 Preliminary	Heat 3
12,6	m	w	Roger	Larsson	Gotland	1985	Isle Of Man	2 Final	
12,91		0,8	Nikolaos	Koliadis	Rhodes	2011	Isle of Wight	7 Preliminary	Heat 3
12,7	m	w	Göran	Jansson	Åland	1985	Isle Of Man	4 Final	
12,7	m	w	Colin	Plato	St. Helena	1985	Isle Of Man	3 Final	
12,7	m	w	A	Lund	Hitra	1987	Guernsey	6 Semi Final	Heat 1
13,11		-3,3	Derek	Macintosh	Western Isles	2005	Shetland Islands	7 Preliminary	Heat 2
12,9	m	w	Andrew	Nicolson	Shetland Islands	1985	Isle Of Man	5 Final	
13,0	m	w	John	Scott	Orkney	1985	Isle Of Man	6 Final	
13,0	m	w	Chris	Davidson	Isle of Wight	1987	Guernsey	7 Semi Final	Heat 1
14,0	m	w	Jarle Martin	Jektvic	Hitra	1985	Isle Of Man	8 Final	

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21,05		0,8	Harold	Houston	Bermuda	2013	Bermuda	1 Final	
21,24		1,1	Tyrell	Cuffy	Cayman Islands	2015	Jersey	1 Final	
21,31		-1,8	Mattias	Sunneborn	Gotland	1999	Gotland	1 Final	
21,55		-1,8	Ilias	Kelis	Rhodes	1999	Gotland	2 Final	
21,55		-2,5	Jamal	Walton	Cayman Islands	2017	Gotland	1 Final	
21,57		0,4	Robert	Ibeh	Cayman Islands	2009	Åland	1 Semi Final	Heat 1
21,60		0,3	Mats	Boman	Åland	2011	Isle of Wight	1 Final	Heat
21,65		1,1	Joshua	Allaway	Guernsey	2015	Jersey	2 Final	
21,65		2,6	w Jeneko	Lottimore Place	Bermuda	2009	Åland	2 Final	
21,78		-1,8	Roger	Smith	Cayman Islands	1999	Gotland	3 Final	
21,88		0,4	Jeneko	Lottimore Place	Bermuda	2009	Åland	2 Semi Final	Heat 1
21,91		1,4	David	Hamil	Cayman Islands	2001	Isle of Man	1 Final	
21,92		0,3	Jaryd	Robinson	Isle of Wight	2011	Isle of Wight	3 Final	Heat
21,95		0,4	Thomas	Riley	Isle of Man	2009	Åland	3 Semi Final	Heat 1
22,02		-2,5	Tyler	Johnson	Jersey	2017	Gotland	2 Final	
22,04		0,8	Glenn	Etherington	Guernsey	2013	Bermuda	2 Final	
22,04		0,8	Troy	Long	Cayman Islands	2013	Bermuda	3 Final	
22,06		0,2	Joseph	Suberan	Cayman Islands	2009	Åland	2 Semi Final	Heat 2
22,11		-1,8	Chris	Stobart	Isle of Man	1999	Gotland	4 Final	
22,22		-2,5	Jerai	Torres	Gibraltar	2017	Gotland	3 Final	
22,23		0,2	Samuel	Ratcliffe	Isle of Wight	2009	Åland	3 Semi Final	Heat 2
22,25		1,8	Xavier	James	Bermuda	2007	Rhodes	3 Final	
22,29		1,0	Douglas	Thom	Orkney	1997	Jersey	1 Final	
22,34			w Ryan	de Haaff	Guernsey	2003	Guernsey	2 Final	
22,37		1,1	Karim	Murray	Cayman Islands	2015	Jersey	3 Final	
22,44		-1,8	Nikolas	Mparianos	Rhodes	1999	Gotland	5 Final	
22,47		-7,3	Jessy	Franco	Gibraltar	2019	Gibraltar	1 Final	
22,48			w Maxwell	Hyman	Cayman Islands	2007	Rhodes	2 Semi Final	Heat 1
22,49			w Alistair	Audsley	Isle of Man	1995	Gibraltar	1 Final	
22,50		0,3	Sam	Dawkins	Jersey	2011	Isle of Wight	5 Final	Heat
22,52		-1,9	Carlos	Morgan	Cayman Islands	2005	Shetland Islands	1 Preliminary	Heat 4
22,53		2,1	w Matt	Turner	Jersey	2001	Isle of Man	3 Semi Final	Heat 1
22,56		0,5	Kieran	Palmer	Jersey	2001	Isle of Man	3 Semi Final	Heat 2
22,57		0,5	Ryan	de Haaff	Guernsey	2001	Isle of Man	4 Semi Final	Heat 2
22,59		2,3	w Nathan	Stevens	Guernsey	2009	Åland	2 Preliminary	Heat 3
22,59		-1,0	Magnus	Hemström	Gotland	1993	Isle of Wight	1 Final	
22,60		-2,2	Gordon	Crowe	Isle of Man	1991	Åland	2 Final	
22,62		-2,9	Carl	Morgan	Cayman Islands	2005	Shetland Islands	2 Final	
22,63		-0,1	Nathan	Stevens	Guernsey	2007	Rhodes	2 Preliminary	Heat 3
22,64		1,4	Simon	Jansson	Åland	2015	Jersey	2 Preliminary	Heat 1
22,64		-1,1	Jonathan	Malmberg	Åland	2011	Isle of Wight	3 Preliminary	Heat 2
22,64		-2,9	Daryl	Vassallo	Gibraltar	2005	Shetland Islands	3 Final	
22,4	m	w	Rob	Currie	Jersey	1987	Guernsey	2 Final	
22,65		1,4	Matt	Turner	Jersey	2001	Isle of Man	5 Final	

22,66		-5,3	Joe	Chadwick	Guernsey	2019	Gibraltar	2 Semi Final	Heat 1
22,67		0,2	Ben	Brand	Isle of Man	2009	Åland	4 Semi Final	Heat 2
22,73		0,3	Robert	Stenhouse	Jersey	2011	Isle of Wight	6 Final	Heat
22,73		-1,4	Maxwell	Hyman	Cayman Islands	2007	Rhodes	3 Preliminary	Heat 2
22,74		1,4	Kieran	Palmer	Orkney	2001	Isle of Man	6 Final	
22,5	m		w Christian	Spencer	Jersey	1987	Guernsey	3 Final	
22,76		0,1	Haydn	Thomason	Shetland Islands	2013	Bermuda	4 Preliminary	Heat 2
22,79		2,1	w Johann	Venter	Isle of Wight	2001	Isle of Man	4 Semi Final	Heat 1
22,79		-0,3	Will	Latta	Isle of Man	2007	Rhodes	2 Preliminary	Heat 1
22,82			w William	Perchard	Jersey	2007	Rhodes	4 Semi Final	Heat 1
22,84		-5,1	Emil	Thölix	Åland	2019	Gibraltar	3 Semi Final	Heat 2
22,6	m		w Niklas	Hellgren	Gotland	1987	Guernsey	4 Final	
22,86		-0,5	w Jermaine	Seymour	Cayman Islands	2003	Guernsey	2 Preliminary	Heat 1
22,87		2,1	w Glenn	Lindqvist	Åland	2001	Isle of Man	5 Semi Final	Heat 1
22,87		-2,5	Daniel	Örevik	Gotland	2017	Gotland	5 Final	
22,88		-2,9	Robert	Titterington	Guernsey	2005	Shetland Islands	5 Final	
22,88		-5,3	Jack	Lemaire	Isle of Man	2019	Gibraltar	4 Semi Final	Heat 1
22,89		-5,1	Zachary	Price	Ynys Môn	2019	Gibraltar	4 Semi Final	Heat 2
22,89		1,0	Scott	Roberts	Jersey	1993	Isle of Wight	2 Preliminary	Heat 1
22,89		1,0	Gethin	Thomas	Ynys Môn	1997	Jersey	2 Final	
22,90		-0,1	Ioan	Hughes	Ynys Môn	1999	Gotland	2 Preliminary	Heat 1
22,93		0,9	Drewie	Clark	Shetland Islands	1999	Gotland	1 Preliminary	Heat 4
22,93			w Margus	Jurkatam	Saaremaa	1995	Gibraltar	2 Final	
22,93		-2,8	Gabriel	Vikic	Gotland	2017	Gotland	2 Preliminary	Heat 2
22,7	m		w Sean	Duquemin	Guernsey	1987	Guernsey	5 Final	
22,96		-0,1	Donald	Macleod	Western Isles	2007	Rhodes	3 Preliminary	Heat 3
22,96		1,0	Lee	Ward	Jersey	1997	Jersey	3 Final	
22,97		-2,2	Andrew	Taylor	Jersey	1991	Åland	3 Final	
22,98		2,1	w Andrew	French	Isle of Wight	2001	Isle of Man	6 Semi Final	Heat 1
22,98		-4,2	Brandon	Atchison	Isle of Man	2017	Gotland	3 Preliminary	Heat 3
23,00		1,1	Gordon	Mowat	Orkney	2015	Jersey	5 Final	
23,00		1,6	Daniel	Tucker	Bermuda	2007	Rhodes	2 Preliminary	Heat 4
23,01			w Alan	Harrison	Jersey	1995	Gibraltar	2 Semi Final	Heat 2
23,01			w Nicholas	Peralta	Cayman Islands	2003	Guernsey	2 Preliminary	Heat 4
23,04		-5,1	Lucas	Rive	Guernsey	2019	Gibraltar	5 Semi Final	Heat 2
23,04		-5,1	Tórir	Mortensen	Faroe Islands	2019	Gibraltar	5 Semi Final	Heat 2
23,04		-2,8	Joshua Daniel	Billington	Ynys Môn	2017	Gotland	3 Preliminary	Heat 2
23,05		-2,9	Victor	Jansson	Åland	2017	Gotland	2 Preliminary	Heat 1
23,06		-1,4	Mihalis	Markopoulos	Rhodes	2007	Rhodes	4 Preliminary	Heat 2
23,06		-2,3	Jörgen	Skarphage	Gotland	1991	Åland	1 Preliminary	Heat 1
23,06		-0,3	Stuart	Blackler	Isle of Wight	2007	Rhodes	3 Preliminary	Heat 1
23,08		-0,1	William	Perchard	Jersey	2007	Rhodes	4 Preliminary	Heat 3
23,09		1,0	Gareth	Ellis	Ynys Môn	1997	Jersey	4 Final	
23,12		0,5	Heini	Hátún	Faroe Islands	2001	Isle of Man	5 Semi Final	Heat 2
23,13		1,0	Christian	Ackrén	Åland	1997	Jersey	5 Final	
22,9	m		w Michael	Bedwell	St. Helena	1987	Guernsey	4 Semi Final	Heat 2
23,16		0,8	Michael	Blond	Ynys Môn	2013	Bermuda	8 Final	
23,16		1,6	Stephen	Prosser	Jersey	2007	Rhodes	3 Preliminary	Heat 4
23,18		0,5	Petter	Hemph	Gotland	2001	Isle of Man	6 Semi Final	Heat 2
23,20		0,6	Matthew	Bailey	Guernsey	1999	Gotland	2 Preliminary	Heat 2
23,21			w Neil	Duncan	Shetland Islands	1995	Gibraltar	3 Semi Final	Heat 1
23,0	m	0,6	Mark	Haskins	Guernsey	1989	Faroe Islands	2 Final	
23,0	m	0,6	Alistair	Audsley	Isle of Man	1989	Faroe Islands	3 Final	
23,27		1,4	Alexander	Burgess	Ynys Môn	2015	Jersey	4 Preliminary	Heat 1
23,29		2,5	w Ben	Silva	Jersey	2009	Åland	3 Preliminary	Heat 1
23,29		-0,4	Magnus	Blair	Orkney	2013	Bermuda	4 Preliminary	Heat 1
23,29		-0,1	Carwyn	Owen	Ynys Môn	2007	Rhodes	5 Preliminary	Heat 3
23,30		-2,3	Richard	Hulme	Isle of Man	1991	Åland	3 Preliminary	Heat 1
23,32		1,1	Carwyn	Lloyd Owen	Ynys Môn	2009	Åland	3 Preliminary	Heat 4
23,33		1,6	James	Flett	Orkney	2009	Åland	3 Preliminary	Heat 5
23,34		-5,3	Eric	Sjölund	Åland	2019	Gibraltar	6 Semi Final	Heat 1
23,36		1,4	Gareth	Robertson	Shetland Islands	2009	Åland	3 Preliminary	Heat 2
23,36			w Andrée	Eriksson	Åland	2003	Guernsey	4 Semi Final	Heat 2
23,38		-4,1	Marcus	Clague	Isle of Man	2017	Gotland	6 Semi Final	Heat 2
23,38		-2,2	Rob	Currie	Jersey	1991	Åland	5 Final	
23,40		1,6	Nigel	Thomson	Orkney	2007	Rhodes	4 Preliminary	Heat 4
23,40		-0,3	Neil	Gray	Orkney	2007	Rhodes	4 Preliminary	Heat 1
23,43		-2,6	Neeme	Truumees	Saaremaa	1991	Åland	2 Semi Final	Heat 1

23,2	m		w	Martin	Bullock	Isle of Man	1987	Guernsey	6 Final	
23,2	m		w	Martin	Bullock	Isle of Man	1987	Guernsey	3 Semi Final	Heat 1
23,45		-1,3		Raido	Raamat	Saaremaa	1991	Åland	5 Semi Final	Heat 2
23,46			w	Harry	Burns	Guernsey	2017	Gotland	5 Semi Final	Heat 1
23,46		-1,3		Michael	Taubman	Isle of Man	2015	Jersey	4 Semi Final	Heat 1
23,48		2,3	w	Lee	Williamson	Shetland Islands	2009	Åland	3 Preliminary	Heat 3
23,49		-0,1		Ben	Allen	Guernsey	1999	Gotland	3 Preliminary	Heat 1
23,50		-3,2		Harry	Burns	Guernsey	2017	Gotland	3 Preliminary	Heat 4
23,51		-0,3		Martin	Andersson	Åland	2007	Rhodes	5 Preliminary	Heat 1
23,52		-2,2		Jakob	Larsen	Greenland	2005	Shetland Islands	3 Preliminary	Heat 1
23,54		-1,9		Peter	Irving	Jersey	2005	Shetland Islands	2 Preliminary	Heat 2
23,55		0,3		Glenn	Lindqvist	Åland	1993	Isle of Wight	2 Preliminary	Heat 4
23,56		-1,3		Ruairidh	MacKenzie	Shetland Islands	2005	Shetland Islands	3 Preliminary	Heat 3
23,57		-5,3		Luke	Margham	Isle of Wight	2019	Gibraltar	7 Semi Final	Heat 1
23,58		-1,3		Andrew	French	Isle of Wight	1999	Gotland	4 Preliminary	Heat 5
23,60		-0,1		Georgios	Farmakidis	Rhodes	2007	Rhodes	6 Preliminary	Heat 3
23,61		-0,6		Martin	Leyland	Shetland Islands	1999	Gotland	2 Preliminary	Heat 3
23,63			w	Scot	Jamieson	Shetland Islands	1995	Gibraltar	3 Preliminary	Heat 3
23,64		0,2		James	Sermon	Guernsey	2015	Jersey	5 Preliminary	Heat 2
23,65		-3,2		Keiran	Fraser	Shetland Islands	2017	Gotland	4 Preliminary	Heat 4
23,66		-1,3		Nicholas	Vasquez	Gibraltar	1999	Gotland	6 Preliminary	Heat 5
23,68		0,8		Alasdair	Summers	Western Isles	2011	Isle of Wight	5 Semi Final	Heat 1
23,69			w	Erik	Talu	Saaremaa	1995	Gibraltar	3 Preliminary	Heat 1
23,69		1,4		Joel	Padi	Isle of Man	2015	Jersey	5 Preliminary	Heat 1
23,70		1,0		Nolan	Romero	Gibraltar	1993	Isle of Wight	4 Preliminary	Heat 1
23,70		-2,3		Debes H.	Christiansen	Faroe Islands	1991	Åland	4 Preliminary	Heat 1
23,71		-5,1		Scott	Maciver	Western Isles	2019	Gibraltar	8 Semi Final	Heat 2
23,72		1,4		Konstantinos	Kourounis	Rhodes	2009	Åland	4 Preliminary	Heat 2
23,73		2,7	w	Nick	Grocock	Isle of Wight	1993	Isle of Wight	3 Preliminary	Heat 2
23,73		0,3		Carsten	Sørensen	Greenland	1993	Isle of Wight	3 Preliminary	Heat 4
23,74			w	John	Williams	Ynys Môn	1995	Gibraltar	4 Semi Final	Heat 1
23,5	m		w	John	Allen	Guernsey	1987	Guernsey	3 Preliminary	Heat 1
23,5	m	0,6		Petri	Öhman	Åland	1989	Faroe Islands	5 Final	
23,5	m	0,6		Jörgen	Skarphagen	Gotland	1989	Faroe Islands	4 Final	
23,5	m		w	Jorgen	Haltland	Hitra	1987	Guernsey	5 Semi Final	Heat 2
23,76		1,1		Jacques	Ogier	Guernsey	2009	Åland	4 Preliminary	Heat 4
23,76		0,6		Lee	Calderon	Gibraltar	1999	Gotland	4 Preliminary	Heat 2
23,79		-2,8		Jonathan	Le Grange	Jersey	2017	Gotland	4 Preliminary	Heat 2
23,80		3,0	w	Jonathan	Squirrell	Isle of Wight	1993	Isle of Wight	3 Preliminary	Heat 3
23,80		-0,4		Aled	Thomas	Ynys Môn	2013	Bermuda	5 Preliminary	Heat 1
23,83		1,6		Victor	Truyol Alles	Menorca	2007	Rhodes	5 Preliminary	Heat 4
23,6	m		w	David	Teece	Isle of Man	1985	Isle Of Man	1 Final	
23,85		-2,6		Nick	Grocock	Isle of Wight	1991	Åland	4 Semi Final	Heat 1
23,87		1,6		Lee	Williamson	Shetland Islands	2007	Rhodes	6 Preliminary	Heat 4
23,88		2,7	w	Jógvan	Glerfoss	Faroe Islands	1993	Isle of Wight	4 Preliminary	Heat 2
23,90		0,9		Ian	Rock	Isle of Wight	1999	Gotland	2 Preliminary	Heat 4
23,91		-1,1		Joe	Nicolson	Shetland Islands	1997	Jersey	2 Preliminary	Heat 2
23,92		-1,9		Jonathon	Lavers	Gibraltar	2005	Shetland Islands	4 Preliminary	Heat 2
23,93		-0,4		Alexander	Clemes	Åland	2013	Bermuda	6 Preliminary	Heat 1
23,7	m		w	Michael	Burns	Shetland Islands	1987	Guernsey	5 Semi Final	Heat 1
23,95		-3,8		Viktor	Löfroth	Åland	1997	Jersey	4 Semi Final	Heat 1
24,00		-1,3		Jógvan	Glerfoss	Faroe Islands	1991	Åland	6 Semi Final	Heat 2
24,00		-0,1		Nicolaus	Daun	Gotland	1999	Gotland	4 Preliminary	Heat 1
24,01		0,3		Jaret	Simmons	Bermuda	2013	Bermuda	3 Preliminary	Heat 3
24,01		1,0		Simon	Black	Jersey	1997	Jersey	6 Final	
24,02		-1,9		Barry John	Edwards	Ynys Môn	2005	Shetland Islands	3 Preliminary	Heat 4
23,8	m		w	Karl	Robertson	Shetland Islands	2001	Isle of Man	5 Preliminary	Heat 2
23,8	m		w	Tomas	Karlsson	Åland	2001	Isle of Man	4 Preliminary	Heat 2
23,8	m		w	Patrik	Lehtonen	Åland	1987	Guernsey	5 Preliminary	Heat 1
23,8	m		w	Angelo	Patti	Ynys Môn	2001	Isle of Man	4 Preliminary	Heat 4
24,05		-0,1		Tomas	Karlsson	Åland	1999	Gotland	5 Preliminary	Heat 1
24,09		1,0		Sean	Duquemin	Guernsey	1993	Isle of Wight	5 Preliminary	Heat 1
24,10		1,6		Liam	Byrne	Gibraltar	2007	Rhodes	7 Preliminary	Heat 4
24,14		-2,4		Tom	McCormack	Isle of Wight	1991	Åland	4 Preliminary	Heat 2
23,9	m	0,6		C	Hand	Gibraltar	1989	Faroe Islands	6 Final	
24,18		0,3		Andrew	Horne	Western Isles	2015	Jersey	4 Preliminary	Heat 3
24,20		1,0		Grant	Cumming	Orkney	1993	Isle of Wight	6 Preliminary	Heat 1
24,20		0,1		Ben	Silva	Jersey	2013	Bermuda	5 Preliminary	Heat 2

24,23	-1,4		Graham	Filer	Isle of Wight	2007	Rhodes	5 Preliminary	Heat 2
24,24	2,3	w	Mohammed	Ahammed	Gibraltar	2009	Åland	5 Preliminary	Heat 3
24,0	m	w	Gareth	Thomson	Orkney	2001	Isle of Man	6 Preliminary	Heat 2
24,0	m	w	Gary M	Hunter	Isle of Man	2001	Isle of Man	5 Preliminary	Heat 4
24,0	m	w	Sean	McGrady	Isle of Wight	1987	Guernsey	6 Semi Final	Heat 1
24,25		w	Tim	Sebire	Guernsey	1995	Gibraltar	6 Semi Final	Heat 1
24,25	-5,3		Bobby	Laurenson	Shetland Islands	2019	Gibraltar	8 Semi Final	Heat 1
24,26	-2,5		Martin	Henry	St. Helena	1997	Jersey	4 Preliminary	Heat 1
24,27	-0,5	w	Andrew	Owen	Ynys Môn	2003	Guernsey	4 Preliminary	Heat 1
24,31	-2,9		Calum	Fraser	Western Isles	2017	Gotland	4 Preliminary	Heat 1
24,32	-2,5		Steve	Burt	Guernsey	1997	Jersey	5 Preliminary	Heat 1
24,33	1,4		Morgan	Unogardt	Gotland	2009	Åland	5 Preliminary	Heat 2
24,33	-3,6		Andreas	Bjarnastein Antof	Faroe Islands	2019	Gibraltar	6 Preliminary	Heat 2
24,34	0,9		Alar	Kalamees	Saaremaa	1999	Gotland	3 Preliminary	Heat 4
24,1	m	w	Ivan	Taylor	Orkney	1987	Guernsey	4 Preliminary	Heat 3
24,35	0,3		Neil	Duncan	Shetland Islands	1993	Isle of Wight	5 Preliminary	Heat 4
24,38	-0,8		Thomas	Newton	Orkney	2011	Isle of Wight	5 Preliminary	Heat 3
24,40		w	Andrew	Ball	Isle of Wight	2003	Guernsey	4 Preliminary	Heat 2
24,42	-1,1		Pat	Sattaphol	Western Isles	2011	Isle of Wight	6 Preliminary	Heat 2
24,2	m	w	Robin	Richardson	Isle of Wight	1989	Faroe Islands	4 Preliminary	Heat 2
24,46	-1,1		Indrek	Tustit	Saaremaa	1997	Jersey	5 Preliminary	Heat 2
24,46	-4,8		Max	Henley	Isle of Wight	2019	Gibraltar	7 Preliminary	Heat 3
24,47	3,0	w	Paul	Ellis	Ynys Môn	1993	Isle of Wight	5 Preliminary	Heat 3
24,48	0,3		Sean	Penalver	Gibraltar	2015	Jersey	5 Preliminary	Heat 3
24,50	-3,6		Cai	Jones	Ynys Môn	2019	Gibraltar	7 Preliminary	Heat 2
24,51	-1,9		Jonathan	Murray	Western Isles	2005	Shetland Islands	4 Preliminary	Heat 4
24,56	-2,3		Erik	Engblom	Åland	1991	Åland	5 Preliminary	Heat 1
24,56	-2,8		Balfour Steven	Hay	Orkney	2017	Gotland	5 Preliminary	Heat 2
24,63	-0,5	w	Christopher	Wall	Gibraltar	2003	Guernsey	5 Preliminary	Heat 1
24,66	-3,6		Noel	Montelin	Gotland	2019	Gibraltar	6 Preliminary	Heat 1
24,72	-2,9		Sean	Collado	Gibraltar	2017	Gotland	5 Preliminary	Heat 1
24,73	2,5	w	Pattanawit	Sattaphol	Western Isles	2009	Åland	5 Preliminary	Heat 1
24,75	-3,6		Aiden	Yon-Stevens	St. Helena	2019	Gibraltar	7 Preliminary	Heat 1
24,78	-0,3		Julian	Franco	Gibraltar	2007	Rhodes	6 Preliminary	Heat 1
24,78		w	Matthew	McClelland	Isle of Wight	1995	Gibraltar	5 Preliminary	Heat 2
24,87	1,4		Paul	Morrison	Western Isles	2015	Jersey	6 Preliminary	Heat 1
24,92		w	Peter	Morrison	Orkney	1995	Gibraltar	6 Preliminary	Heat 1
24,95	-0,6		Troy	Bennett	St. Helena	1999	Gotland	5 Preliminary	Heat 3
24,96	-1,2		Christopher	Wall	Gibraltar	1997	Jersey	4 Preliminary	Heat 4
24,8	m	w	Colin	Plato	St. Helena	1987	Guernsey	4 Preliminary	Heat 4
24,8	m	w	Joe	Celecoa	Gibraltar	1987	Guernsey	5 Preliminary	Heat 4
25,06	2,7	w	Chris	Cotterill	Orkney	1993	Isle of Wight	6 Preliminary	Heat 2
24,9	m	w	Tórhallur	Jakobsen	Faroe Islands	1987	Guernsey	5 Preliminary	Heat 3
24,9	m	w	John	Scott	Orkney	1985	Isle Of Man	2 Final	
25,22	-1,4		Carwyn	Milburn	Ynys Môn	2007	Rhodes	6 Preliminary	Heat 2
25,24	-1,9		Matthew	Benjamin	St. Helena	2005	Shetland Islands	5 Preliminary	Heat 4
25,0	m	w	Göran	Jansson	Åland	1985	Isle Of Man	3 Final	
25,1	m	w	Torkil	Nielsen	Faroe Islands	1989	Faroe Islands	6 Preliminary	Heat 2
25,1	m	w	Stule	Lund	Hitra	1987	Guernsey	3 Preliminary	Heat 2
25,38	0,9		James	Scott	Orkney	1999	Gotland	4 Preliminary	Heat 4
25,2	m	w	Patrik	Jacobsen	Faroe Islands	1987	Guernsey	6 Preliminary	Heat 1
25,54	2,3	w	Jaime	Torres	Menorca	2009	Åland	6 Preliminary	Heat 3
25,3	m	w	Chris	McGrady	Isle of Wight	1985	Isle Of Man	4 Final	
25,56	0,2		Matthew	Jarvis	Ynys Môn	2015	Jersey	6 Preliminary	Heat 2
25,61	1,6		Alejandro	Sanchez	Menorca	2009	Åland	4 Preliminary	Heat 5
25,4	m	w	Andrew	Nicolson	Shetland Islands	1985	Isle Of Man	5 Final	
25,72	-1,1		Julian	Duncan	St. Helena	1997	Jersey	4 Preliminary	Heat 3
25,5	m	w	Steve	Hogley	Orkney	1987	Guernsey	4 Preliminary	Heat 2
25,5	m	w	Roger	Larsson	Gotland	1985	Isle Of Man	6 Final	
25,79	1,1		Andrew	Jubb	Western Isles	2009	Åland	5 Preliminary	Heat 4
25,6	m		Micael	Sandberg	Åland	1989	Faroe Islands	5 Preliminary	Heat 1
25,89		w	Graeme	Neal	Alderney	2003	Guernsey	5 Preliminary	Heat 4
26,09	-1,3		Graeme	Neal	Alderney	2005	Shetland Islands	5 Preliminary	Heat 3
26,14	0,3		David	Miller	Orkney	2013	Bermuda	4 Preliminary	Heat 3
26,22	-2,4		Peter	Stemp	Shetland Islands	1991	Åland	5 Preliminary	Heat 2
26,78	1,6		Panayiotis	Kourmadias	Rhodes	2009	Åland	5 Preliminary	Heat 5
26,95		w	Amon	Bennett	St. Helena	2003	Guernsey	5 Preliminary	Heat 2
29,3	m	w	Jarle	Martin Jektvic	Hitra	1985	Isle Of Man	8 Final	

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46,33		Jamal	Walton	Cayman Islands	2017	Gotland	1 Final	
46,70		Dale	Garland	Guernsey	2007	Rhodes	1 Final	
46,71		Tom	Druce	Guernsey	2011	Isle of Wight	1 Final	
48,03		Cameron	Chalmers	Guernsey	2015	Jersey	1 Final	
48,09		Mattias	Sunneborn	Gotland	2007	Rhodes	2 Final	
48,34		Jessy	Franco	Gibraltar	2019	Gibraltar	1 Final	
48,37		Donald	Macleod	Western Isles	2009	Åland	1 Semi Final	Heat 1
48,42		Sam	Dawkins	Jersey	2017	Gotland	2 Final	
48,42		Ilias	Kelis	Rhodes	1999	Gotland	1 Final	
48,45		Keiron	Murray	Isle of Man	2001	Isle of Man	1 Final	
48,48		Joe	Reid	Isle of Man	2013	Bermuda	1 Final	
48,73		Daryl	Vassallo	Gibraltar	2005	Shetland Islands	1 Final	
48,74		Indrek	Tustit	Saaremaa	2003	Guernsey	2 Final	
48,87		Jonathon	Lavers	Gibraltar	2007	Rhodes	4 Final	
48,93		Mihalis	Markopoulos	Rhodes	2001	Isle of Man	3 Final	
48,93		Neil	Gray	Orkney	2005	Shetland Islands	2 Final	
49,04		Seumas	Mackay	Shetland Islands	2019	Gibraltar	1 Preliminary	Heat 2
49,04		Sherlock	Brooks	Cayman Islands	2019	Gibraltar	1 Preliminary	Heat 2
49,20		Junior	Hines	Cayman Islands	2011	Isle of Wight	2 Final	
49,21		Robert	Stenhouse	Jersey	2013	Bermuda	3 Final	
49,30		David	Hamil	Cayman Islands	2007	Rhodes	5 Final	
49,33		Stuart	Tolcher	Guernsey	1999	Gotland	2 Final	
49,37		Alan	Harrison	Jersey	1995	Gibraltar	1 Final	
49,38		Peter	Irving	Jersey	2011	Isle of Wight	4 Final	
49,51		Gethin	Thomas	Ynys Môn	1999	Gotland	3 Final	
49,54		Nikolas	Mparianos	Rhodes	1999	Gotland	3 Semi Final	Heat 1
49,3	m	Chris	Choleaton	Isle of Wight	1989	Faroe Islands	1 Final	
49,66		Jerai	Torres	Gibraltar	2017	Gotland	2 Semi Final	Heat 2
49,66		Paul	Bergquist	Isle of Man	1995	Gibraltar	2 Final	
49,68		Steven	Carter	Isle of Wight	2011	Isle of Wight	3 Semi Final	Heat 2
49,76		Lee	Ward	Jersey	1993	Isle of Wight	2 Final	
49,88		Charles	Livingston	Jersey	2019	Gibraltar	3 Preliminary	Heat 2
49,92		Hywel	Robinson	Guernsey	2013	Bermuda	4 Final	
49,97		Ben	Brand	Isle of Man	2009	Åland	2 Semi Final	Heat 1
49,98		Patrik	Stenström	Gotland	1993	Isle of Wight	3 Final	
50,02		Christopher	Mcnaught	Ynys Môn	2013	Bermuda	1 Preliminary	Heat 2
50,07		Paul	Bergqvist	Isle of Man	1999	Gotland	5 Final	
50,08		Joakim	Dau	Gotland	2001	Isle of Man	4 Final	
50,14		Haydn	Thomason	Shetland Islands	2013	Bermuda	3 Preliminary	Heat 1
50,20		Nathan	Stevens	Guernsey	2003	Guernsey	3 Final	
50,20		Gary M	Hunter	Isle of Man	1997	Jersey	1 Preliminary	Heat 1
50,28		Heini	Hátún	Faroe Islands	2001	Isle of Man	5 Final	
50,29		Kieran	Palmer	Jersey	2001	Isle of Man	1 Preliminary	Heat 1
50,34		Peter	Curtis	Guernsey	2019	Gibraltar	2 Preliminary	Heat 1
50,38		Machel	Charles	Bermuda	2007	Rhodes	4 Preliminary	Heat 1
50,42		Karim	Murray	Cayman Islands	2019	Gibraltar	5 Final	
50,45		Dominic	Carroll	Gibraltar	2009	Åland	3 Semi Final	Heat 1
50,46		Jeavhon	Jackson	Cayman Islands	2017	Gotland	3 Semi Final	Heat 2
50,50		Teddy	Gordon-Le Clerk	Guernsey	2017	Gotland	4 Semi Final	Heat 2
50,53		David	Anderson	Isle of Man	1991	Åland	2 Final	
50,56		Darico	Clarke	Bermuda	2013	Bermuda	3 Preliminary	Heat 3
50,58		Sam	Wallbridge	Guernsey	2013	Bermuda	4 Preliminary	Heat 1
50,59		Andy	Conoops	Jersey	1991	Åland	3 Final	
50,71		Niklas	Hellgren	Gotland	1993	Isle of Wight	4 Final	
50,72		Peter	Richardson	Isle of Man	2007	Rhodes	8 Final	
50,74		James	Flett	Orkney	2015	Jersey	5 Final	
50,74		Gabriel	Vikic	Gotland	2017	Gotland	2 Preliminary	Heat 1
50,75		Jonathan	Malmberg	Åland	2011	Isle of Wight	2 Preliminary	Heat 3
50,75		Bobby	Laurenson	Shetland Islands	2019	Gibraltar	3 Preliminary	Heat 3
50,86		Luke	Margham	Isle of Wight	2019	Gibraltar	4 Preliminary	Heat 3
50,90		Gareth	Ellis	Ynys Môn	1995	Gibraltar	4 Final	
50,96		Douglas	Thom	Orkney	1999	Gotland	5 Semi Final	Heat 1
51,05		Andrew	French	Isle of Wight	2001	Isle of Man	4 Semi Final	Heat 2
51,13		Rhys	Owen	Isle of Man	2019	Gibraltar	4 Preliminary	Heat 2
51,17		Ryan	Tanswell	Isle of Wight	2011	Isle of Wight	3 Preliminary	Heat 3
51,20		Joshua	Duke	Guernsey	2019	Gibraltar	5 Preliminary	Heat 3

51,24		Guto	Tegid	Ynys Môn	2019	Gibraltar	6 Preliminary	Heat 3
51,24		Jonathan	Squirrell	Isle of Wight	1997	Jersey	2 Preliminary	Heat 1
51,26		Eben	Marsh	Guernsey	2011	Isle of Wight	5 Semi Final	Heat 1
51,29		Rúni	Seloy	Faroe Islands	2013	Bermuda	2 Preliminary	Heat 2
51,30		Elroy	Allen	Cayman Islands	1999	Gotland	6 Semi Final	Heat 1
51,36		Dave	Bliss	Gibraltar	1995	Gibraltar	5 Final	
51,54		Keiran	Fraser	Shetland Islands	2017	Gotland	2 Preliminary	Heat 4
51,59		Lee	Taylor	Gibraltar	2003	Guernsey	3 Semi Final	Heat 1
51,63		Lee	Calderon	Gibraltar	2001	Isle of Man	3 Preliminary	Heat 2
51,66		Jordan	Lisle	Jersey	2003	Guernsey	4 Semi Final	Heat 2
51,67		Tahj	Lewis	Cayman Islands	2013	Bermuda	4 Preliminary	Heat 3
51,82		Nigel	Thomson	Orkney	1999	Gotland	6 Semi Final	Heat 2
51,93		Paul	Ignacio	Gibraltar	1991	Åland	2 Preliminary	Heat 1
51,94		Lucas	Mattsson	Åland	2015	Jersey	6 Final	
51,97		Johann	Venter	Isle of Wight	2001	Isle of Man	3 Preliminary	Heat 3
52,02		Rauno	Liitmäe	Saaremaa	2017	Gotland	3 Preliminary	Heat 4
52,16		Karl	Baldachino	Gibraltar	2015	Jersey	3 Preliminary	Heat 2
52,19		Kyree	Govia	Bermuda	2013	Bermuda	3 Preliminary	Heat 2
52,20		Nick	Grocock	Isle of Wight	1993	Isle of Wight	7 Final	
52,21		Aiden	Yon-Stevens	St. Helena	2019	Gibraltar	4 Preliminary	Heat 1
52,23		Jógvan	Glerfoss	Faroe Islands	1991	Åland	3 Preliminary	Heat 1
52,23		Joe	Nicolson	Shetland Islands	1997	Jersey	3 Preliminary	Heat 1
52,24		Jermaine	Seymour	Cayman Islands	2003	Guernsey	3 Preliminary	Heat 4
52,36		Magnus	Blair	Orkney	2013	Bermuda	5 Preliminary	Heat 1
52,39		Alan	Williamson	Shetland Islands	2011	Isle of Wight	4 Preliminary	Heat 3
52,43		Margus	Jurkatam	Saaremaa	1993	Isle of Wight	8 Final	
52,2	m	Nick	Marley	Guernsey	1989	Faroe Islands	5 Final	
52,2	m	Nick	Marley	Guernsey	1989	Faroe Islands	2 Preliminary	Heat 1
52,46		Tom	Manselin	Åland	2007	Rhodes	5 Preliminary	Heat 1
52,46		Andreas	Daun	Gotland	1999	Gotland	5 Preliminary	Heat 2
52,47		Duet	Berry	Cayman Islands	2003	Guernsey	3 Preliminary	Heat 2
52,3	m	Mark	Haskins	Guernsey	1989	Faroe Islands	3 Preliminary	Heat 3
52,3	m	Cary	Smith	Isle of Man	1989	Faroe Islands	3 Preliminary	Heat 1
52,55		Magni	Mouritsen	Faroe Islands	2001	Isle of Man	5 Semi Final	Heat 2
52,56		Calum	Forrest	Jersey	2009	Åland	3 Preliminary	Heat 1
52,57		Thomas	Newton	Orkney	2009	Åland	5 Semi Final	Heat 2
52,62		Jörgen	Dosthe	Gotland	1991	Åland	5 Final	
52,63		John	Scriven	Jersey	2003	Guernsey	2 Preliminary	Heat 3
52,65		Victor	Jansson	Åland	2011	Isle of Wight	5 Preliminary	Heat 2
52,77		Nolan	Romero	Gibraltar	1997	Jersey	3 Preliminary	Heat 2
52,79		David	Munro	Isle of Man	2007	Rhodes	5 Preliminary	Heat 3
52,81		Paul	Morrison	Western Isles	2015	Jersey	4 Preliminary	Heat 1
52,82		Emil	Thölix	Åland	2015	Jersey	4 Preliminary	Heat 2
52,83		Martin	Andersson	Åland	2007	Rhodes	3 Preliminary	Heat 2
52,84		Nicholas	McField	Cayman Islands	1999	Gotland	5 Preliminary	Heat 3
52,84		Cameron	Ross	Western Isles	2011	Isle of Wight	7 Preliminary	Heat 3
52,86		Benjamin	Holdsworth	Isle of Wight	2019	Gibraltar	5 Preliminary	Heat 2
52,89		Oliver	Terry	Jersey	2013	Bermuda	6 Preliminary	Heat 1
52,89		Jonathan	Spence	Orkney	2001	Isle of Man	4 Preliminary	Heat 2
52,90		Andre	Kahlström	Gotland	2007	Rhodes	4 Preliminary	Heat 2
52,91		Timothy	Morris	Isle of Wight	1995	Gibraltar	3 Preliminary	Heat 2
52,91		Aled	Thomas	Ynys Môn	2013	Bermuda	5 Preliminary	Heat 3
52,95		Daniel	Pressley	Isle of Man	2001	Isle of Man	6 Preliminary	Heat 2
53,03		Ruben Titos	de la Fuente	Menorca	2015	Jersey	5 Preliminary	Heat 1
52,8	m	Christian	Spencer	Jersey	1987	Guernsey	2 Final	
53,05		Christopher	Wall	Gibraltar	2001	Isle of Man	3 Preliminary	Heat 4
53,17		Fotios	Koumentis	Rhodes	2005	Shetland Islands	5 Preliminary	Heat 1
53,19		Stewart	Chalmers	Western Isles	2009	Åland	4 Preliminary	Heat 2
53,30		Abdullah	Ahammad	Gibraltar	2017	Gotland	3 Preliminary	Heat 2
53,33		Debes H.	Christiansen	Faroe Islands	1991	Åland	2 Preliminary	Heat 2
53,36		Andrew	Davis	Orkney	2015	Jersey	2 Preliminary	Heat 3
53,43		Sean	Cummings	Orkney	1993	Isle of Wight	4 Preliminary	Heat 2
53,43		Shon	Evans	Ynys Môn	2019	Gibraltar	5 Preliminary	Heat 1
53,2	m	Gary	Smith	Isle of Man	1989	Faroe Islands	2 B-Final	
53,2	m	Mick	Hannay	Isle of Man	1987	Guernsey	4 Final	
53,51		Sean	Collado	Gibraltar	2015	Jersey	5 Semi Final	Heat 1
53,65		William	Perchard	Jersey	2007	Rhodes	6 Preliminary	Heat 1
53,65		Glenn	Lindqvist	Åland	1991	Åland	3 Preliminary	Heat 2

53,69		Mark	Renouf	Guernsey	1991	Åland	5 Preliminary	Heat 1
53,5	m	Jan	Sjuls	Åland	1989	Faroe Islands	4 Preliminary	Heat 3
53,78		Agusti	Mercadal	Menorca	2009	Åland	5 Preliminary	Heat 2
53,79		Mark	Williams	Orkney	1995	Gibraltar	4 Preliminary	Heat 1
53,84		Barry John	Edwards	Ynys Môn	2001	Isle of Man	4 Preliminary	Heat 3
53,6	m	Martin	Bullock	Isle of Man	1985	Isle Of Man	1 Final	
53,86		Grant	Cumming	Orkney	1991	Åland	4 Preliminary	Heat 3
53,89		Ivan	Caules	Menorca	2011	Isle of Wight	6 Preliminary	Heat 1
53,90		Jóan Karl	Joensen	Faroe Islands	2007	Rhodes	7 Preliminary	Heat 1
54,04		Scott	Lawson	Shetland Islands	2009	Åland	2 Preliminary	Heat 4
54,06		Martin	Leyland	Shetland Islands	2001	Isle of Man	5 Preliminary	Heat 1
54,06		Liam	Byrne	Gibraltar	1993	Isle of Wight	5 Preliminary	Heat 1
54,16		Balfour Steven	Hay	Orkney	2017	Gotland	4 Preliminary	Heat 3
54,33		Trevor	Baronet	Shetland Islands	2005	Shetland Islands	6 Preliminary	Heat 1
54,34		Ronald	Gray	Orkney	2007	Rhodes	5 Preliminary	Heat 2
54,44		Jacob	Shatohin	Gotland	2011	Isle of Wight	8 Preliminary	Heat 3
54,51		Gian	Nacimiento	Gibraltar	2005	Shetland Islands	5 Preliminary	Heat 2
54,74		Neil	Duncan	Shetland Islands	1995	Gibraltar	4 Preliminary	Heat 3
54,80		Gordon	Linklater	Shetland Islands	1993	Isle of Wight	6 Preliminary	Heat 2
54,83		Chris	Whitlow	Isle of Man	2003	Guernsey	4 Preliminary	Heat 4
54,89		Mohammed	Ahammed	Gibraltar	2007	Rhodes	8 Preliminary	Heat 1
54,7	m	Simon	Hayter	Isle of Wight	1987	Guernsey	5 Final	
54,98		Viktor	Löfroth	Åland	1997	Jersey	4 Preliminary	Heat 2
55,02		Andrew	Moyce	St. Helena	1999	Gotland	4 Preliminary	Heat 4
54,8	m	Mike	Sanchez	Gibraltar	1987	Guernsey	6 Final	
55,06		Kevin	Wynne-Smythe	Isle of Man	1993	Isle of Wight	3 Preliminary	Heat 3
55,10		Stein	Eriksen	Hitra	1997	Jersey	5 Preliminary	Heat 3
55,10		Sean	Duquemin	Guernsey	1995	Gibraltar	5 Preliminary	Heat 1
55,40		Gavin	Marley	Guernsey	1995	Gibraltar	4 Preliminary	Heat 2
55,46		Jaime	Torres	Menorca	2009	Åland	3 Preliminary	Heat 4
55,48		Mark	Sanchez	Gibraltar	1991	Åland	5 Preliminary	Heat 3
55,51		Victor	Truyol Alles	Menorca	2007	Rhodes	7 Preliminary	Heat 2
55,62		Edwin	Lane	Ynys Môn	1999	Gotland	5 Preliminary	Heat 4
55,4	m	R	Grady	Isle of Wight	1987	Guernsey	7 Final	
55,66		Dwight	Mclean	Cayman Islands	2001	Isle of Man	6 Preliminary	Heat 1
55,6	m	Ragnar	Poulsen	Faroe Islands	1989	Faroe Islands	3 Preliminary	Heat 2
55,8	m	Johnny	Nordqvist	Åland	1989	Faroe Islands	4 Preliminary	Heat 2
55,9	m	Mikael	Mörn	Åland	1985	Isle Of Man	3 Final	
56,0	m	Ingi	Olsen	Faroe Islands	1989	Faroe Islands	4 Preliminary	Heat 1
56,27		Gethin	Owen	Ynys Môn	2017	Gotland	5 Preliminary	Heat 3
56,34		Julian	Duncan	St. Helena	1997	Jersey	4 Preliminary	Heat 1
56,40		Sean	Reilly	Ynys Môn	2015	Jersey	5 Preliminary	Heat 2
56,55		Kenneth	Simm	Shetland Islands	1999	Gotland	6 Preliminary	Heat 1
56,66		Derwyn	Roberts	Ynys Môn	1993	Isle of Wight	6 Preliminary	Heat 1
56,78		Leigh	Cresswell	Alderney	2007	Rhodes	6 Preliminary	Heat 3
56,97		David	Rowson	Guernsey	1993	Isle of Wight	5 Preliminary	Heat 3
57,00		Oren	Smith	Bermuda	2007	Rhodes	8 Preliminary	Heat 2
57,21		Odd-Bjørnar	Jobotn	Hitra	2015	Jersey	4 Preliminary	Heat 3
57,0	m	Stuart	Gray	Orkney	1985	Isle Of Man	4 Final	
57,35		Sean	Penalver	Gibraltar	2019	Gibraltar	7 Preliminary	Heat 1
57,42		Erik	Engblom	Åland	1991	Åland	6 Preliminary	Heat 3
57,3	m	Alasdair	Klyne	Isle of Wight	1989	Faroe Islands	5 Preliminary	Heat 2
58,25		Scot	Jamieson	Shetland Islands	1993	Isle of Wight	6 Preliminary	Heat 3
58,25		David	Miller	Orkney	2009	Åland	5 Preliminary	Heat 1
58,33		Lee	Williamson	Shetland Islands	2003	Guernsey	5 Preliminary	Heat 2
59,44		Kyle	Biggs	Falkland Islands	2003	Guernsey	4 Preliminary	Heat 1
61,07		Ross	Perriam	Isle of Man	1991	Åland	5 Preliminary	Heat 2
61,35		Tommy	Haugen	Hitra	2007	Rhodes	8 Preliminary	Heat 3
61,90		Andrew	Preacher	Shetland Islands	1991	Åland	6 Preliminary	Heat 1
64,3	m	Stuart	Plato	St. Helena	1985	Isle Of Man	6 Final	

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1:50,37	Mike	Guegan	Jersey	1993	Isle of Wight	1 Preliminary	Heat 1
1:51,53	Joseph	Wade	Isle of Wight	2011	Isle of Wight	1 Final	
1:52,04	Tom	Druce	Guernsey	2009	Åland	1 Final	
1:52,60	Donald	Macleod	Western Isles	2011	Isle of Wight	2 Final	
1:52,74	Joakim	Daun	Gotland	2003	Guernsey	1 Final	
1:52,95	Fabian	Franco	Gibraltar	1991	Åland	2 Final	

1:53,00		Keiron	Murray	Isle of Man	2001	Isle of Man	1 Final	
1:53,18		Seumas	Mackay	Shetland Islands	2019	Gibraltar	1 Final	
1:53,34		Chris	Quine	Isle of Man	1991	Åland	3 Final	
1:53,79		Lee	Merrien	Guernsey	2003	Guernsey	2 Final	
1:54,36		Nick	Harley	Guernsey	1991	Åland	4 Final	
1:54,51		Tahj	Lewis	Cayman Islands	2017	Gotland	2 Final	
1:54,60		Tristan	Cooper	Isle of Wight	1999	Gotland	2 Final	
1:54,60		Cameron	Payas	Gibraltar	2017	Gotland	3 Final	
1:54,69		Gianni	Epifani	Isle of Man	1991	Åland	5 Final	
1:54,73		Michael	Macmillan	Western Isles	2017	Gotland	4 Final	
1:54,84		Andre	Kahlström	Gotland	2009	Åland	3 Final	
1:54,95		Harvey	Dixon	Gibraltar	2015	Jersey	2 Final	
1:55,07		Daryl	Vassallo	Gibraltar	2003	Guernsey	3 Final	
1:55,34		Elliott	Dorey	Jersey	2011	Isle of Wight	3 Final	
1:55,59		Michael	Batiste	Guernsey	2011	Isle of Wight	4 Final	
1:55,67		John	Holmberg	Åland	1991	Åland	3 Preliminary	Heat 1
1:55,71		Michael	Smikle	Cayman Islands	2019	Gibraltar	2 Final	
1:55,71		David	Mullarkey	Isle of Man	2019	Gibraltar	2 Final	
1:55,79		Dage	Minors	Bermuda	2013	Bermuda	3 Final	
1:55,6	m	Richard	Large	Isle of Wight	1989	Faroe Islands	1 Final	
1:55,86		Alex	Rowe	Guernsey	2019	Gibraltar	4 Final	
1:55,93		Ryan	Fairclough	Isle of Man	2011	Isle of Wight	5 Final	
1:56,08		Gary	Grimshaw	Jersey	1991	Åland	4 Preliminary	Heat 1
1:56,17		Stewart	Chalmers	Western Isles	2011	Isle of Wight	6 Final	
1:56,21		Nick	Marley	Guernsey	1993	Isle of Wight	2 Final	
1:56,56		Richard	Blagg	Gibraltar	2011	Isle of Wight	3 Semi Final	Heat 1
1:56,4	m	John	Chappory	Gibraltar	1989	Faroe Islands	2 Final	
1:56,73		Liam	Byrne	Gibraltar	2001	Isle of Man	4 Final	
1:56,78		Jan	Sjuls	Åland	1993	Isle of Wight	3 Preliminary	Heat 1
1:56,80		Stefan	Oscarsson	Gotland	1995	Gibraltar	1 Final	
1:56,80		Alan	Rowe	Guernsey	1995	Gibraltar	1 Final	
1:56,91		Xavier	Torras Cubas	Menorca	2019	Gibraltar	2 Preliminary	Heat 3
1:57,01		Aaron	Turmel	Jersey	2015	Jersey	5 Final	
1:57,01		Lee	Taylor	Gibraltar	2007	Rhodes	3 Final	
1:57,15		Michael	Breed	Gibraltar	1999	Gotland	5 Final	
1:57,15		Richard	Bartram	Guernsey	2017	Gotland	5 Final	
1:57,19		Gwyndaf	Rowlands	Ynys Môn	2003	Guernsey	4 Final	
1:57,27		Simon	Murphy	Guernsey	2017	Gotland	6 Final	
1:57,46		Rúni	Seloy	Faroe Islands	2013	Bermuda	5 Final	
1:57,56		Rhys	Owen	Isle of Man	2017	Gotland	7 Final	
1:57,74		Juma	Mouchette	Bermuda	2013	Bermuda	7 Final	
1:57,80		Freddy	Poulsen	Faroe Islands	1995	Gibraltar	2 Final	
1:57,80		Paul	Clarke	Isle of Man	1995	Gibraltar	2 Final	
1:57,92		Joshua	Morrison	Shetland Islands	2011	Isle of Wight	6 Semi Final	Heat 2
1:57,94		Matthew	Loveridge	Guernsey	2015	Jersey	4 Semi Final	Heat 1
1:58,02		William	Brown	Jersey	2019	Gibraltar	6 Final	
1:58,10		Oliver	Terry	Jersey	2013	Bermuda	8 Final	
1:58,17		Fredrik	Holmén	Åland	1999	Gotland	6 Final	
1:58,0	m	Mick	Hannay	Isle of Man	1989	Faroe Islands	4 Final	
1:58,46		Daniel	Furmidge	Isle of Wight	1991	Åland	6 Preliminary	Heat 1
1:58,56		Harrison	Curling	Isle of Wight	2011	Isle of Wight	7 Semi Final	Heat 2
1:58,71		Shon	Evans	Ynys Môn	2009	Åland	5 Final	
1:58,75		Trrowe	Lano	Gibraltar	1993	Isle of Wight	2 Preliminary	Heat 2
1:58,84		Dominic	Carroll	Gibraltar	2005	Shetland Islands	2 Final	
1:58,84		David	Miller	Orkney	2005	Shetland Islands	3 Final	
1:58,85		Göran	Sundblom	Åland	1999	Gotland	4 Preliminary	Heat 1
1:58,87		Lucas	Mattsson	Åland	2013	Bermuda	3 Preliminary	Heat 3
1:58,89		Marni	Joensen	Faroe Islands	1991	Åland	6 Preliminary	Heat 2
1:59,11		Kim	Godtfredsen	Greenland	2003	Guernsey	1 Preliminary	Heat 2
1:59,18		Matthew	Bailey	Guernsey	2009	Åland	4 Preliminary	Heat 1
1:59,32		Stamatis	Papanikolas	Rhodes	2001	Isle of Man	6 Final	
1:59,4	m	Andy	Canoops	Jersey	1987	Guernsey	4 Final	
1:59,65		Andrew	Duncan	Isle of Man	2007	Rhodes	3 Preliminary	Heat 1
1:59,81		Björn	Pettersson	Gotland	1991	Åland	7 Preliminary	Heat 1
1:59,85		Aaron	Bagu	Gibraltar	2007	Rhodes	4 Preliminary	Heat 1
1:59,7	m	Andy	Conoops	Jersey	1987	Guernsey	3 Preliminary	Heat 1
2:00,00		Shane	Odie	Shetland Islands	2015	Jersey	3 Preliminary	Heat 1
2:00,04		Lars-Olov	Helms	Gotland	1997	Jersey	2 Preliminary	Heat 1

1:59,8	m	Billy	Jansson	Åland	1987	Guernsey	4 Preliminary	Heat 1
2:00,10		Gavin	Marley	Guernsey	1995	Gibraltar	6 Final	
2:00,12		Timothy	Coates	Guernsey	2005	Shetland Islands	4 Final	
1:59,9	m	Graham	Orchard	Isle of Wight	1987	Guernsey	5 Preliminary	Heat 1
2:00,20		Julian	Gregersen	Faroe Islands	2017	Gotland	4 Preliminary	Heat 2
2:00,26		Andy	Barron	Isle of Man	2011	Isle of Wight	6 Semi Final	Heat 1
2:00,35		Samuel	Maher	Jersey	2019	Gibraltar	5 Preliminary	Heat 3
2:00,44		Jóan Karl	Joensen	Faroe Islands	2009	Åland	6 Preliminary	Heat 1
2:00,74		William	Bodkin	Guernsey	2011	Isle of Wight	7 Semi Final	Heat 1
2:00,6	m	David	Anderson	Isle of Man	1997	Jersey	3 Final	
2:01,12		Billy	Grace	Jersey	1997	Jersey	4 Preliminary	Heat 1
2:00,9	m	Kaj	Backas	Åland	1985	Isle Of Man	2 Final	
2:01,17		Cai	Roberts	Ynys Môn	2019	Gibraltar	6 Preliminary	Heat 3
2:01,19		Alan	Williamson	Shetland Islands	2011	Isle of Wight	5 Preliminary	Heat 1
2:01,24		Isaac	Du Val	Jersey	2017	Gotland	5 Preliminary	Heat 2
2:01,0	m	Simon	Hayter	Isle of Wight	1987	Guernsey	6 Final	
2:01,43		Toby	Edwards	Jersey	2009	Åland	2 Preliminary	Heat 2
2:01,44		Joseph	Yeaman	Guernsey	2019	Gibraltar	3 Preliminary	Heat 2
2:01,47		Viljar	Uljas	Saaremaa	2007	Rhodes	8 Final	
2:01,48		Alistair	Mclean	Ynys Môn	1993	Isle of Wight	4 Preliminary	Heat 2
2:01,50		Leigh	Kinroy	Ynys Môn	1995	Gibraltar	3 Preliminary	Heat 2
2:01,90		Gordon	Linklater	Shetland Islands	1995	Gibraltar	7 Final	
2:01,98		Murdo	Mackenzie	Western Isles	2007	Rhodes	4 Preliminary	Heat 2
2:02,02		Ben	Brand	Isle of Man	2005	Shetland Islands	5 Final	
2:01,8	m	Nich	Marley	Guernsey	1989	Faroe Islands	6 Final	
2:02,19		Magni	Mouritsen	Faroe Islands	2001	Isle of Man	4 Preliminary	Heat 1
2:02,1	m	Stuart	Gray	Orkney	1985	Isle Of Man	4 Final	
2:02,39		Sherlock	Brooks	Cayman Islands	2019	Gibraltar	4 Preliminary	Heat 2
2:02,2	m	Regin	Reinert	Faroe Islands	1989	Faroe Islands	7 Final	
2:02,46		Evald	Við Garð	Faroe Islands	2003	Guernsey	4 Preliminary	Heat 2
2:02,51		James	Haggerty	Isle of Wight	2019	Gibraltar	5 Preliminary	Heat 1
2:02,52		Tom	Richmond	Isle of Man	2009	Åland	4 Preliminary	Heat 2
2:02,87		Ruben Titos	de la Fuente	Menorca	2015	Jersey	5 Preliminary	Heat 1
2:03,29		Michael	Ilott	Isle of Wight	2015	Jersey	4 Preliminary	Heat 4
2:03,38		Stephen	Garrett	Isle of Man	2015	Jersey	3 Preliminary	Heat 3
2:03,45		Steven	Benson	Ynys Môn	2001	Isle of Man	7 Final	
2:03,3	m	R	Saunders	Guernsey	1987	Guernsey	7 Final	
2:03,63		Oscar	Owen-Berghmark	Gotland	2019	Gibraltar	7 Preliminary	Heat 3
2:03,67		Andrew	Preacher	Shetland Islands	1995	Gibraltar	5 Preliminary	Heat 1
2:03,77		Anton	Velleman	Bermuda	2009	Åland	4 Preliminary	Heat 3
2:03,93		Mark	Renouf	Guernsey	1991	Åland	7 Preliminary	Heat 2
2:04,06		Grant	Cumming	Orkney	1995	Gibraltar	6 Preliminary	Heat 1
2:04,11		Wesley	Martindale	Isle of Wight	1999	Gotland	6 Preliminary	Heat 2
2:04,12		Andrew	Ibeh	Cayman Islands	2003	Guernsey	5 Preliminary	Heat 2
2:04,14		Stephen	Allen	Bermuda	2009	Åland	6 Preliminary	Heat 2
2:03,9	m	Mike	Sanchez	Gibraltar	1987	Guernsey	9 Final	
2:04,34		Rory	Martin MacLure	Western Isles	2009	Åland	7 Preliminary	Heat 2
2:04,46		Michael	Henry	Isle of Wight	1997	Jersey	3 Preliminary	Heat 2
2:04,79		Sølvi	Reinert Hansen	Faroe Islands	1991	Åland	8 Preliminary	Heat 1
2:04,94		Gregor	Dowell	Orkney	2019	Gibraltar	5 Preliminary	Heat 2
2:05,15		Karl	Baldachino	Gibraltar	2013	Bermuda	5 Preliminary	Heat 2
2:05,60		Magnus	Bichan	Orkney	2015	Jersey	4 Preliminary	Heat 2
2:05,69		Petter	Mellander	Gotland	1993	Isle of Wight	5 Preliminary	Heat 2
2:05,77		Ivan	Caules	Menorca	2011	Isle of Wight	7 Preliminary	Heat 1
2:05,97		Abdullah	Ahammad	Gibraltar	2017	Gotland	4 Preliminary	Heat 3
2:06,00		Jørgen	Henriksen	Greenland	2001	Isle of Man	5 Preliminary	Heat 2
2:06,07		Thomas	Newton	Orkney	2009	Åland	5 Preliminary	Heat 3
2:06,10		Ian	Carter	Jersey	1999	Gotland	6 Preliminary	Heat 1
2:06,75		Fred	Grönwall	Gotland	2013	Bermuda	6 Preliminary	Heat 2
2:06,91		Thomas	Brown	Jersey	2007	Rhodes	5 Preliminary	Heat 1
2:07,02		Gyan	Chappory	Gibraltar	2013	Bermuda	5 Preliminary	Heat 1
2:07,11		Andreas	Persson	Gotland	2001	Isle of Man	6 Preliminary	Heat 1
2:07,13		Sam	Rendall	Orkney	2017	Gotland	6 Preliminary	Heat 2
2:07,17		David	Owens	Ynys Môn	1999	Gotland	7 Preliminary	Heat 2
2:07,31		Marc	Rochelt	Menorca	2011	Isle of Wight	7 Preliminary	Heat 2
2:07,44		Pedro	Pallicer	Menorca	2009	Åland	7 Preliminary	Heat 1
2:07,77		Jonathan	Spence	Orkney	2001	Isle of Man	6 Preliminary	Heat 2
2:07,81		Nils Jacob	Athammer Kjølspø	Hitra	2013	Bermuda	7 Preliminary	Heat 2

2:07,90		Sean Smith	Shetland Islands	2013	Bermuda	5 Preliminary	Heat 3
2:08,5	m	Stefan Mattsson	Åland	1987	Guernsey	6 Preliminary	Heat 2
2:09,18		Andrew Jones	Ynys Môn	2013	Bermuda	6 Preliminary	Heat 1
2:09,8	m	Steve Bennett	Guernsey	1987	Guernsey	6 Preliminary	Heat 1
2:10,16		James Carter	Jersey	2003	Guernsey	3 Preliminary	Heat 3
2:10,17		Junio Hurlston	Cayman Islands	2003	Guernsey	4 Preliminary	Heat 3
2:10,56		Aiden Yon-Stevens	St. Helena	2019	Gibraltar	6 Preliminary	Heat 2
2:10,61		Jack Duncan	Orkney	2015	Jersey	5 Preliminary	Heat 4
2:10,66		Stein Eriksen	Hitra	1997	Jersey	5 Preliminary	Heat 2
2:10,9	m	Neil Ritch	Shetland Islands	1987	Guernsey	7 Preliminary	Heat 1
2:11,23		Odd-Bjørnar Jobotn	Hitra	2015	Jersey	4 Preliminary	Heat 3
2:11,44		Ronald Gray	Orkney	2007	Rhodes	6 Preliminary	Heat 2
2:11,2	m	Ingi Olsen	Faroe Islands	1989	Faroe Islands	9 Final	
2:11,51		Martin Henry	St. Helena	1997	Jersey	6 Preliminary	Heat 2
2:11,55		Emmanouil Kakkaris	Rhodes	2007	Rhodes	7 Preliminary	Heat 2
2:11,63		Jamie Clouston	Orkney	2017	Gotland	5 Preliminary	Heat 3
2:12,0	m	Niklas Hellgren	Gotland	1985	Isle Of Man	6 Final	
2:12,1	m	S Slenes	Hitra	1987	Guernsey	8 Preliminary	Heat 1
2:12,1	m	Nigel Reid	Orkney	1985	Isle Of Man	7 Final	
2:12,3	m	Robert Leslie	Orkney	1987	Guernsey	9 Preliminary	Heat 1
2:12,86		Rafael Vidal	Menorca	2009	Åland	6 Preliminary	Heat 3
2:13,72		Kristian Kreutzmann	Greenland	1999	Gotland	8 Preliminary	Heat 1
2:14,01		John Wilhelms	Åland	2007	Rhodes	4 Preliminary	Heat 3
2:14,05		Daniel Slocombe	Isle of Wight	1997	Jersey	5 Preliminary	Heat 1
2:15,13		Derwyn Roberts	Ynys Môn	1993	Isle of Wight	7 Preliminary	Heat 1
2:15,36		David Esdail	Cayman Islands	2001	Isle of Man	7 Preliminary	Heat 2
2:15,75		Dwight Mclean	Cayman Islands	2001	Isle of Man	7 Preliminary	Heat 1
2:15,94		William Chater	Falkland Islands	2013	Bermuda	7 Preliminary	Heat 1
2:16,69		Alastair Dunlop	Western Isles	2005	Shetland Islands	5 Preliminary	Heat 2
2:16,96		Scot Jamieson	Shetland Islands	2005	Shetland Islands	6 Preliminary	Heat 2
2:17,41		Trond Eivind Wassaether	Hitra	1999	Gotland	9 Preliminary	Heat 2
2:17,7	m	Alan Harrison	Jersey	1987	Guernsey	7 Preliminary	Heat 2
2:18,45		Leigh Cresswell	Alderney	2007	Rhodes	8 Preliminary	Heat 1
2:18,57		Viktor Almgren	Gotland	2017	Gotland	6 Preliminary	Heat 3
2:19,01		Shamus Chichon	Gibraltar	2019	Gibraltar	7 Preliminary	Heat 1
2:19,34		Andreas Grönström	Gotland	2005	Shetland Islands	7 Preliminary	Heat 2
2:20,60		Kyle Biggs	Falkland Islands	2003	Guernsey	4 Preliminary	Heat 1
2:22,9	m	Mark Wylie	Shetland Islands	1985	Isle Of Man	8 Final	
2:24,10		Rune Lossius	Hitra	2013	Bermuda	6 Preliminary	Heat 3
2:24,0	m	Shane Connelly	Anglesey	1987	Guernsey	8 Preliminary	Heat 2
2:24,7	m	S Storo	Hitra	1987	Guernsey	9 Preliminary	Heat 2
2:27,03		Emmanouil Miaris	Rhodes	2007	Rhodes	6 Preliminary	Heat 3
2:33,10		Thomas Rice-Owen	Ynys Môn	2007	Rhodes	7 Preliminary	Heat 3

1500 m

3:48,45		Keith Gerrard	Isle of Man	2011	Isle of Wight	1 Final	
3:48,71		Harvey Dixon	Gibraltar	2017	Gotland	1 Final	
3:49,58		Lee Merrien	Guernsey	2009	Åland	1 Final	
3:51,73		Joakim Daun	Gotland	2003	Guernsey	2 Final	
3:53,39		Jonathan Blackledge	Isle of Wight	2003	Guernsey	3 Final	
3:53,42		Joseph Wade	Isle of Wight	2009	Åland	2 Final	
3:53,67		Mike Guegan	Jersey	1991	Åland	1 Final	
3:54,06		Gianni Epifani	Isle of Man	1991	Åland	2 Final	
3:54,95		Iolo Hughes	Ynys Môn	2015	Jersey	1 Final	
3:55,13		David Mullarkey	Isle of Man	2019	Gibraltar	1 Final	
3:55,23		Alan Rowe	Guernsey	1997	Jersey	1 Final	
3:55,24		Elliott Dorey	Jersey	2019	Gibraltar	2 Final	
3:55,27		Fabian Franco	Gibraltar	1991	Åland	3 Final	
3:55,66		Connor Maclean	Western Isles	2015	Jersey	3 Final	
3:55,78		Samuel Maher	Jersey	2017	Gotland	2 Final	
3:55,88		Chris Quine	Isle of Man	1997	Jersey	2 Final	
3:56,19		Kim Godtfredsen	Greenland	1999	Gotland	1 Final	
3:56,53		Henry McLuckie	Isle of Wight	2019	Gibraltar	4 Final	
3:57,25		Jan Sjuls	Åland	1991	Åland	5 Final	
3:57,36		Cameron Payas	Gibraltar	2017	Gotland	3 Final	
3:57,88		Ryan Fairclough	Isle of Man	2013	Bermuda	2 Final	
3:58,0	m	Richard Large	Isle of Wight	1989	Faroe Islands	1 Final	
3:59,46		Alex Rowe	Guernsey	2019	Gibraltar	6 Final	

3:59,54		Daniel	Furmidge	Isle of Wight	1993	Isle of Wight	1 Final	
3:59,82		Richard	Bartram	Guernsey	2019	Gibraltar	8 Final	
3:59,92		Ian	Carter	Jersey	2001	Isle of Man	1 Final	
4:00,76		Michael	Macmillan	Western Isles	2019	Gibraltar	4 Preliminary	Heat 1
4:01,12		John	Chappory	Gibraltar	1991	Åland	7 Final	
4:01,22		Dage	Minors	Bermuda	2013	Bermuda	3 Final	
4:01,0	m	Billy	Jansson	Åland	1985	Isle Of Man	1 Final	
4:01,45		Paul	McGrath	Jersey	1997	Jersey	4 Final	
4:01,53		Michael	Batiste	Guernsey	2013	Bermuda	4 Final	
4:01,56		Stephen	Garrett	Isle of Man	2019	Gibraltar	6 Preliminary	Heat 2
4:01,79		Marni	Joensen	Faroe Islands	1991	Åland	8 Final	
4:01,6	m	Mikael	Nordblom	Åland	1989	Faroe Islands	3 Final	
4:01,96		Andreas	Persson	Gotland	2001	Isle of Man	3 Final	
4:02,07		Lars	Nordahl	Gotland	1993	Isle of Wight	3 Final	
4:02,26		Tristan	Cooper	Isle of Wight	1999	Gotland	4 Final	
4:02,36		Julian	Gregersen	Faroe Islands	2019	Gibraltar	6 Preliminary	Heat 1
4:02,41		Liam	Byrne	Gibraltar	1999	Gotland	5 Final	
4:02,64		Andre	Kahlström	Gotland	2011	Isle of Wight	3 Final	
4:02,85		Rhys	Owen	Isle of Man	2017	Gotland	5 Final	
4:02,91		Lee	Garland	Guernsey	2009	Åland	3 Final	
4:02,93		Gary	Raynor	Bermuda	2011	Isle of Wight	4 Final	
4:03,05		Oliver	Lockley	Isle of Man	2015	Jersey	6 Final	
4:03,55		Thomas	Wade	Isle of Wight	2007	Rhodes	4 Final	
4:03,80		Richard	Blagg	Gibraltar	2011	Isle of Wight	6 Final	
4:03,92		Regin	Reinert	Faroe Islands	1991	Åland	10 Final	
4:04,20		Paul	Clarke	Isle of Man	1995	Gibraltar	2 Final	
4:05,57		Seumas	Mackay	Shetland Islands	2017	Gotland	9 Final	
4:05,74		William	Bodkin	Guernsey	2015	Jersey	7 Final	
4:06,02		Stewart	Chalmers	Western Isles	2011	Isle of Wight	7 Final	
4:06,30		Iain	MacCorquodale	Western Isles	2005	Shetland Islands	3 Final	
4:06,51		Timothy	Coates	Guernsey	2005	Shetland Islands	4 Final	
4:06,71		Fredrik	Holmén	Åland	1999	Gotland	8 Final	
4:06,73		Kelvin	Gomez	Gibraltar	2015	Jersey	8 Final	
4:07,30		Andy	Barron	Isle of Man	2011	Isle of Wight	9 Final	
4:07,35		Peter	Costley	Isle of Man	1991	Åland	11 Final	
4:07,56		William	Brown	Jersey	2017	Gotland	10 Final	
4:07,57		Trrowe	Lano	Gibraltar	1993	Isle of Wight	6 Final	
4:07,57		William	Newnham	Isle of Wight	2009	Åland	5 Final	
4:07,64		Sam	Metcalf	Isle of Wight	2019	Gibraltar	7 Preliminary	Heat 1
4:07,64		Andrew	Duncan	Isle of Man	2009	Åland	6 Final	
4:08,73		Sören	Sundblom	Åland	1999	Gotland	9 Final	
4:08,91		Rafel Quintana	Villalonga	Menorca	2017	Gotland	6 Preliminary	Heat 2
4:08,97		Wesley	Martindale	Isle of Wight	1999	Gotland	10 Final	
4:09,13		Freddy	Poulsen	Faroe Islands	1995	Gibraltar	3 Final	
4:09,14		Aidan	Pierce	Isle of Wight	2017	Gotland	11 Final	
4:09,41		Murdo	Mackenzie	Western Isles	2011	Isle of Wight	10 Final	
4:09,42		Stamatis	Papanikolas	Rhodes	1999	Gotland	11 Final	
4:10,51		Daniel	Antonsson	Gotland	2015	Jersey	9 Final	
4:10,61		Xavier	Torras Cubas	Menorca	2019	Gibraltar	8 Preliminary	Heat 1
4:11,66		Björn	Pettersson	Gotland	1991	Åland	12 Final	
4:12,10		Bogi	Lenvig	Faroe Islands	2003	Guernsey	6 Final	
4:12,28		Joshua	Morrison	Shetland Islands	2009	Åland	8 Final	
4:12,45		Matthew	Loveridge	Guernsey	2015	Jersey	3 Preliminary	Heat 2
4:12,62		Javier	Falero	Gibraltar	1995	Gibraltar	4 Final	
4:12,83		Gwyndaf	Rowlands	Ynys Môn	2003	Guernsey	2 Preliminary	Heat 2
4:13,01		Graeme	Ross	Jersey	1991	Åland	13 Final	
4:13,13		Viljar	Uljas	Saaremaa	2007	Rhodes	2 Preliminary	Heat 2
4:13,73		Victor	Magalhaes	Cayman Islands	2019	Gibraltar	8 Preliminary	Heat 2
4:13,89		Thomas	Brown	Jersey	2009	Åland	9 Final	
4:13,97		Alistair	Mclean	Ynys Môn	1993	Isle of Wight	9 Final	
4:14,17		Ralph	Hydes	Jersey	1997	Jersey	8 Final	
4:14,27		Craig	Shearer	Orkney	1997	Jersey	9 Final	
4:14,74		Christian	Folliot	Jersey	2003	Guernsey	5 Preliminary	Heat 2
4:14,77		Daniel Edward	Robinson	Jersey	2013	Bermuda	6 Final	
4:15,24		Michael	Breed	Gibraltar	1999	Gotland	12 Final	
4:15,33		Rúni	Seloy	Faroe Islands	2015	Jersey	4 Preliminary	Heat 2
4:15,46		Thomas	Swain	Guernsey	2013	Bermuda	7 Final	
4:15,63		Pedro	Pallicer	Menorca	2009	Åland	5 Preliminary	Heat 2

4:15,73		Gwyndaff	Evans	Ynys Môn	2001	Isle of Man	7 Final	
4:15,90		Jóan Karl	Joensen	Faroe Islands	2009	Åland	6 Preliminary	Heat 2
4:15,92		Ed	Mason	Guernsey	2017	Gotland	8 Preliminary	Heat 2
4:15,7	m	Dave	Chapman	Isle of Wight	1987	Guernsey	6 Final	
4:16,29		Toby	Edwards	Jersey	2009	Åland	5 Preliminary	Heat 1
4:16,67		Ian	Carre	Guernsey	1993	Isle of Wight	11 Final	
4:16,6	m	Gary	Broster	Guernsey	1989	Faroe Islands	6 Final	
4:17,10		Sebastian	Henriksson	Åland	1991	Åland	14 Final	
4:17,28		Thomas	Fay	Orkney	2005	Shetland Islands	7 Final	
4:17,40		Alan	Williamson	Shetland Islands	2015	Jersey	4 Preliminary	Heat 3
4:17,88		Michael	Illott	Isle of Wight	2015	Jersey	5 Preliminary	Heat 3
4:18,49		Tonis	Juulik	Saaremaa	2007	Rhodes	9 Final	
4:18,87		Daniel	Hejdström	Gotland	2005	Shetland Islands	9 Final	
4:18,95		Lucas	Mattsson	Åland	2013	Bermuda	8 Final	
4:19,10		Andres	Pulido	Menorca	2011	Isle of Wight	8 Preliminary	Heat 1
4:19,20		Martin	Møller	Greenland	2003	Guernsey	6 Preliminary	Heat 2
4:19,34		Oscar	Owen-Berghmark	Gotland	2019	Gibraltar	9 Preliminary	Heat 1
4:19,3	m	James	Amy	Jersey	1987	Guernsey	7 Final	
4:21,23		Cai	Roberts	Ynys Môn	2017	Gotland	6 Preliminary	Heat 1
4:21,9	m	Marcel	Le Clerk	Guernsey	1987	Guernsey	8 Final	
4:22,31		Stephen	Allen	Bermuda	2009	Åland	7 Preliminary	Heat 1
4:22,8	m	Graham	Orchard	Isle of Wight	1987	Guernsey	9 Final	
4:23,24		Ivan	Caules	Menorca	2007	Rhodes	8 Preliminary	Heat 2
4:24,27		Iain	Townsend	Western Isles	2013	Bermuda	10 Final	
4:24,5	m	Warren	Vassallo	Gibraltar	1989	Faroe Islands	8 Final	
4:24,75		Shon	Evans	Ynys Môn	2009	Åland	7 Preliminary	Heat 2
4:25,08		David	Owens	Ynys Môn	1999	Gotland	15 Final	
4:25,53		Steven	Benson	Ynys Môn	2001	Isle of Man	8 Final	
4:25,67		Raul	Kalm	Saaremaa	1999	Gotland	16 Final	
4:25,5	m	K	Galliene	Guernsey	1987	Guernsey	10 Final	
4:25,7	m	Nigel	Reid	Orkney	1985	Isle Of Man	5 Final	
4:26,1	m	Paul Sverre	Skaget	Hitra	1985	Isle Of Man	6 Final	
4:26,62		Gregor	Dowell	Orkney	2019	Gibraltar	9 Preliminary	Heat 2
4:26,62		Tom	Richmond	Isle of Man	2009	Åland	8 Preliminary	Heat 2
4:26,77		Andrew	Ibeh	Cayman Islands	2003	Guernsey	7 Preliminary	Heat 1
4:27,63		Jørgen	Henriksen	Greenland	2001	Isle of Man	9 Final	
4:27,75		Stephen	Carreras	Gibraltar	2007	Rhodes	5 Preliminary	Heat 1
4:27,9	m	Geoff	King	Guernsey	1985	Isle Of Man	7 Final	
4:28,99		Rafael	Vidal	Menorca	2009	Åland	8 Preliminary	Heat 1
4:29,02		Andreas	Grönström	Gotland	2007	Rhodes	6 Preliminary	Heat 1
4:28,8	m	Gary	Palmer	Jersey	1987	Guernsey	11 Final	
4:29,28		Niels	Berthelsen	Greenland	2001	Isle of Man	10 Final	
4:29,63		Andrew	Jones	Ynys Môn	2013	Bermuda	11 Final	
4:29,78		Quincy	Kuzyk	Bermuda	2019	Gibraltar	10 Preliminary	Heat 2
4:30,67		Nils Jacob	Athammer Kjølshø	Hitra	2015	Jersey	6 Preliminary	Heat 1
4:30,82		Sam	Rendall	Orkney	2017	Gotland	9 Preliminary	Heat 2
4:31,05		Alastair	Dunlop	Western Isles	2005	Shetland Islands	10 Final	
4:31,35		Tommy	Öman	Gotland	2017	Gotland	10 Preliminary	Heat 2
4:32,47		Marc	Rochelt	Menorca	2011	Isle of Wight	7 Preliminary	Heat 2
4:32,4	m	Kristian	Vinales	Gibraltar	1989	Faroe Islands	9 Final	
4:32,97		David	Esdail	Cayman Islands	2001	Isle of Man	11 Final	
4:33,1	m	Niels	Jákup Jakobsen	Faroe Islands	1989	Faroe Islands	10 Final	
4:33,35		Jack	Duncan	Orkney	2015	Jersey	6 Preliminary	Heat 2
4:34,77		Cameron	Lawrence	Ynys Môn	2019	Gibraltar	10 Preliminary	Heat 1
4:35,17		Marcus	Svensson	Åland	2009	Åland	9 Preliminary	Heat 2
4:35,48		Iain Francis	Macdonald	Western Isles	2007	Rhodes	7 Preliminary	Heat 1
4:38,1	m	Stuart	Gray	Orkney	1987	Guernsey	12 Final	
4:39,48		Emmanouil	Kakkaris	Rhodes	2007	Rhodes	10 Preliminary	Heat 2
4:43,90		William	Chater	Falkland Islands	2013	Bermuda	12 Final	
4:44,61		Rune	Lossius	Hitra	2013	Bermuda	13 Final	
4:45,95		Junio	Hurlston	Cayman Islands	2003	Guernsey	7 Preliminary	Heat 2
4:46,83		Tommy	Haugen	Hitra	2007	Rhodes	8 Preliminary	Heat 1
4:52,7	m	Charlie	Cottam	Guernsey	1989	Faroe Islands	11 Final	
4:54,48		Jamie	Clouston	Orkney	2017	Gotland	7 Preliminary	Heat 1
4:56,46		Trond Eivind	Wassaether	Hitra	1999	Gotland	17 Final	
5:00,45		Boyd	Watson	Falkland Islands	1997	Jersey	12 Final	
5:02,30		Martin	Barnes	Falkland Islands	2001	Isle of Man	12 Final	
5:18,28		Thomas	Rice-Owen	Ynys Môn	2007	Rhodes	9 Preliminary	Heat 1

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14:21,35	Lee	Merrien	Guernsey	2009	Åland	1 Final
14:26,74	Keith	Gerrard	Isle of Man	2011	Isle of Wight	1 Final
14:29,47	Harvey	Dixon	Gibraltar	2015	Jersey	1 Final
14:30,84	Chris	Estwanik	Bermuda	2015	Jersey	2 Final
14:32,14	Iolo	Hughes	Ynys Môn	2015	Jersey	3 Final
14:33,10	Janne	Holmén	Åland	2009	Åland	2 Final
14:38,69	Mikael	Nordblom	Åland	1991	Åland	1 Final
14:41,38	Kim	Godtfredsen	Greenland	1997	Jersey	1 Final
14:44,57	Oliver	Lockley	Isle of Man	2015	Jersey	4 Final
14:46,94	Nigel	Gemmell	Isle of Wight	1991	Åland	2 Final
14:55,51	Chris	Quine	Isle of Man	1991	Åland	3 Final
14:57,05	Errol	O'Driscoll	Jersey	1993	Isle of Wight	3 Final
14:57,56	Albert	Joensen	Faroe Islands	1993	Isle of Wight	4 Final
15:02,1 m	Per-Ole	Holmnäs	Åland	1985	Isle Of Man	1 Final
15:02,89	Daniel	Eckersley	Isle of Wight	2017	Gotland	2 Final
15:03,5 m	Graham	Clarke	Isle of Man	1987	Guernsey	1 Final
15:05,12	Jonathan	Blackledge	Isle of Wight	2003	Guernsey	2 Final
15:06,25	Bogi	Lenvig	Faroe Islands	2003	Guernsey	3 Final
15:06,39	Andreas	Persson	Gotland	2003	Guernsey	4 Final
15:06,70	Rafel Quintana	Villalonga	Menorca	2017	Gotland	3 Final
15:07,95	Paul	McGrath	Jersey	1997	Jersey	3 Final
15:11,92	Andy	Fox	Isle of Man	1991	Åland	4 Final
15:11,98	Thomas	Wade	Isle of Wight	2011	Isle of Wight	2 Final
15:15,02	Lamont	Marshall	Bermuda	2015	Jersey	5 Final
15:16,51	Daniel	Antonsson	Gotland	2017	Gotland	4 Final
15:17,8 m	Fabian	Franco	Gibraltar	1989	Faroe Islands	4 Final
15:18,14	Connor	Maclean	Western Isles	2015	Jersey	6 Final
15:20,15	Marcel	Le Clerk	Guernsey	1993	Isle of Wight	5 Final
15:22,55	Dominic	Dyer	Cayman Islands	2017	Gotland	5 Final
15:23,08	Alan	Corlett	Isle of Man	2017	Gotland	6 Final
15:24,57	Geoff	King	Guernsey	1991	Åland	5 Final
15:24,84	Elliott	Dorey	Jersey	2019	Gibraltar	1 Final
15:28,34	Christian	Lundell	Åland	1997	Jersey	4 Final
15:36,64	Alan	Rowe	Guernsey	2001	Isle of Man	2 Final
15:37,99	Francis	Kehoe	Guernsey	1995	Gibraltar	3 Final
15:38,91	Martin	Møller	Greenland	2017	Gotland	7 Final
15:39,89	Daniel	Galpin	Guernsey	2017	Gotland	8 Final
15:39,92	Gianni	Epifani	Isle of Man	1997	Jersey	6 Final
15:40,19	Carlos	Truyol Allés	Menorca	2007	Rhodes	2 Final
15:41,67	Eduardas	Volikas	Åland	2003	Guernsey	5 Final
15:41,99	Michael	Sanchez	Gibraltar	2001	Isle of Man	3 Final
15:42,22	Stanley	Chaisson	Prince Edward Island	2007	Rhodes	3 Final
15:42,41	Bror-Gustav	Haasiosalo	Åland	1991	Åland	6 Final
15:43,05	William	Draper	Isle of Man	2019	Gibraltar	4 Final
15:46,40	Paul	Ingrouille	Guernsey	1991	Åland	7 Final
15:46,70	Marnar	Djurhuus	Faroe Islands	2013	Bermuda	3 Final
15:47,55	Stephen	Allen	Bermuda	2013	Bermuda	4 Final
15:47,64	Guttorm	Sørensen	Faroe Islands	1991	Åland	8 Final
15:48,31	William	Bodkin	Guernsey	2015	Jersey	7 Final
15:48,64	John	Rombough	Prince Edward Island	1991	Åland	9 Final
15:49,02	Thomas	Brown	Jersey	2009	Åland	4 Final
15:50,16	Daniel	Hejdström	Gotland	2003	Guernsey	7 Final
15:51,72	Olof	Thunegard	Gotland	1999	Gotland	3 Final
15:52,97	Richard	Muscat	Gibraltar	1991	Åland	10 Final
15:52,9 m	Robert	Laaksonen	Åland	1989	Faroe Islands	6 Final
15:54,60	Paul	Cameron	Isle of Wight	2007	Rhodes	4 Final
15:55,38	Gethin	Jones	Ynys Môn	2017	Gotland	9 Final
15:56,85	John	Halligan	Isle of Man	2007	Rhodes	5 Final
15:56,95	David	Emery	Guernsey	2017	Gotland	10 Final
15:57,37	Kelvin	Gomez	Gibraltar	2013	Bermuda	6 Final
15:58,13	Tristan	Robilliard	Guernsey	2013	Bermuda	7 Final
15:58,0 m	Chris	Flowers	Jersey	1987	Guernsey	5 Final
16:00,7 m	O	Fon Williams	Anglesey	1987	Guernsey	6 Final
16:02,22	Thomas	Fay	Orkney	2005	Shetland Islands	6 Final
16:02,47	Timothy	Ross	Orkney	2015	Jersey	9 Final

16:03,04		Kristian	Vinales	Gibraltar	1991	Åland	12	Final
16:03,8	m	Dave	Chapman	Isle of Wight	1987	Guernsey	7	Final
16:04,27		Paul	Clarke	Isle of Man	2001	Isle of Man	6	Final
16:05,52		Ronan	Shally	Guernsey	2011	Isle of Wight	4	Final
16:05,76		Stephen	Garrett	Isle of Man	2019	Gibraltar	6	Final
16:06,10		Steve	Dawes	Guernsey	2005	Shetland Islands	7	Final
16:06,3	m	Gary	Broster	Guernsey	1989	Faroe Islands	7	Final
16:08,33		Luke	Williams	Guernsey	2019	Gibraltar	7	Final
16:08,80		Mike	Yarnall	Guernsey	1999	Gotland	5	Final
16:09,37		Craig	Shearer	Orkney	1997	Jersey	10	Final
16:10,10		Mairo	Mändla	Saaremaa	2017	Gotland	11	Final
16:11,34		Sean	Trott	Bermuda	2019	Gibraltar	8	Final
16:12,90		Kevin	Loundes	Isle of Man	2007	Rhodes	6	Final
16:13,27		Daniel	Halksworth	Jersey	2009	Åland	5	Final
16:13,67		Sam	Metcalf	Isle of Wight	2015	Jersey	11	Final
16:13,87		Steven	Roberts	Gibraltar	1991	Åland	13	Final
16:14,30		Ludvig	Sethsen	Greenland	1991	Åland	14	Final
16:16,44		Björn-Erik	Franzen	Gotland	1995	Gibraltar	4	Final
16:16,5	m	Paul	Sheard	Guernsey	1985	Isle Of Man	5	Final
16:16,6	m	Nigel	Reid	Orkney	1985	Isle Of Man	6	Final
16:17,19		Richard	Howard	Jersey	1997	Jersey	11	Final
16:19,44		Iain	MacCorquodale	Western Isles	2011	Isle of Wight	6	Final
16:19,89		Tarmo	Mandla	Saaremaa	2001	Isle of Man	9	Final
16:20,71		Regin	Reinert	Faroe Islands	1995	Gibraltar	5	Final
16:22,97		Christian	Nielsen	Greenland	2019	Gibraltar	9	Final
16:23,78		James	Cunningham	Jersey	2011	Isle of Wight	7	Final
16:24,39		Christian	Folliot	Jersey	2003	Guernsey	10	Final
16:24,71		Finlay	Wright	Jersey	2015	Jersey	12	Final
16:26,04		Aled	Jones	Ynys Môn	2019	Gibraltar	10	Final
16:28,2	m	Lars	Åke Sjögren	Gotland	1985	Isle Of Man	7	Final
16:29,02		Klaus	Geisler	Greenland	1995	Gibraltar	6	Final
16:30,5	m	Gary	L'Enfant	Jersey	1987	Guernsey	9	Final
16:30,6	m	Jack	Christian	Guernsey	1987	Guernsey	10	Final
16:31,73		Alan	Bennett	Isle of Wight	1993	Isle of Wight	7	Final
16:33,75		Murdo	Mackenzie	Western Isles	2011	Isle of Wight	8	Final
16:34,38		Kalev	Õisnurm	Saaremaa	2001	Isle of Man	10	Final
16:35,16		Ed	Mason	Guernsey	2019	Gibraltar	11	Final
16:35,68		Henrik	Reintz	Gotland	2017	Gotland	13	Final
16:35,9	m	Erling	Svankild	Hitra	1987	Guernsey	11	Final
16:36,87		Rene Anda	Nielsen	Greenland	2019	Gibraltar	12	Final
16:39,98		Jon	Mawson	Jersey	1991	Åland	15	Final
16:43,61		Richard	Blagg	Gibraltar	2009	Åland	8	Final
16:43,9	m	Paul Sverre	Skaget	Hitra	1985	Isle Of Man	9	Final
16:44,79		Steve	Bienvenu	Guernsey	2011	Isle of Wight	9	Final
16:45,64		Sam	Vang	Faroe Islands	2005	Shetland Islands	9	Final
16:47,56		Jason	James	Guernsey	2015	Jersey	13	Final
16:51,4	m	Derek	Hernandez	Gibraltar	1989	Faroe Islands	10	Final
16:51,66		Paul	Holley	Jersey	2007	Rhodes	9	Final
16:53,12		Darren	Gray	Isle of Man	2005	Shetland Islands	10	Final
16:53,64		Michael	Henry	Isle of Wight	1997	Jersey	13	Final
16:53,71		Jonathan	Robbins	Guernsey	2003	Guernsey	12	Final
16:53,99		Innar	Sepp	Saaremaa	2009	Åland	9	Final
16:54,51		Jørgen	Henriksen	Greenland	2001	Isle of Man	11	Final
16:56,68		Victor	Magalhaes	Cayman Islands	2019	Gibraltar	13	Final
16:57,66		Jack	Okell	Isle of Man	2017	Gotland	14	Final
16:57,80		Niels	Berthelsen	Greenland	2001	Isle of Man	12	Final
16:57,96		David	Ibbotson	Jersey	2011	Isle of Wight	11	Final
17:00,53		Freddy	Poulsen	Faroe Islands	1997	Jersey	14	Final
17:00,7	m	Peter	Jacobsen	Faroe Islands	1987	Guernsey	12	Final
17:01,51		Kristian	Kreutzmann	Greenland	1999	Gotland	8	Final
17:02,12		Philip	Maguire	Jersey	2015	Jersey	14	Final
17:02,31		Emil	Bratberg Melting	Hitra	2015	Jersey	15	Final
17:02,57		Ben	Wilen	Guernsey	2013	Bermuda	9	Final
17:05,03		Pítánguak'	Tittussen	Greenland	1991	Åland	16	Final
17:07,7	m	Niels	Jákup Jakobsen	Faroe Islands	1989	Faroe Islands	11	Final
17:17,62		Jimmy	Parody	Gibraltar	1993	Isle of Wight	8	Final
17:18,80		Stephen	Carreras	Gibraltar	2009	Åland	10	Final
17:19,24		David	Owens	Ynys Môn	2001	Isle of Man	13	Final

17:20,59	Paul	Glynn	Guernsey	1995	Gibraltar	7 Final
17:21,02	Jayson	Lee	Jersey	2001	Isle of Man	14 Final
17:23,96	Timothy	Ross	Falkland Islands	2019	Gibraltar	14 Final
17:24,59	Nils Jacob	Athammer Kjølshø	Hitra	2013	Bermuda	10 Final
17:28,48	Paul	Wathan	Ynys Môn	2007	Rhodes	11 Final
17:28,70	Tony	Burnett	Falkland Islands	1999	Gotland	9 Final
17:28,95	Andrew	Nodroum	Shetland Islands	1997	Jersey	16 Final
17:29,06	William	Grace	Jersey	2001	Isle of Man	15 Final
17:33,59	Peter	Stemp	Shetland Islands	1995	Gibraltar	8 Final
17:35,8 m	Absalon	Hansen	Faroe Islands	1985	Isle Of Man	10 Final
17:36,23	Silvano	Gabrielli	Isle of Wight	1991	Åland	17 Final
17:44,58	Neil	Perera	Gibraltar	2019	Gibraltar	15 Final
17:47,7 m	Adrian	Askew	Orkney	1987	Guernsey	14 Final
17:50,08	Andrew	Jackson	Ynys Môn	2001	Isle of Man	16 Final
17:50,26	Michael	Clasen	Greenland	2017	Gotland	15 Final
17:56,56	Crispin	Fisher	Falkland Islands	1997	Jersey	18 Final
17:56,59	Patrick	Garner	Gibraltar	2017	Gotland	16 Final
17:58,96	Benjamin	Pointing	Falkland Islands	2001	Isle of Man	17 Final
18:00,2 m	Michael	Reid	Orkney	1987	Guernsey	15 Final
18:03,86	Daniel	Slocombe	Isle of Wight	1997	Jersey	19 Final
18:13,82	Ali	Solindarakis	Rhodes	2007	Rhodes	13 Final
18:14,8 m	William	Arthur	Shetland Islands	1987	Guernsey	16 Final
18:15,21	William	Chater	Falkland Islands	2013	Bermuda	11 Final
18:18,09	Mikael	Wassæther Jesse	Hitra	2013	Bermuda	12 Final
18:22,04	David	Huband	Ynys Môn	1997	Jersey	20 Final
18:22,14	John	Griffith	Ynys Môn	1997	Jersey	21 Final
18:33,09	Kenneth	Stensen	Hitra	2009	Åland	11 Final
18:51,85	Mercouris	Malliakas	Rhodes	2007	Rhodes	14 Final
19:01,82	David	Fyfe	Falkland Islands	2003	Guernsey	13 Final
19:35,9 m	Mark	Smith	Shetland Islands	1985	Isle Of Man	11 Final
20:20,71	Stephen	Livett	Ynys Môn	2011	Isle of Wight	13 Final
21:17,3 m	Paul	Williams	Sark	1987	Guernsey	17 Final
22:29,1 m	Ian	Willis	Sark	1987	Guernsey	18 Final

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30:03,64	Janne	Holmén	Åland	2009	Åland	1 Final
30:04,66	Chris	Estwanik	Bermuda	2015	Jersey	1 Final
30:17,32	Kim	Godtfredsen	Greenland	1997	Jersey	1 Final
30:37,46	Oliver	Lockley	Isle of Man	2017	Gotland	1 Final
30:40,84	Lee	Merrien	Guernsey	2017	Gotland	2 Final
30:43,54	Colin	Moore	Isle of Man	2001	Isle of Man	1 Final
30:53,28	Kevin	Loundes	Isle of Man	2015	Jersey	2 Final
30:53,59	Thomas	Wade	Isle of Wight	2011	Isle of Wight	1 Final
30:59,87	Michael	Sanchez	Gibraltar	2005	Shetland Islands	1 Final
31:18,97	Paul	McGrath	Jersey	1991	Åland	2 Final
31:21,96	Nigel	Gemmell	Isle of Wight	1991	Åland	3 Final
31:24,74	Robert	Laaksonen	Åland	1993	Isle of Wight	1 Final
31:32,55	Chris	Quine	Isle of Man	1993	Isle of Wight	2 Final
31:38,52	Janus	Eigaard	Greenland	1997	Jersey	2 Final
31:41,92	Ian	Williamson	Shetland Islands	1997	Jersey	3 Final
31:42,67	Jurgen	Ligi	Saaremaa	1991	Åland	5 Final
31:43,21	Sean	Trott	Bermuda	2011	Isle of Wight	3 Final
31:52,4 m	Andy	Fox	Isle of Man	1989	Faroe Islands	1 Final
31:55,22	Guttorm	Sørensen	Faroe Islands	1993	Isle of Wight	3 Final
31:59,7 m	Graham	Clarke	Isle of Man	1989	Faroe Islands	2 Final
32:06,01	Errol	Driscoll	Jersey	1993	Isle of Wight	4 Final
32:06,26	Alan	Corlett	Isle of Man	2019	Gibraltar	1 Final
32:08,76	Mark	Altwell	Gibraltar	1993	Isle of Wight	5 Final
32:09,95	Daniel	Antonsson	Gotland	2017	Gotland	3 Final
32:15,55	Bill	Tweed	Jersey	1991	Åland	6 Final
32:16,13	Fred	Grönwall	Gotland	2019	Gibraltar	3 Final
32:19,00	Steve	Dawes	Guernsey	2011	Isle of Wight	4 Final
32:26,19	Göran	Grannas	Åland	1991	Åland	7 Final
32:29,0 m	Eduardas	Volikas	Åland	2003	Guernsey	2 Final
32:30,44	Andrew	Crowhurst	Jersey	1997	Jersey	5 Final
32:33,38	Ando	Õitspuu	Saaremaa	2017	Gotland	4 Final
32:36,4 m	Olof	Thunegard	Gotland	2003	Guernsey	3 Final
32:37,65	Jonathan	Blackledge	Isle of Wight	2001	Isle of Man	3 Final

32:38,21		Martin	Møller	Greenland	2017	Gotland	5 Final
32:39,9	m	Stefan	Mattsson	Åland	1989	Faroe Islands	4 Final
32:41,26		Michael	Wilesmith	Guernsey	2015	Jersey	4 Final
32:43,79		Thomas	Fay	Orkney	2013	Bermuda	2 Final
32:45,78		Joakim	Ronsten	Gotland	1999	Gotland	3 Final
32:52,00		Peter	Costley	Isle of Man	1991	Åland	9 Final
32:54,0	m	Paul	Clarke	Isle of Man	2003	Guernsey	4 Final
32:54,84		Gavin	Hackshaw	Isle of Wight	1993	Isle of Wight	6 Final
32:55,1	m	Michael	Niech	Gibraltar	1989	Faroe Islands	5 Final
32:56,18		Marnar	Djurhuus	Faroe Islands	2011	Isle of Wight	5 Final
32:57,74		Daniel	Halksworth	Jersey	2009	Åland	3 Final
33:00,78		Hallur	Holm	Faroe Islands	1997	Jersey	6 Final
33:02,34		Gethin	Jones	Ynys Môn	2017	Gotland	6 Final
33:02,93		Bernie	Cannan	Isle of Man	1997	Jersey	7 Final
33:04,90		Håkan	Andersson	Gotland	1995	Gibraltar	2 Final
33:06,99		Chris	Giles	Guernsey	1997	Jersey	8 Final
33:06,9	m	Absalon	Hansen	Faroe Islands	1989	Faroe Islands	6 Final
33:11,37		Bill	Adams	Shetland Islands	1991	Åland	10 Final
33:14,45		Daniel John	Romeril	Jersey	2019	Gibraltar	5 Final
33:15,99		Kelvin	Gomez	Gibraltar	2017	Gotland	7 Final
33:24,42		David	Emery	Guernsey	2015	Jersey	6 Final
33:25,58		Leon	Johnson	Shetland Islands	2015	Jersey	7 Final
33:26,25		Allan	Gage	Isle of Man	1993	Isle of Wight	7 Final
33:30,0	m	Mark	Brown	Gibraltar	2003	Guernsey	5 Final
33:32,89		Brendan	Rothery	Ynys Môn	2011	Isle of Wight	7 Final
33:33,44		Franklin	Høegh-Olsen	Greenland	1993	Isle of Wight	9 Final
33:34,46		Pedro	Pallicer	Menorca	2011	Isle of Wight	8 Final
33:35,36		Ken	White	Jersey	1997	Jersey	9 Final
33:35,41		Luke	Williams	Guernsey	2019	Gibraltar	6 Final
33:35,56		Nick	Despres	Guernsey	2001	Isle of Man	7 Final
33:36,16		John	Rombough	Prince Edward Island	1991	Åland	12 Final
33:43,04		Daniel	Hejdström	Gotland	2011	Isle of Wight	9 Final
33:44,54		John	Halligan	Isle of Man	2007	Rhodes	2 Final
33:48,59		Martii	Kisa	Saaremaa	2001	Isle of Man	9 Final
33:51,21		Peter	Wickins	Guernsey	1991	Åland	13 Final
33:51,74		Francis	Kehoe	Guernsey	1999	Gotland	5 Final
33:52,06		Martin	Malone	Isle of Man	2011	Isle of Wight	10 Final
33:52,10		Tonis	Juulik	Saaremaa	2009	Åland	6 Final
33:54,29		Stanley	Chaisson	Prince Edward Island	2007	Rhodes	3 Final
34:05,44		Timothy	Drew	Falkland Islands	2015	Jersey	9 Final
34:08,47		Timothy	Ross	Orkney	2015	Jersey	10 Final
34:08,49		Louis	Chichon	Gibraltar	1997	Jersey	10 Final
34:09,3	m	O	Fon Williams	Anglesey	1987	Guernsey	3 Final
34:10,17		James	Cunningham	Jersey	2011	Isle of Wight	11 Final
34:20,83		Paul	Cameron	Isle of Wight	2015	Jersey	12 Final
34:21,65		Scott	Edgington	Isle of Wight	2015	Jersey	13 Final
34:24,26		Rene Anda	Nielsen	Greenland	2019	Gibraltar	8 Final
34:24,91		Karl	Simpson	Shetland Islands	2011	Isle of Wight	13 Final
34:28,78		Hugh	Marsden	Falkland Islands	1997	Jersey	12 Final
34:32,11		Kalev	Õisurm	Saaremaa	2011	Isle of Wight	14 Final
34:35,88		Nick	Le Cocq	Jersey	2005	Shetland Islands	5 Final
34:36,25		Ivan	Canet	Menorca	2013	Bermuda	6 Final
34:37,64		Juan	Jose Cerro	Menorca	2007	Rhodes	4 Final
34:41,96		Niels	Jákup Jakobsen	Faroe Islands	1991	Åland	14 Final
34:44,4	m	Peter	Le Couillard	Jersey	1987	Guernsey	4 Final
34:46,52		Carl	Holden	Guernsey	2017	Gotland	10 Final
34:52,34		Jimmy	Parody	Gibraltar	1991	Åland	15 Final
34:54,17		James	Priest	Guernsey	2019	Gibraltar	9 Final
34:55,04		Tomas	Ängshammar	Gotland	2017	Gotland	11 Final
34:55,23		Rune	Jensen	Hitra	2011	Isle of Wight	16 Final
34:55,0	m	Geoff	King	Guernsey	1989	Faroe Islands	8 Final
34:56,80		Duncan	McKellar	Western Isles	2017	Gotland	12 Final
34:57,27		Piitaaraq	Skifte	Greenland	2001	Isle of Man	13 Final
35:03,09		David	Ibbotson	Jersey	2009	Åland	9 Final
35:10,0	m	Michael	Doyle	Sark	2003	Guernsey	8 Final
35:10,4	m	Innar	Sepp	Saaremaa	2003	Guernsey	9 Final
35:16,08		Tsambikos	Papadimitriou	Rhodes	2001	Isle of Man	14 Final
35:16,59		Stig	Brahe Sørensen	Greenland	2007	Rhodes	7 Final

35:21,51	Paul	Holley	Jersey	2007	Rhodes	8 Final
35:23,74	Cecil	Weihe	Faroe Islands	2005	Shetland Islands	6 Final
35:28,79	Victor	Sabater	Menorca	2013	Bermuda	7 Final
35:28,97	William	Macrury	Western Isles	2015	Jersey	15 Final
35:33,92	Leon	Gordon	Gibraltar	2019	Gibraltar	10 Final
35:39,35	Silvano	Gabrielli	Isle of Wight	1991	Åland	16 Final
35:41,41	Ed	Gumbley	Isle of Man	2009	Åland	10 Final
35:44,32	Paul	Cooke	Isle of Wight	2019	Gibraltar	11 Final
35:45,3 m	Danny	Finn	Jersey	1987	Guernsey	6 Final
35:48,20	Niels	Berthelsen	Greenland	2017	Gotland	13 Final
35:51,02	Paul	Wathan	Ynys Môn	2011	Isle of Wight	17 Final
36:00,3 m	Pítánuak'	Tittussen	Greenland	1989	Faroe Islands	9 Final
36:01,88	Andrew	Murfin	Jersey	2011	Isle of Wight	18 Final
36:05,30	Elvis	Høegh-Olsen	Greenland	1995	Gibraltar	9 Final
36:12,84	Timothy	Ross	Falkland Islands	2019	Gibraltar	13 Final
36:28,37	John	Cunningham	Jersey	1999	Gotland	9 Final
36:29,50	Maurice	Turnock	Gibraltar	2017	Gotland	14 Final
36:29,68	David	Huband	Ynys Môn	1997	Jersey	14 Final
36:46,16	Geoff	Watkins	Isle of Wight	1993	Isle of Wight	11 Final
36:55,6 m	Per-Ole	Holmnäs	Åland	1987	Guernsey	7 Final
36:56,54	Martin	Collins	Falkland Islands	2011	Isle of Wight	19 Final
37:08,36	John	Griffith	Ynys Môn	1997	Jersey	15 Final
37:10,71	Gary	Nicol	Shetland Islands	2005	Shetland Islands	9 Final
37:15,56	Iain	Townsend	Western Isles	2011	Isle of Wight	20 Final
37:33,09	Tony	Burnett	Falkland Islands	1999	Gotland	11 Final
37:33,1 m	Hjalti	Gunnarstein	Faroe Islands	1987	Guernsey	8 Final
37:41,2 m	Mark	Hydes	Cayman Islands	2003	Guernsey	12 Final
37:51,90	Kenneth	Stensen	Hitra	2007	Rhodes	15 Final
37:59,4 m	Adrian	Askew	Orkney	1987	Guernsey	9 Final
38:07,33	Jose	De oliveira	Jersey	2001	Isle of Man	17 Final
38:18,4 m	Michael	Reid	Orkney	1987	Guernsey	10 Final
38:25,22	David	Fyfe	Falkland Islands	1999	Gotland	12 Final
38:51,84	Vasilios	Patsis	Rhodes	2007	Rhodes	18 Final
38:59,0 m	Peter	Watson	Isle of Wight	2003	Guernsey	14 Final
39:14,4 m	William	Arthur	Shetland Islands	1987	Guernsey	11 Final
40:16,85	Steven	Walker	Gibraltar	2019	Gibraltar	15 Final
40:36,70	Stephen	Livett	Ynys Môn	2005	Shetland Islands	10 Final
42:11,84	Rex	Eagle	Falkland islands	2017	Gotland	15 Final
42:27,16	Patrick	Garner	Gibraltar	2015	Jersey	16 Final

3000 m steeplechase

8:57,46	Mikael	Nordblom	Åland	1993	Isle of Wight	1 Final
9:10,78	Lars	Nordahl	Gotland	1993	Isle of Wight	2 Final
9:17,67	Thomas	Wade	Isle of Wight	2011	Isle of Wight	1 Final
9:20,01	Albert	Joensen	Faroe Islands	1993	Isle of Wight	3 Final
9:24,44	Lee	Garland	Guernsey	2005	Shetland Islands	1 Final
9:26,61	Nigel	Gemmell	Isle of Wight	1993	Isle of Wight	4 Final
9:27,36	Håkan	Andersson	Gotland	1993	Isle of Wight	5 Final
9:27,42	Richard	Large	Isle of Wight	1991	Åland	2 Final
9:28,05	Daniel	Eckersley	Isle of Wight	2017	Gotland	1 Final
9:29,36	Andy	Fox	Isle of Man	1991	Åland	3 Final
9:30,39	John	Halligan	Isle of Man	2007	Rhodes	1 Final
9:32,87	Ray	Cox	Isle of Man	1991	Åland	4 Final
9:33,93	Lars-Olov	Helms	Gotland	1997	Jersey	1 Final
9:34,01	James	Amy	Jersey	1997	Jersey	2 Final
9:35,09	Regin	Reinert	Faroe Islands	1993	Isle of Wight	6 Final
9:35,69	Carlos	Truyol Allés	Menorca	2007	Rhodes	2 Final
9:36,40	Peter	Skalberg	Gotland	1999	Gotland	1 Final
9:38,54	Steve	Dawes	Guernsey	2005	Shetland Islands	3 Final
9:43,12	Joseph	Wade	Isle of Wight	2007	Rhodes	4 Final
9:43,14	Lars-Erik	Åkerblom	Åland	1993	Isle of Wight	10 Final
9:43,35	Max	Costley	Isle of Man	2019	Gibraltar	2 Final
9:43,53	Ed	Mason	Guernsey	2017	Gotland	2 Final
9:43,62	Daniel	Hejdström	Gotland	2005	Shetland Islands	4 Final
9:43,86	Paul	McGrath	Jersey	1991	Åland	5 Final
9:44,01	Daniel John	Romeril	Jersey	2015	Jersey	1 Final
9:47,07	Darren	Gray	Isle of Man	2009	Åland	3 Final
9:50,37	Sebastion	Henriksson	Åland	1995	Gibraltar	4 Final

9:50,65	Geoff	King	Guernsey	1991	Åland	6 Final
9:51,64	Alan	Corlett	Isle of Man	2015	Jersey	3 Final
9:52,38	Guttorm	Sørensen	Faroe Islands	1997	Jersey	4 Final
9:57,66	William	Newnham	Isle of Wight	2009	Åland	4 Final
9:59,47	Hallur	Holm	Faroe Islands	2001	Isle of Man	4 Final
10:03,25	Leigh	Kinroy	Ynys Môn	1995	Gibraltar	5 Final
10:05,89	Fred	Grönwall	Gotland	2015	Jersey	6 Final
10:08,69	Stamatis	Papanikolas	Rhodes	2001	Isle of Man	5 Final
10:09,27	Craig	Shearer	Orkney	1997	Jersey	5 Final
10:10,34	Bernie	Cannan	Isle of Man	1999	Gotland	5 Final
10:10,88	Ryan	Wilson	Bermuda	2015	Jersey	7 Final
10:13,60	Andres	Pulido	Menorca	2011	Isle of Wight	4 Final
10:14,10	Sam	Vang	Faroe Islands	2005	Shetland Islands	6 Final
10:14,32	Tarmo	Mandla	Saaremaa	2001	Isle of Man	6 Final
10:14,68	Richard	Howard	Jersey	1997	Jersey	6 Final
10:16,40	Sam	Metcalf	Isle of Wight	2015	Jersey	8 Final
10:18,72	Ben	Wells	Isle of Wight	2001	Isle of Man	7 Final
10:20,45	Innar	Sepp	Saaremaa	2001	Isle of Man	8 Final
10:20,73	Björn-Erik	Franzen	Gotland	1995	Gibraltar	6 Final
10:22,79	Ludvig	Sethsen	Greenland	1991	Åland	7 Final
10:26,20	Ben	Wilen	Guernsey	2011	Isle of Wight	5 Final
10:26,42	Martin	Møller	Greenland	2003	Guernsey	6 Final
10:34,80	Daniel	Galpin	Guernsey	2019	Gibraltar	4 Final
10:34,95	Christopher	Walker	Gibraltar	2001	Isle of Man	9 Final
10:36,20	Paul	Cameron	Isle of Wight	2003	Guernsey	7 Final
10:45,63	Daniel Edward	Robinson	Jersey	2013	Bermuda	2 Final
10:47,43	Marc	Rochelt	Menorca	2011	Isle of Wight	6 Final
10:48,67	Toby	Edwards	Jersey	2009	Åland	5 Final
10:50,37	Hugh	Marsden	Falkland Islands	1999	Gotland	8 Final
10:50,78	David	Lemon	Ynys Môn	2015	Jersey	9 Final
10:52,38	David	Owens	Ynys Môn	2001	Isle of Man	10 Final
10:53,52	Andreas	Grönström	Gotland	2009	Åland	6 Final
10:55,12	Alan	Chivers	Guernsey	1991	Åland	8 Final
10:56,36	Jan	Elmar Sørensen	Faroe Islands	2017	Gotland	7 Final
10:56,80	Cai	Roberts	Ynys Môn	2019	Gibraltar	5 Final
10:59,05	Marcus	Svensson	Åland	2009	Åland	7 Final
10:59,15	Henrik	Reintz	Gotland	2017	Gotland	8 Final
11:05,42	Peter	Stemp	Shetland Islands	1995	Gibraltar	7 Final
11:17,77	Andrew	Jackson	Ynys Môn	2001	Isle of Man	11 Final
11:18,89	Raigo	Saar	Saaremaa	2019	Gibraltar	6 Final
11:32,37	Sølvi	Reinert Hansen	Faroe Islands	1999	Gotland	10 Final
11:40,09	Jayson	Lee	Jersey	2001	Isle of Man	12 Final
11:44,95	Richard	Schmith	Isle of Wight	1991	Åland	9 Final
12:12,29	Junio	Hurlston	Cayman Islands	2003	Guernsey	9 Final

Half Marathon

1:06,34	Janne	Holmén	Åland	2009	Åland	1 Final
1:06,45	Lee	Merrien	Guernsey	2017	Gotland	1 Final
1:06,54	Oliver	Lockley	Isle of Man	2019	Gibraltar	1 Final
1:07,16	Chris	Estwanik	Bermuda	2015	Jersey	1 Final
1:07,37	Alan	Corlett	Isle of Man	2019	Gibraltar	2 Final
1:07,54	Richard	Large	Isle of Wight	1991	Åland	1 Final
1:08,33	Robert	Laaksonen	Åland	1991	Åland	2 Final
1:08,41	Kevin	Loundes	Isle of Man	2015	Jersey	3 Final
1:08,48	Mikael	Nordblom	Åland	1987	Guernsey	1 Final
1:08,58	ian	Williamson	Shetland Islands	1997	Jersey	1 Final
1:09,10	Bill	Tweed	Jersey	1991	Åland	3 Final
1:09,18	Fred	Grönwall	Gotland	2019	Gibraltar	3 Final
1:09,24	Göran	Grannas	Åland	1991	Åland	5 Final
1:10,03	Alan	Rowe	Guernsey	2003	Guernsey	1 Final
1:10,14	Graham	Clarke	Isle of Man	1995	Gibraltar	1 Final
1:10,14	Steve	Kelly	Isle of Man	1987	Guernsey	2 Final
1:10,30	Michael	Sanchez	Gibraltar	2003	Guernsey	3 Final
1:10,30	Billy	Jansson	Åland	1987	Guernsey	3 Final
1:10,33	Robert	Callister	Isle of Man	1991	Åland	6 Final
1:10,43	Rob	Douglas	Jersey	1991	Åland	7 Final
1:10,50	Bill	Adams	Shetland Islands	1991	Åland	8 Final
1:10,52	Daniel	Antonsson	Gotland	2019	Gibraltar	4 Final

1:10,58	Arnold	Rogers	Gibraltar	2019	Gibraltar	5 Final
1:11,00	Colin	Moore	Isle of Man	2001	Isle of Man	1 Final
1:11,01	O	Fon Williams	Anglesey	1987	Guernsey	4 Final
1:11,27	Harvey	Dixon	Gibraltar	2019	Gibraltar	6 Final
1:11,30	Marni	Joensen	Faroe Islands	1997	Jersey	4 Final
1:11,31	Martin	Møller	Greenland	2017	Gotland	4 Final
1:11,48	Andreas	Persson	Gotland	2003	Guernsey	4 Final
1:11,5	Andrew	Crowhurst	Jersey	1997	Jersey	3 Final
1:11,52	Paul	Clarke	Isle of Man	1997	Jersey	5 Final
1:11,54	Dave	Newton	Isle of Man	1987	Guernsey	5 Final
1:11,55	Eduardas	Volikas	Åland	2003	Guernsey	5 Final
1:12,01	Dave	Chapman	Isle of Wight	1987	Guernsey	6 Final
1:12,07	Max	Costley	Isle of Man	2019	Gibraltar	7 Final
1:12,12	Joakim	Ronsten	Gotland	1999	Gotland	2 Final
1:12,18	Paul	Ingrouille	Guernsey	1991	Åland	9 Final
1:12,20	Christian	Lundell	Åland	1997	Jersey	7 Final
1:12,22	Sean	Trott	Bermuda	2011	Isle of Wight	3 Final
1:12,24	Mark	Altwell	Gibraltar	1993	Isle of Wight	4 Final
1:12,35	John	Chappory	Gibraltar	1997	Jersey	8 Final
1:12,42	Håkan	Andersson	Gotland	1993	Isle of Wight	6 Final
1:12,43	Gary	Broster	Guernsey	1997	Jersey	9 Final
1:12,50	Mark	Brown	Gibraltar	2003	Guernsey	6 Final
1:12,52	Bernie	Cannan	Isle of Man	1999	Gotland	4 Final
1:12,54	Ray	Cox	Isle of Man	1991	Åland	10 Final
1:12,59	Nick	Despres	Guernsey	2003	Guernsey	7 Final
1:12,59	Tony	Okell	Isle of Man	2001	Isle of Man	3 Final
1:12,58	m Andrew	Horne	Isle of Man	1985	Isle Of Man	3 Final
1:13,02	Guttorm	Sørensen	Faroe Islands	1991	Åland	Final
1:13,05	Peter	Wickins	Guernsey	1991	Åland	11 Final
1:13,05	Terrance	Armstrong	Bermuda	2007	Rhodes	1 Final
1:13,12	Ando	Öitspuu	Saaremaa	2017	Gotland	5 Final
1:13,13	Peter	Smart	Guernsey	1987	Guernsey	8 Final
1:13,15	Gary	IÉnfant	Jersey	1997	Jersey	10 Final
1:13,17	Mairo	Mändla	Saaremaa	2017	Gotland	6 Final
1:13,19	Gethin	Jones	Ynys Môn	2017	Gotland	7 Final
1:13,19	Hallur	Holm	Faroe Islands	1997	Jersey	11 Final
1:13,20	Chris	Giles	Guernsey	1997	Jersey	12 Final
1:13,22	Stefan	Mattsson	Åland	1987	Guernsey	9 Final
1:13,39	Richard	Muscat	Gibraltar	2003	Guernsey	9 Final
1:13,41	Michael	Wilesmith	Guernsey	2015	Jersey	5 Final
1:13,43	Kim	Godtfredsen	Greenland	2007	Rhodes	2 Final
1:13,47	Kelvin	Gomez	Gibraltar	2017	Gotland	8 Final
1:13,50	Kevin	Albinson	Isle of Man	1991	Åland	12 Final
1:13,51	Olof	Thunegard	Gotland	2003	Guernsey	10 Final
1:13,53	Bruno	Francisco	Jersey	2019	Gibraltar	10 Final
1:13,53	Ryan	Poingdestre	Jersey	2019	Gibraltar	10 Final
1:13,54	Andy	Fox	Isle of Man	1997	Jersey	15 Final
1:13,57	Geoff	King	Guernsey	1991	Åland	13 Final
1:13,57	Peter	de Bertrand	Guernsey	1991	Åland	13 Final
1:13,54	m Jamie	Marsh	Guernsey	1985	Isle Of Man	5 Final
1:14,03	Steve	Dawes	Guernsey	2009	Åland	2 Final
1:14,07	Louis	Chichon	Gibraltar	1995	Gibraltar	7 Final
1:14,26	Peter	Le Couillard	Jersey	1991	Åland	14 Final
1:14,31	Hugh	Marsden	Falkland islands	1997	Jersey	17 Final
1:14,37	Albert	Donowa	Bermuda	2007	Rhodes	3 Final
1:14,37	Martti	Kiisa	Saaremaa	2001	Isle of Man	5 Final
1:14,38	Franklin	Høegh-Olsen	Greenland	1993	Isle of Wight	12 Final
1:14,39	Paul	Cameron	Isle of Wight	2009	Åland	3 Final
1:14,41	Ed	Gumbley	Isle of Man	2011	Isle of Wight	6 Final
1:14,41	Andy	Barron	Isle of Man	2017	Gotland	10 Final
1:14,41	Ken	White	Jersey	1987	Guernsey	10 Final
1:14,44	Bobby	Bristow	Shetland Islands	2015	Jersey	6 Final
1:14,50	Timothy	Ross	Orkney	2017	Gotland	11 Final
1:14,55	Juan	Jose Cerro	Menorca	2007	Rhodes	4 Final
1:14,59	Tony	Banks	Jersey	2015	Jersey	7 Final
1:15,00	Daniel John	Romeril	Jersey	2017	Gotland	12 Final
1:15,01	Lars-Erik	Åkerblom	Åland	1993	Isle of Wight	15 Final
1:15,05	Stig	Brahe Sørensen	Greenland	2007	Rhodes	5 Final

1:15,18	Timothy	Drew	Falkland Islands	2015	Jersey	8 Final
1:15,18	David	Emery	Guernsey	2017	Gotland	13 Final
1:15,24	Tonis	Juulik	Saaremaa	2009	Åland	4 Final
1:15,35	Jimmy	Parody	Gibraltar	1991	Åland	15 Final
1:15,36	D	Huws	Ynys Môn	1993	Isle of Wight	17 Final
1:15,4	Damian	Muscat	Gibraltar	1997	Jersey	18 Final
1:15,41	John	Halligan	Isle of Man	2005	Shetland Islands	4 Final
1:15,42	Absalon	Hansen	Faroe Islands	1987	Guernsey	12 Final
1:15,45	Brendan	Rothery	Ynys Môn	2011	Isle of Wight	8 Final
1:15,21 m	Lars	Åke Sjögren	Gotland	1985	Isle Of Man	6 Final
1:15,48	Carl	Holden	Guernsey	2017	Gotland	14 Final
1:15,51	Dave	Walker	Isle of Wight	1993	Isle of Wight	18 Final
1:15,52	Erling	Svankild	Hitra	1987	Guernsey	13 Final
1:15,52	Niels	Jákup Jakobsen	Faroe Islands	1991	Åland	17 Final
1:15,53	Martin	Malone	Isle of Man	2011	Isle of Wight	9 Final
1:15,33 m	Paul Sverre	Skaget	Hitra	1985	Isle Of Man	7 Final
1:15,36 m	Brian	Holden	Guernsey	1985	Isle Of Man	8 Final
1:16,07	Andrew	Gordon	Gibraltar	2019	Gibraltar	12 Final
1:16,11	Dave	Dyke	Guernsey	1993	Isle of Wight	19 Final
1:16,11	Stephen	Allen	Bermuda	2011	Isle of Wight	11 Final
1:16,11	Ludvig	Sethsen	Greenland	1991	Åland	18 Final
1:16,17	Tony	Keely	Cayman Islands	2001	Isle of Man	8 Final
1:16,20	Colin	Stanford	Guernsey	1987	Guernsey	14 Final
1:16,22	Karl	Simpson	Shetland Islands	2005	Shetland Islands	5 Final
1:16,23	Kalev	Õisnurm	Saaremaa	2011	Isle of Wight	12 Final
1:16,23	Leon	Johnson	Shetland Islands	2015	Jersey	10 Final
1:16,27	Francis	Kehoe	Guernsey	1995	Gibraltar	12 Final
1:16,32	Scott	Edgington	Isle of Wight	2015	Jersey	11 Final
1:16,33	Martin	Viney	Jersey	1987	Guernsey	15 Final
1:16,43	William	Macrury	Western Isles	2015	Jersey	13 Final
1:16,47	Chris	Quine	Isle of Man	2001	Isle of Man	9 Final
1:16,49	Mick	Hannay	Isle of Man	1995	Gibraltar	14 Final
1:17,08	Thomas	Fay	Orkney	2013	Bermuda	2 Final
1:17,09	Daniel	Hejdström	Gotland	2009	Åland	7 Final
1:17,14	Daron	Perkins	Isle of Wight	1993	Isle of Wight	20 Final
1:17,22	Peter	Amy	Guernsey	2019	Gibraltar	13 Final
1:17,09 m	Laurie	Redfern	Shetland Islands	1985	Isle Of Man	10 Final
1:17,35	Oli	Olsen	Faroe Islands	1991	Åland	19 Final
1:17,36	Luke	Williams	Guernsey	2019	Gibraltar	14 Final
1:17,40	Niels	Berthelsen	Greenland	2017	Gotland	16 Final
1:17,41	Innar	Sepp	Saaremaa	2001	Isle of Man	12 Final
1:17,43	Allan	Gage	Isle of Man	1993	Isle of Wight	24 Final
1:17,47	Hjalti	Gunnarstein	Faroe Islands	1991	Åland	20 Final
1:17,54	Darren	Gray	Isle of Man	2005	Shetland Islands	8 Final
1:17,56	Tomas	Ängshammar	Gotland	2017	Gotland	17 Final
1:17,58	Lee	Garland	Guernsey	2005	Shetland Islands	9 Final
1:17,59	Jon	Mawson	Jersey	1987	Guernsey	16 Final
1:18,01	Steve	Daye	Shetland Islands	2019	Gibraltar	15 Final
1:18,05	Francisco Arnau	Rubio	Menorca	2017	Gotland	18 Final
1:18,08	Christian	Nielsen	Greenland	2019	Gibraltar	16 Final
1:18,11	James	Priest	Guernsey	2019	Gibraltar	17 Final
1:18,13	Tsambikos	Papadimitriou	Rhodes	2003	Guernsey	15 Final
1:18,19	Hans Birger	Abrahamsen	Faroe Islands	1987	Guernsey	17 Final
1:18,21	Daniel	Halksworth	Jersey	2011	Isle of Wight	14 Final
1:18,29	Duncan	McKellar	Western Isles	2017	Gotland	20 Final
1:18,36	Maxi	Pratts	Gibraltar	1987	Guernsey	18 Final
1:18,37	Paul	Cooke	Isle of Wight	2019	Gibraltar	19 Final
1:18,40	Iain	MacCorquodale	Western Isles	2015	Jersey	19 Final
1:18,45	Nick	Le Cocq	Jersey	2005	Shetland Islands	10 Final
1:18,47	Rene Anda	Nielsen	Greenland	2019	Gibraltar	20 Final
1:18,49	Pedro	Pallicer	Menorca	2011	Isle of Wight	16 Final
1:19,11	Klaus	Geisler	Greenland	1997	Jersey	20 Final
1:19,14	Sami	Saku	Åland	2017	Gotland	21 Final
1:19,14	Alan	Chivers	Guernsey	1993	Isle of Wight	26 Final
1:19,18	Pfitánguak'	Tittussen	Greenland	1991	Åland	23 Final
1:19,42	John	Cunningham	Jersey	1999	Gotland	16 Final
1:19,50	Christopher	Walker	Gibraltar	1999	Gotland	17 Final
1:19,56	Nicholas	Gorrod	Jersey	1999	Gotland	18 Final

1:19,59	Dave	Holmes	Guernsey	2007	Rhodes	12	Final
1:20,07	Timothy	Ross	Falkland Islands	2019	Gibraltar	21	Final
1:20,15	Christopher	Harris	Bermuda	2013	Bermuda	5	Final
1:20,16	Sam	Vang	Faroe Islands	2005	Shetland Islands	12	Final
1:20,17	David	Huband	Ynys Môn	1997	Jersey	22	Final
1:20,35	Ronan	Shally	Guernsey	2009	Åland	13	Final
1:20,35	Cecil	Weihe	Faroe Islands	2005	Shetland Islands	13	Final
1:20,44	Marcus	O'Toole	Gibraltar	2015	Jersey	21	Final
1:20,48	Piitaaraq	Skifte	Greenland	2001	Isle of Man	16	Final
1:20,48	Gary	Nicol	Shetland Islands	2005	Shetland Islands	14	Final
1:20,52	Michael	Reid	Orkney	1987	Guernsey	19	Final
1:20,53	Michael	Doyle	Sark	2001	Isle of Man	17	Final
1:20,59	Mark	Griffiths	Jersey	2003	Guernsey	19	Final
1:21,02	Andrew	Smith	Jersey	2001	Isle of Man	18	Final
1:21,05	Ross	Munro	Western Isles	2005	Shetland Islands	15	Final
1:21,06	Phil	Morris	Jersey	2003	Guernsey	20	Final
1:21,39	Michael	Clasen	Greenland	2017	Gotland	22	Final
1:21,41	Jon	Coote	Jersey	2003	Guernsey	21	Final
1:21,47	Russell	Gair	Shetland Islands	2011	Isle of Wight	18	Final
1:21,54	Kenneth	Stensen	Hitra	2007	Rhodes	15	Final
1:21,59	David	Lemon	Ynys Môn	2015	Jersey	22	Final
1:22,01	Jose	De oliveira	Jersey	2001	Isle of Man	20	Final
1:22,06	Murdo	Mackenzie	Western Isles	2017	Gotland	23	Final
1:22,07	Derek	Hernandez	Gibraltar	1993	Isle of Wight	28	Final
1:22,12	Maurice	Turnock	Gibraltar	2017	Gotland	24	Final
1:22,13	Kristian	Rowden	Isle of Wight	2011	Isle of Wight	19	Final
1:22,17	Nils Jacob	Athammer Kjølso	Hitra	2015	Jersey	23	Final
1:22,19	Warren	Vassallo	Gibraltar	2001	Isle of Man	21	Final
1:22,32	Matthew	Cox	Shetland Islands	2017	Gotland	25	Final
1:22,38	Paul	Rumsey	Isle of Wight	2003	Guernsey	23	Final
1:22,55	Ivan	Canet	Menorca	2013	Bermuda	6	Final
1:22,55	Henrik	Reintz	Gotland	2015	Jersey	24	Final
1:23,08	Andrew	King	Western Isles	2013	Bermuda	8	Final
1:23,18	John	Griffith	Ynys Môn	1997	Jersey	23	Final
1:23,22	Douglas	Flett	Western Isles	2005	Shetland Islands	18	Final
1:23,26	Ryan	Wilson	Bermuda	2015	Jersey	25	Final
1:23,39	Regin	Reinert	Faroe Islands	1987	Guernsey	20	Final
1:23,46	Elvis	Høegh-Olsen	Greenland	1995	Gibraltar	18	Final
1:23,50	Andrew	Nodroum	Shetland Islands	1997	Jersey	24	Final
1:23,53	Adrian	Askew	Orkney	1987	Guernsey	21	Final
1:23,54	John	Macaskill	Western Isles	2015	Jersey	26	Final
1:23,58	Kristian	Kreutzmann	Greenland	1999	Gotland	20	Final
1:24,18	Sølvi	Reinert Hansen	Faroe Islands	1999	Gotland	21	Final
1:24,19	Rune	Jensen	Hitra	2011	Isle of Wight	20	Final
1:24,26	Ricky	Sousa Sr.	Bermuda	2007	Rhodes	19	Final
1:24,39	Ragnar	Erlandsson	Åland	1995	Gibraltar	19	Final
1:24,39	Björn-Erik	Franzen	Gotland	1995	Gibraltar	19	Final
1:24,46	Tristan	Robilliard	Guernsey	2013	Bermuda	10	Final
1:24,54	Andrew	Murfin	Jersey	2009	Åland	17	Final
1:24,54	Steinar	Eriksen	Hitra	1987	Guernsey	23	Final
1:25,02	Peter	Watson	Isle of Wight	2003	Guernsey	24	Final
1:25,12	Henek	Tomson	Saaremaa	2015	Jersey	27	Final
1:25,15	Robert	Hughes	Ynys Môn	2015	Jersey	28	Final
1:25,24	Simon	McMorran	Isle of Wight	2011	Isle of Wight	22	Final
1:25,27	Matthew	Aston	Falkland islands	2017	Gotland	26	Final
1:25,31	Paul	Holley	Jersey	2007	Rhodes	21	Final
1:25,59	Ben	Wilén	Guernsey	2013	Bermuda	11	Final
1:25,6	Crispin	Fisher	Falkland Islands	1997	Jersey	25	Final
1:26,18	Tony	Burnett	Falkland Islands	1999	Gotland	22	Final
1:26,31	Martin	Collins	Falkland Islands	2011	Isle of Wight	23	Final
1:26,34	Laurence	Sutherland	Shetland Islands	1993	Isle of Wight	30	Final
1:26,25	m Peter	Petersen	Faroe Islands	1985	Isle Of Man	12	Final
1:27,16	Raigo	Saar	Saaremaa	2019	Gibraltar	24	Final
1:27,19	Paul	Kerr	Orkney	2013	Bermuda	13	Final
1:27,21	Jack	Grundy	Isle of Wight	2011	Isle of Wight	24	Final
1:27,48	Shane	Connelly	Anglesey	1987	Guernsey	24	Final
1:28,00	Göran	Sundblom	Åland	2009	Åland	19	Final
1:28,02	Andrew	Joyce	Western Isles	2007	Rhodes	24	Final

1:28,19	Mark	Hydes	Cayman Islands	2003	Guernsey	25	Final
1:28,20	Ian	Williams	Ynys Môn	1997	Jersey	27	Final
1:28,21	George	Shoulder	Isle of Wight	2015	Jersey	30	Final
1:28,40	Peter	Fenwick	Shetland Islands	2013	Bermuda	15	Final
1:28,51	Robert	Matto	Gibraltar	1987	Guernsey	25	Final
1:28,52	Nikolaos	Tsangarakis	Rhodes	2009	Åland	20	Final
1:29,23	Alasdair	Murray	Western Isles	2011	Isle of Wight	25	Final
1:29,25	Kenneth	Morrison	Western Isles	2005	Shetland Islands	20	Final
1:29,32	Paul	Wathan	Ynys Môn	2011	Isle of Wight	26	Final
1:29,48	Nick	Strong	Bermuda	2013	Bermuda	16	Final
1:30,25	Rune	Lossius	Hitra	2015	Jersey	31	Final
1:30,32	Geoff	Watkins	Isle of Wight	1987	Guernsey	26	Final
1:30,40	David	Fyfe	Falkland Islands	1999	Gotland	23	Final
1:30,17	m Nigel	Reid	Orkney	1985	Isle Of Man	13	Final
1:31,46	David	Owens	Ynys Môn	1993	Isle of Wight	31	Final
1:32,01	Andreas	Grönström	Gotland	2011	Isle of Wight	27	Final
1:32,13	Andrew	Rendall	Orkney	2017	Gotland	27	Final
1:32,28	Rex	Eagle	Falkland Islands	2011	Isle of Wight	28	Final
1:32,38	Nikolaos	Verikakis	Rhodes	2007	Rhodes	25	Final
1:32,44	Victor	Sabater	Menorca	2013	Bermuda	17	Final
1:32,58	Stephen	Livett	Ynys Môn	2005	Shetland Islands	21	Final
1:33,51	Brenton	Lee	Jersey	2009	Åland	22	Final
1:35,53	Michael	Robins	Jersey	1995	Gibraltar	22	Final
1:36,11	Peter	Cox	Sark	1987	Guernsey	27	Final
1:36,25	Jonas	Svensson	Gotland	2007	Rhodes	27	Final
1:36,28	Mikael	Wassæther Jesse	Hitra	2013	Bermuda	21	Final
1:36,56	Chris	Gorbutt	Isle of Wight	1991	Åland	24	Final
1:37,22	Thomas	Williams	Ynys Môn	2011	Isle of Wight	29	Final
1:38,02	Colin	Scarse	Alderney	1987	Guernsey	28	Final
1:38,18	Bob	Cooper	Isle of Wight	1991	Åland	25	Final
1:38,33	Jørgen	Henriksen	Greenland	2003	Guernsey	27	Final
1:38,36	Martin	Richardson	Alderney	1987	Guernsey	29	Final
1:39,41	Bonar	Barclay	Shetland Islands	2013	Bermuda	22	Final
1:41,32	Jack	Bingham	Alderney	2011	Isle of Wight	30	Final
1:42,06	Zoran	Zuvcic	Falkland Islands	2011	Isle of Wight	31	Final
1:43,17	Giorgios	Mangafas	Rhodes	2007	Rhodes	30	Final
1:44,59	Göran	Löfroth	Åland	1995	Gibraltar	23	Final

Marathon

2:35,55	m	Absalon	Hansen	Faroe Islands	1989	Faroe Islands	1	Final
2:37,25	m	Stefan	Mattsson	Åland	1989	Faroe Islands	2	Final
2:38,39	m	Kim	Godtfredsen	Greenland	1989	Faroe Islands	3	Final
2:49,06	m	Robert	Callister	Isle of Man	1989	Faroe Islands	4	Final
2:49,10	m	Ray	Kelly	Isle of Man	1989	Faroe Islands	5	Final
2:50,06	m	Graham	Le Page	Guernsey	1989	Faroe Islands	6	Final
2:57,55	m	Ludvig	Sethsen	Greenland	1989	Faroe Islands	7	Final
3:02,28	m	Pítánguak'	Tittussen	Greenland	1989	Faroe Islands	8	Final
3:02,51	m	Peter	de Bertrand	Guernsey	1989	Faroe Islands	9	Final
3:03,20	m	Oli	Olsen	Faroe Islands	1989	Faroe Islands	10	Final
3:08,09	m	Maxi	Pratts	Gibraltar	1989	Faroe Islands	11	Final
3:25,34	m	Laurie	Redfern	Shetland Islands	1989	Faroe Islands	12	Final
3:27,27	m	Peter	Petersen	Faroe Islands	1989	Faroe Islands	13	Final
3:29,01	m	Harry	Hansen	Toftir	1989	Faroe Islands		Final
3:33,50	m	Hans	Birger Hansen	Torshavn	1989	Faroe Islands		Final

10000 m Walk

45:06,0	m	Steve	Partington	Isle of Man	1985	Isle Of Man	1	Final
47:27,7	m	Allan	Callow	Isle of Man	1985	Isle Of Man	2	Final
47:50,4	m	Steve	Brennan	Isle of Man	1987	Guernsey	1	Final
48:23,3	m	Rob	Elliott	Guernsey	1987	Guernsey	2	Final
50:01,9	m	Mark	Elliott	Guernsey	1987	Guernsey	3	Final
50:44,3	m	Martin	Young	Isle of Man	1987	Guernsey	4	Final
52:07,8	m	Knut	Arne Strømøy	Frøya	1985	Isle Of Man	7	Final
56:03,3	m	Kevin	le Noury	Guernsey	1987	Guernsey	5	Final
59:35,7	m	Nic	Cronshaw	Jersey	1987	Guernsey	6	Final

110 m hurdles

13,62	2,3	w	Ronald	Forbes	Cayman Islands	2015	Jersey	1	Final	
14,65	-1,0		Dale	Garland	Guernsey	2005	Shetland Islands	1	Final	
14,69		w	Tristan	Joynes	Bermuda	2013	Bermuda	1	Final	
14,76		w	Glenn	Etherington	Guernsey	2013	Bermuda	2	Final	
14,96	1,9		Glenn	Etherington	Guernsey	2011	Isle of Wight	1	Final	
15,10		w	Kevin	Furlong	Isle of Man	1995	Gibraltar	1	Final	
15,10	1,4		Erik	Larsson	Gotland	2007	Rhodes	1	Final	
15,13	1,9		Thomas	Riley	Isle of Man	2011	Isle of Wight	2	Final	
15,15	-1,2		Robert	Wärff	Gotland	1999	Gotland	1	Final	
15,17	1,9		Raigo	Saar	Saaremaa	2011	Isle of Wight	3	Final	
15,17	-1,0		Simon	Phelan	Jersey	2005	Shetland Islands	2	Final	
15,21	-2,4	w	Glenn	Lindqvist	Åland	2001	Isle of Man	1	Final	
15,22	-1,2		Kevin	Furlong	Isle of Man	1999	Gotland	2	Final	
15,23	1,9		Peter	Irving	Jersey	2011	Isle of Wight	4	Final	
15,23	2,2	w	Charles	Edsall	Isle of Wight	1993	Isle of Wight	1	Final	
15,25	1,4		Nektarios	Giallourakis	Rhodes	2007	Rhodes	2	Final	
15,29	0,3		Glenn	Lindqvist	Åland	2001	Isle of Man	1	Preliminary	Heat 1
15,34		w	Villu	Sepp	Saaremaa	2003	Guernsey	2	Final	
15,38	0,2		Andres	Aavik	Saaremaa	1991	Åland	1	Preliminary	Heat 1
15,41	-1,2		Villu	Sepp	Saaremaa	1999	Gotland	3	Final	
15,2	m	1,2	Mattias	Sunneborn	Gotland	1989	Faroe Islands	1	Final	
15,46	-0,6		Madis	Kallas	Saaremaa	2001	Isle of Man	2	Preliminary	Heat 2
15,46	1,9		Leo	Rice	Guernsey	2011	Isle of Wight	5	Final	
15,63		w	Rauno	Litmäe	Saaremaa	2017	Gotland	1	Final	
15,4	m	1,2	Patrik	Lehtonen	Åland	1989	Faroe Islands	2	Final	
15,73		w	Neeme	Truumees	Saaremaa	1993	Isle of Wight	3	Preliminary	Heat 1
15,5	m	w	Peter	Brookes	Jersey	1987	Guernsey	1	Final	
15,76	-1,6		Neeme	Truumees	Saaremaa	1991	Åland	2	Final	
15,80		w	Michael	Coker	Jersey	1995	Gibraltar	2	Final	
15,88	-1,8		Michael	Coker	Jersey	1997	Jersey	2	Final	
15,89	-1,0		Benjamin	Kerr	Shetland Islands	2005	Shetland Islands	5	Final	
15,7	m	1,2	Jörgen	Skarphagen	Gotland	1989	Faroe Islands	3	Final	
16,09		w	Nikitas	Skoumbros	Rhodes	2003	Guernsey	4	Final	
16,15	-1,6		Roger	Brehaut	Guernsey	1991	Åland	6	Final	
16,16	-1,8		Ergo	Talu	Saaremaa	1997	Jersey	3	Final	
16,20	-0,6		Kostas	Hatzicristodulu	Rhodes	2001	Isle of Man	3	Preliminary	Heat 2
16,31	-1,2		Scott	Roberts	Jersey	1999	Gotland	5	Final	
16,34		w	Toby	Glass	Guernsey	2019	Gibraltar	2	Final	
16,37	-0,3		Richard	Hulme	Isle of Man	1991	Åland	2	Preliminary	Heat 2
16,52	1,9		Andreas	Henriksson	Åland	2011	Isle of Wight	7	Final	
16,53		w	Gethin	Hughes	Ynys Môn	2017	Gotland	3	Final	
16,54	2,2	w	Philip	Diamond	Guernsey	1993	Isle of Wight	7	Final	
16,67		w	Jacob	Wiklund	Gotland	2017	Gotland	4	Final	
16,82	2,2	w	Barry	Arnold	Isle of Man	1993	Isle of Wight	8	Final	
16,83	-0,3		Johnny	Nordqvist	Åland	1991	Åland	3	Preliminary	Heat 2
16,91	0,6		Peter	Brookes	Jersey	1991	Åland	2	Preliminary	Heat 3
16,7	m	1,2	David	Rowson	Guernsey	1989	Faroe Islands	6	Final	
17,01	0,3		Gustav	Melén	Gotland	2001	Isle of Man	4	Preliminary	Heat 1
17,01	2,3	w	Jason	Fox	Jersey	2015	Jersey	4	Final	
17,20		w	David	Parry	Ynys Môn	1995	Gibraltar	3	Final	
17,0	m	w	Chris	Davidson	Isle of Wight	1987	Guernsey	3	Final	
17,38	0,6		Adam	Higgins	Isle of Wight	1991	Åland	3	Preliminary	Heat 3
17,3	m	w	Gordon	Bowes	Isle of Man	1985	Isle Of Man	1	Final	
17,60		w	Charles	Button	Isle of Wight	2019	Gibraltar	4	Final	
17,66	-0,6		Stephen	Halsall	Isle of Man	2001	Isle of Man	4	Preliminary	Heat 2
17,69	-1,8		Damian	Clarke	Ynys Môn	1997	Jersey	6	Final	
18,41		w	Darren	Stalford	Ynys Môn	1993	Isle of Wight	5	Preliminary	Heat 2
18,47	-1,2		Christian	Ackrén	Åland	1999	Gotland	6	Final	
18,3	m	w	Marcus	Sandberg	Åland	1987	Guernsey	2	Preliminary	Heat 1
18,60		w	David	Lewin	Isle of Man	1995	Gibraltar	4	Final	
18,5	m	w	William	Curphey	Isle of Man	1987	Guernsey	4	Final	
19,05	-1,8		Luke	Daniels	Jersey	1997	Jersey	7	Final	
19,10	-1,8		Bo	Jacobsson	Gotland	1997	Jersey	8	Final	
19,1	m	w	Chris	Jackson	Guernsey	1987	Guernsey	5	Final	
19,3	m	w	Tim	Herbert	Jersey	1987	Guernsey	6	Final	
19,6	m	w	Niklas	Hellgren	Gotland	1985	Isle Of Man	2	Final	
19,7	m	w	Göran	Jansson	Åland	1985	Isle Of Man	3	Final	
19,7	m	w	Colin	Plato	St. Helena	1987	Guernsey	4	Preliminary	Heat 2

20,06		-0,3	Fraser	Alexander	Jersey	1991	Åland	4 Preliminary	Heat 2
21,41		0,2	Robert	Sapp	Isle of Wight	1991	Åland	5 Preliminary	Heat 1
21,2	m	w	Nigel	Thomson	Orkney	1985	Isle Of Man	4 Final	
21,4	m	w	Rob	Parslow	Isle of Man	1987	Guernsey	5 Preliminary	Heat 2
22,20		w	Andrew	Ball	Isle of Wight	2003	Guernsey	7 Final	

400 m hurdles

50,41			James	Forman	Isle of Wight	2011	Isle of Wight	1 Final	
51,16			Dale	Garland	Guernsey	2011	Isle of Wight	2 Final	
51,99			Junior	Hines	Cayman Islands	2011	Isle of Wight	3 Final	
52,14			Indrek	Tustit	Saaremaa	2003	Guernsey	2 Final	
52,21			Alastair	Chalmers	Guernsey	2017	Gotland	1 Final	
52,58			Sam	Wallbridge	Guernsey	2017	Gotland	2 Final	
52,96			Stanley	Livingston	Jersey	2015	Jersey	1 Final	
53,46			Douglas	Thom	Orkney	1997	Jersey	1 Final	
53,56			Peter	Irving	Jersey	2011	Isle of Wight	1 Preliminary	Heat 1
53,83			Mihalis	Seitis	Rhodes	2009	Åland	3 Final	
53,98			Ronald	Forbes	Cayman Islands	2003	Guernsey	4 Final	
54,26			Michael	Haslett	Isle of Man	2015	Jersey	2 Preliminary	Heat 1
54,29			Mattias	Sunneborn	Gotland	2011	Isle of Wight	4 Final	
54,39			Peter	Curtis	Guernsey	2019	Gibraltar	1 Preliminary	Heat 2
54,49			Kevin	Furlong	Isle of Man	1997	Jersey	2 Final	
54,53			Patrik	Lehtonen	Åland	1991	Åland	1 Final	
54,81			Georgios	Thriskos	Rhodes	1999	Gotland	1 Final	
54,86			Patrik	Stenström	Gotland	1995	Gibraltar	1 Final	
54,97			Jeavhon	Jackson	Cayman Islands	2017	Gotland	3 Final	
55,04			Daniel	Eckersley	Isle of Wight	2011	Isle of Wight	4 Preliminary	Heat 1
55,14			Erik	Talu	Saaremaa	1995	Gibraltar	2 Final	
55,23			Lee	Garland	Guernsey	1999	Gotland	3 Final	
55,28			Michael	Coker	Jersey	1995	Gibraltar	3 Final	
55,63			Leo	Rice	Guernsey	2011	Isle of Wight	4 Preliminary	Heat 2
55,68			David	Anderson	Isle of Man	1991	Åland	2 Final	
55,81			Niklas	Hellgren	Gotland	1993	Isle of Wight	2 Final	
56,08			Jaryd	Robinson	Isle of Wight	2007	Rhodes	3 Final	
55,9	m		Chris	Choleaton	Isle of Wight	1989	Faroe Islands	2 Final	
56,35			Charles	Livingston	Jersey	2019	Gibraltar	4 Final	
56,55			Michael	Batiste	Guernsey	2007	Rhodes	4 Final	
56,70			Raigo	Saar	Saaremaa	2009	Åland	3 Preliminary	Heat 1
56,89			Alan	Harrison	Jersey	1991	Åland	3 Preliminary	Heat 2
57,33			David	Munro	Isle of Man	2007	Rhodes	3 Preliminary	Heat 2
57,86			Jonathan	Squirrell	Isle of Wight	1997	Jersey	5 Final	
58,20			Simon	Phelan	Jersey	2005	Shetland Islands	3 Final	
58,22			John	Guegan	Jersey	1993	Isle of Wight	5 Final	
58,38			Christian	Ackrén	Åland	1997	Jersey	6 Final	
58,52			Marc	Morley	Isle of Man	1995	Gibraltar	6 Final	
58,76			David	Rowson	Guernsey	1991	Åland	4 Preliminary	Heat 2
58,83			Maxwell	Hyman	Cayman Islands	2009	Åland	3 Preliminary	Heat 2
58,85			Guto	Tegid	Ynys Môn	2019	Gibraltar	4 Preliminary	Heat 2
58,93			Euron	Roberts	Ynys Môn	2003	Guernsey	5 Final	
59,13			Damian	Clarke	Ynys Môn	1997	Jersey	5 Preliminary	Heat 2
59,51			Rheon	Jones	Ynys Môn	2015	Jersey	4 Preliminary	Heat 2
59,73			Kevin	Wynne-Smythe	Isle of Man	1993	Isle of Wight	3 Preliminary	Heat 1
59,91			Simon	Jones	Guernsey	1991	Åland	4 Preliminary	Heat 1
59,99			Johan	Smutterberg	Gotland	1999	Gotland	6 Final	
60,00			Calum	Forrest	Jersey	2009	Åland	4 Preliminary	Heat 2
60,0	m		Nic	Cronshaw	Jersey	1987	Guernsey	3 Final	
60,28			Lucas	Mattsson	Åland	2017	Gotland	6 Final	
60,4	m		Chris	Quine	Isle of Man	1987	Guernsey	4 Final	
60,90			Daniel	Stewart-Clague	Isle of Man	2019	Gibraltar	5 Preliminary	Heat 1
61,07			Victor	Truyol Alles	Menorca	2007	Rhodes	4 Preliminary	Heat 2
61,10			Victor	Truyol Allés	Menorca	2009	Åland	5 Preliminary	Heat 1
61,29			Benjamin	Holdsworth	Isle of Wight	2019	Gibraltar	6 Preliminary	Heat 2
61,44			Stephen	Halsall	Isle of Man	2001	Isle of Man	5 Final	
61,50			Raul	Kalm	Saaremaa	1999	Gotland	4 Preliminary	Heat 1
61,67			Benjamin	Kerr	Shetland Islands	2003	Guernsey	6 Final	
61,8	m		Andy	Fox	Isle of Man	1987	Guernsey	5 Final	
62,32			Mats	Holmberg	Åland	2017	Gotland	4 Preliminary	Heat 1
62,37			Jacob	Shatohin	Gotland	2011	Isle of Wight	6 Preliminary	Heat 2

62,2	m	Chris	Davidson	Isle of Wight	1987	Guernsey	6 Final	
62,57		Charles	Edsall	Isle of Wight	1991	Åland	5 Preliminary	Heat 1
62,65		Mercouris	Modiadis	Rhodes	1999	Gotland	5 Preliminary	Heat 1
62,69		Chris	Cotterill	Orkney	1993	Isle of Wight	6 Preliminary	Heat 2
63,2	m	Chris	Mahy	Guernsey	1987	Guernsey	7 Final	
63,74		Chris	Whitlow	Isle of Man	2003	Guernsey	3 Preliminary	Heat 1
65,64		Sotirios	Kipriotis	Rhodes	2007	Rhodes	5 Preliminary	Heat 2
66,07		Gustav	Hansson	Gotland	2007	Rhodes	5 Preliminary	Heat 1
67,77		Peter	Choy	Isle of Wight	1991	Åland	5 Preliminary	Heat 2
68,10		Adrian	Edsall	Isle of Wight	1995	Gibraltar	5 Preliminary	Heat 2
70,21		Andrew	Jackson	Ynys Môn	1997	Jersey	6 Preliminary	Heat 2
77,10		Johan	Ansén	Gotland	2017	Gotland	4 Preliminary	Heat 2

Long Jump

773		w	Mattias	Sunneborn	Gotland	1993	Isle of Wight	1 Final	
762	0,1		Carl	Morgan	Cayman Islands	2011	Isle of Wight	1 Final	
757		w	Patrik	Stenström	Gotland	1995	Gibraltar	1 Final	
748		w	Savvas	Diakonikolas	Rhodes	2007	Rhodes	1 Final	
745	0,6		Carlos	Morgan	Cayman Islands	2013	Bermuda	2 Final	
744	4,2	w	Dale	Garland	Guernsey	2005	Shetland Islands	1 Final	
742		w	Erik	Larsson	Gotland	2007	Rhodes	2 Final	
733		w	Stephon	Johnson	Cayman Islands	2007	Rhodes	3 Final	
733	0,3		Bruce	DeGrilla	Bermuda	2013	Bermuda	3 Final	
728		w	Urmas	Treiel	Saaremaa	1993	Isle of Wight	2 Final	
727		w	Nektarios	Giallourakis	Rhodes	1999	Gotland	1 Final	
726	1,7		Daniel	Örevik	Gotland	2017	Gotland	2 Final	
724	1,7		Dale	Garland	Guernsey	2011	Isle of Wight	2 Final	
723	0,8		Ross	Jeffer	Jersey	2019	Gibraltar	1 Final	
720	1,5		James	Grocock	Isle of Wight	2011	Isle of Wight	3 Final	
713		w	Andrus	Ruttu	Saaremaa	1995	Gibraltar	2 Final	
711		w	Matt	Barton	Isle of Wight	2007	Rhodes	4 Final	
706		w	Ási	Mikkelsen	Faroe Islands	1997	Jersey	1 Final	
705		w	Madis	Kallas	Saaremaa	2009	Åland	1 Final	
704		w	Robin	Cowling	Guernsey	2007	Rhodes	5 Final	
695	1,9		Savvas	Diakonikolas	Rhodes	2015	Jersey	4 Final	
694	0,7		Raido	Raamat	Saaremaa	1991	Åland	1 Final	
693	0,7		Louis	Gordon	Cayman Islands	2019	Gibraltar	3 Final	
692		w	Phil	Riley	Isle of Man	2007	Rhodes	8 Final	
690	1,8		Neeme	Truumees	Saaremaa	1991	Åland	2 Final	
688	0,0		Erik	Larsson	Gotland	2011	Isle of Wight	4 Final	
688	1,6		Sean	Walterson	Shetland Islands	2019	Gibraltar	5 Final	
686		w	Julian	Colley	Isle of Man	1993	Isle of Wight	3 Final	
686		w	Georgios	Kontos	Rhodes	2009	Åland	3 Final	
684	-2,9		Jordan	Kelly	Guernsey	2019	Gibraltar	7 Final	
684		w	Raigo	Saar	Saaremaa	2009	Åland	5 Final	
680	0,5		Patrik	Lehtonen	Åland	1991	Åland	3 Final	
679		w	Ioan	Hughes	Ynys Môn	1997	Jersey	3 Final	
676	1,5		Jörgen	Skarphage	Gotland	1991	Åland	4 Final	
675		w	Adam	Page	Guernsey	2003	Guernsey	3 Final	
674	3,5	w	Samuel	Stenhouse	Jersey	2015	Jersey	5 Final	
673		w	Stephen	de la Haye	Jersey	2009	Åland	6 Final	
673	1,7		Matt	Barton	Isle of Wight	2011	Isle of Wight	6 Final	
673		w	Villu	Sepp	Saaremaa	1999	Gotland	3 Final	
673		w	Mikk	Tasa	Saaremaa	2007	Rhodes	9 Final	
671		w	Napoleon	Miaris	Rhodes	2001	Isle of Man	6 Final	
670		w	Alar	Kalamees	Saaremaa	1999	Gotland	4 Final	
669		w	Sakchai	Makao	Shetland Islands	1999	Gotland	5 Final	
667		w	Neville	Morgan	Cayman Islands	2003	Guernsey	5 Final	
666	0,4		Joel	Thölix	Åland	2017	Gotland	4 Final	
666		w	Simon	Sebire	Guernsey	2001	Isle of Man	7 Final	
665	1,4		Keoghan	Taylor	Isle of Man	2019	Gibraltar	8 Final	
665		w	Morgan	Unogardt	Gotland	2009	Åland	5 Preliminary	
663		w	Philip	Diamond	Guernsey	1995	Gibraltar	4 Final	
663	0,5		Tony	Nilsson	Gotland	1991	Åland	5 Final	
661	3,9	w	Ioan	Rhys Hughes	Ynys Môn	2005	Shetland Islands	8 Final	
661		w	Leon	Phillips	Isle of Wight	2009	Åland	7 Preliminary	
661		w	Robert	Ibeh	Cayman Islands	1999	Gotland	7 Final	
660		w	Scott	Roberts	Jersey	1997	Jersey	6 Final	

660		w	Scott	Roberts	Jersey	1995	Gibraltar	5	Final	
658		w	Gordon	Crowe	Isle of Man	1995	Gibraltar	6	Final	
655	0,2		Mattias	Sunneborn	Gotland	2017	Gotland	5	Final	
652		w	Junior	Hines	Cayman Islands	2009	Åland	9	Preliminary	
652	2,0		Josh	Hewett	Isle of Man	2015	Jersey	6	Final	
651		w	Sean	O'Brien	Jersey	1987	Guernsey	2	Final	
651	1,9		Chris	Choleaton	Isle of Wight	1989	Faroe Islands	1	Final	
648	1,9		Jörgen	Skarphagen	Gotland	1989	Faroe Islands	2	Final	
648		w	Nicolaus	Daun	Gotland	1999	Gotland	10	Final	
645		w	Chris	Whitlow	Isle of Man	2003	Guernsey	6	Final	
643	0,8		Raigo	Saar	Saaremaa	2011	Isle of Wight	7	Final	
642		w	Ross	Perriam	Isle of Man	1997	Jersey	7	Final	
641	4,1	w	Paul	Dingle	Jersey	2005	Shetland Islands	9	Final	
640		w	Göran	Mattsson	Åland	1985	Isle Of Man	1	Final	
639		w	Christian	Ackrén	Åland	1997	Jersey	8	Final	
638	1,2		Robin	Cowling	Guernsey	2011	Isle of Wight	8	Final	
637		w	Ethan	Philip	Bermuda	2013	Bermuda	4	Final	
637	3,9	w	Simon	Phelan	Jersey	2005	Shetland Islands	11	Final	
636	1,9		Lamar	Reid	Cayman Islands	2017	Gotland	7	Final	
635		w	Gustav	Melén	Gotland	2005	Shetland Islands	12	Final	
635		w	Lluís	Coll Cantallopis	Menorca	2007	Rhodes	10	Final	
634		w	Anthony	Halsall	Isle of Man	1993	Isle of Wight	5	Final	
632		w	Simon	Black	Jersey	1995	Gibraltar	8	Final	
628	1,1		Andreas	Bjarnastein Antof	Faroe Islands	2019	Gibraltar	9	Final	
628		w	Himna	Mclaughlin	Cayman Islands	2001	Isle of Man	9	Final	
627	1,9		Roger	Brehaut	Guernsey	1989	Faroe Islands	3	Final	
625	1,9		Petri	Öhman	Åland	1989	Faroe Islands	5	Final	
625	1,9		Chris	McGrady	Isle of Wight	1989	Faroe Islands	4	Final	
623		w	Athanasios	Tsoukos	Rhodes	2003	Guernsey	8	Final	
623	2,0		Donald	Macmillan	Western Isles	2019	Gibraltar	10	Final	
621		w	Jeff	Rhodes	Gibraltar	1995	Gibraltar	9	Final	
620		w	Gordon	Bowes	Isle of Man	1985	Isle Of Man	2	Final	
619	-1,7		Gordon	Crowe	Isle of Man	1991	Åland	6	Final	
619	1,1		Charlie	Rive	Jersey	2017	Gotland	8	Final	
618	0,3		Connor	Laverty	Ynys Môn	2013	Bermuda	5	Final	
618	2,3	w	Alex	Nordblom	Åland	2011	Isle of Wight	9	Final	
615	2,2	w	Tórir	Mortensen	Faroe Islands	2015	Jersey	7	Final	
615	1,1		Christian	Ackrén	Åland	1999	Gotland	12	Final	
614		w	Paul	Ellis	Ynys Môn	1993	Isle of Wight	7	Final	
614		w	Andrée	Eriksson	Åland	2003	Guernsey	9	Final	
612		w	Jonathan	Guille	Guernsey	2015	Jersey	6	Preliminary	Heat 2
612		w	Stewart	Johnson	Western Isles	2009	Åland	12	Preliminary	
612		w	Benjamin	Kerr	Shetland Islands	2003	Guernsey	10	Final	
611	0,5		Jonathan	Malmberg	Åland	2009	Åland	13	Preliminary	
611		w	S	Hantonne	Guernsey	1987	Guernsey	5	Final	
608	0,4		Zachary	Price	Ynys Môn	2017	Gotland	9	Final	
605		w	Bo	Jacobsson	Gotland	1995	Gibraltar	11	Final	
604	1,1		Tom	Jamieson	Shetland Islands	2015	Jersey	9	Final	
604		w	Sean	Duquemin	Guernsey	1995	Gibraltar	12	Final	
604	0,8		Tom	Tomniska	Åland	1991	Åland	7	Final	
603		w	Joe	Nicolson	Shetland Islands	1997	Jersey	11	Final	
601	0,9		Andreas	Henriksson	Åland	2011	Isle of Wight	10	Final	
598	-0,5		Anthony	Halsall	Isle of Man	1991	Åland	8	Final	
596		w	James	Harrison	Jersey	2001	Isle of Man	12	Final	
595		w	Kevin	Wynne-Smythe	Isle of Man	1997	Jersey	12	Final	
594	1,9		Johnny	Nordqvist	Åland	1989	Faroe Islands		Final	
592		w	John	Scriven	Jersey	2001	Isle of Man	14	Final	
591	0,3		Jógvan	Glerfoss	Faroe Islands	1991	Åland	9	Final	
590	0,9		Stuart	Bain	Shetland Islands	2017	Gotland	10	Final	
590	0,7		Angus	Davren	Orkney	2019	Gibraltar	11	Final	
588		w	Tim	Herbert	Jersey	1987	Guernsey	8	Final	
584	4,2	w	Jamie	Wilson	Shetland Islands	2005	Shetland Islands	13	Final	
583		w	Filip	Ekelund	Åland	1997	Jersey	13	Final	
583	-0,2		Sean	O'Brien	Jersey	1991	Åland	10	Final	
582		w	Peter	Stemp	Shetland Islands	1985	Isle Of Man	3	Final	
582	1,1		Gethin Sion	Hughes	Ynys Môn	2015	Jersey	10	Final	
580		w	Jarle	Martin Jektvic	Hitra	1985	Isle Of Man	4	Final	
578		w	Peter	Morrison	Orkney	1995	Gibraltar	13	Final	

577	1,1	Herkki	Leemet	Saaremaa	2011	Isle of Wight	12	Final	
577	-0,3	Nick	Roberts	Isle of Wight	1991	Åland	11	Final	
576	1,9	Mark	Haskins	Guernsey	1989	Faroe Islands	7	Final	
576		w Bob	Kent	Jersey	1997	Jersey	14	Final	
576		w Joe	Gregg	Orkney	2015	Jersey	5	Preliminary	Heat 1
574	0,2	Trygvi	Zachariassen Laks	Faroe Islands	2013	Bermuda	6	Final	
574		w Knut	Midstian	Frøya	1985	Isle Of Man	5	Final	
570	1,9	Cullen	Burns	Orkney	1989	Faroe Islands	8	Final	
566		w Ross	Edgerton	Isle of Wight	1997	Jersey	15	Final	
561		w Gethin	Hughes	Ynys Môn	2015	Jersey	7	Preliminary	Heat 2
560	1,9	Richard	Hulme	Isle of Man	1989	Faroe Islands	9	Final	
559		w Martin	Leyland	Shetland Islands	1999	Gotland	14	Final	
554	1,9	Rob	Parslow	Isle of Man	1989	Faroe Islands	10	Final	
552	1,9	Rúni	Jacobsen	Faroe Islands	1989	Faroe Islands	11	Final	
550	1,9	Jonfinn	Thomasson	Faroe Islands	1989	Faroe Islands	13	Final	
545		w Jason	Rowlands-Edward	Ynys Môn	2007	Rhodes	13	Final	
544	1,6	Joe	Gregg	Orkney	2015	Jersey	11	Final	
542		w Edwin	Lane	Ynys Môn	1999	Gotland	15	Final	
542		w Carwyn	Milburn	Ynys Môn	2007	Rhodes	14	Final	
541		w Kevin	Tait	Orkney	1987	Guernsey	10	Final	
532	1,4	Scott	Milne	Orkney	1991	Åland	12	Final	
530		w Daniel	Holmén	Åland	1999	Gotland	16	Final	
526		w Stuart	Gray	Orkney	1985	Isle Of Man	8	Final	
523		w Andrew	Martch	Isle of Wight	1987	Guernsey	14	Final	
522		w Andrew Donald	Jubb	Western Isles	2009	Åland	17	Preliminary	
521		w Daniel	Tucker	Bermuda	2009	Åland	18	Preliminary	
519	1,0	Caelen	Rivett	Shetland Islands	2017	Gotland	12	Final	
514		w Calum	Fraser	Western Isles	2015	Jersey	6	Preliminary	Heat 1
511	1,5	Balfour Steven	Hay	Orkney	2017	Gotland	13	Final	
498		w Eoin	Leask	Shetland Islands	2015	Jersey	7	Preliminary	Heat 1
481		w Shane	Connelly	Anglesey	1987	Guernsey	17	Final	
463	0,9	Christopher	Mcnaught	Ynys Môn	2011	Isle of Wight	13	Final	
459		w Roger	Amorgie	Sark	1987	Guernsey	18	Final	
428	1,9	Roger	Wassather	Hitra	1989	Faroe Islands	14	Final	
252		w Paul	Ross	Orkney	1987	Guernsey	13	Final	

Triple Jump

15,68	0,0	Carl	Morgan	Cayman Islands	2011	Isle of Wight	1	Final	
15,28		w Urmas	Treiel	Saaremaa	1993	Isle of Wight	1	Final	
15,21		w Matt	Barton	Isle of Wight	2007	Rhodes	1	Final	
15,21		w Napoleon	Miaris	Rhodes	2001	Isle of Man	1	Final	
15,11		w Savvas	Diakonikolas	Rhodes	2007	Rhodes	2	Final	
14,75	0,0	Mattias	Sunneborn	Gotland	2011	Isle of Wight	2	Final	
14,74		w Erik	Larsson	Gotland	1999	Gotland	1	Final	
14,69		w Virge	Treiel	Saaremaa	1997	Jersey	1	Final	
14,67	0,0	Matt	Barton	Isle of Wight	2011	Isle of Wight	3	Final	
14,49		w Tórir	Mortensen	Faroe Islands	2017	Gotland	3	Final	
14,49		w Raigo	Saar	Saaremaa	2009	Åland	2	Final	
14,48		w Dale	Garland	Guernsey	2001	Isle of Man	2	Final	
14,47	0,7	Tarmo	Saar	Saaremaa	2011	Isle of Wight	4	Final	
14,42	-1,1	Savvas	Diakonikolas	Rhodes	2015	Jersey	1	Final	
14,39	-1,8	Ross	Jeffs	Jersey	2015	Jersey	2	Final	
14,34		w Øssur	Debes Eriksfoss	Faroe Islands	2013	Bermuda	2	Final	
14,33		w Jay	Welcome	Cayman Islands	2003	Guernsey	1	Final	
14,25		w Villu	Sepp	Saaremaa	1999	Gotland	2	Final	
14,22	2,2	w Daniel	Örevik	Gotland	2019	Gibraltar	3	Final	
14,19		w Filip	Ekelund	Åland	1997	Jersey	2	Final	
14,19	-1,2	Kalle	Laanet	Saaremaa	1991	Åland	1	Final	
14,15		w Sakchai	Makao	Shetland Islands	2001	Isle of Man	4	Final	
14,12		w Adam	Page	Guernsey	1997	Jersey	3	Final	
14,11		w Martin	Goodall	Isle of Wight	1993	Isle of Wight	2	Final	
14,10	0,5	Carlos	Morgan	Cayman Islands	2013	Bermuda	3	Final	
14,08		w Georgios	Kontos	Rhodes	2001	Isle of Man	6	Final	
14,06		w Chas	Smith	Bermuda	2013	Bermuda	4	Final	
13,94		w Jorma	Jääskeläinen	Gotland	1989	Faroe Islands	1	Final	
13,94	0,1	Andreas	Henriksson	Åland	2011	Isle of Wight	5	Final	
13,93	-1,9	Jonathan	Guille	Guernsey	2015	Jersey	4	Final	
13,93	0,0	Øssur	Debes Eiriksfoss	Faroe Islands	2011	Isle of Wight	6	Final	

13,90		w	Patrik	Lehtonen	Åland	1993	Isle of Wight	3 Final
13,89	1,2		Paul	Dingle	Jersey	2005	Shetland Islands	2 Final
13,86		w	Stephen	de la Haye	Jersey	2009	Åland	3 Final
13,84	-1,9		Daniel	Örevik	Gotland	2015	Jersey	5 Final
13,83	0,3		Raigo	Saar	Saaremaa	2011	Isle of Wight	7 Final
13,73		w	Göran	Mattsson	Åland	1985	Isle Of Man	1 Final
13,71	1,3		Phil	Riley	Isle of Man	2005	Shetland Islands	3 Final
13,70		w	Chris	McGrady	Isle of Wight	1989	Faroe Islands	2 Final
13,64	2,4	w	Joel	Thölix	Åland	2017	Gotland	5 Final
13,63		w	Anthony	Halsall	Isle of Man	1993	Isle of Wight	4 Final
13,60	0,0		Andres	Aavik	Saaremaa	1991	Åland	2 Final
13,57		w	Iwan	Parry	Ynys Môn	2017	Gotland	6 Final
13,51		w	Tom	Jamieson	Shetland Islands	2017	Gotland	8 Final
13,49		w	Paul	Ellis	Ynys Môn	1993	Isle of Wight	5 Final
13,47		w	Gordon	Bowes	Isle of Man	1985	Isle Of Man	2 Final
13,43	-1,1		Jorma	Jääskeläinen	Gotland	1991	Åland	3 Final
13,42		w	Ási	Mikkelsen	Faroe Islands	1999	Gotland	6 Final
13,41	-3,7		Iwan	Parry	Ynys Môn	2015	Jersey	6 Final
13,35	1,5		Sakchai	Makao	Shetland Islands	2005	Shetland Islands	4 Final
13,34	0,0		Charlie	Occomore	Isle of Wight	2011	Isle of Wight	8 Final
13,34	1,9		Marcus	Sandberg	Åland	1989	Faroe Islands	3 Final
13,29		w	Morgan	Unogardt	Gotland	2009	Åland	6 Final
13,27	1,1		Napoleon	Miaris	Rhodes	2005	Shetland Islands	5 Final
13,25	-2,8		Tom	Jamieson	Shetland Islands	2015	Jersey	7 Final
13,18		w	Viktor	Jonsson	Gotland	2005	Shetland Islands	6 Final
13,10	-1,7		Tóurur	Mortensen	Faroe Islands	2015	Jersey	8 Final
13,10		w	Andreas	Daun	Gotland	1999	Gotland	7 Final
13,08		w	Nicolaus	Daun	Gotland	2001	Isle of Man	9 Final
13,06		w	Lee	Garland	Guernsey	1993	Isle of Wight	7 Final
13,05		w	Kevin	Wynne-Smythe	Isle of Man	1997	Jersey	5 Final
13,05		w	Julian	Colley	Isle of Man	1987	Guernsey	4 Final
13,03		w	Adam	Heaume	Guernsey	2001	Isle of Man	10 Final
13,02	0,0		Niklas	Hellgren	Gotland	1991	Åland	Final
12,96	0,3		Johan	Burvall	Gotland	2019	Gibraltar	5 Final
12,95		w	Robert	Titterington	Guernsey	2005	Shetland Islands	7 Final
12,95	3,2	w	Jamie	Wilson	Shetland Islands	2005	Shetland Islands	8 Final
12,94		w	Michael	Coker	Jersey	1995	Gibraltar	3 Final
12,91		w	John	Scriven	Jersey	2003	Guernsey	4 Final
12,90		w	Bo	Jacobsson	Gotland	1995	Gibraltar	4 Final
12,86	0,1		Connor	Laverty	Ynys Môn	2011	Isle of Wight	10 Final
12,82		w	Lev	Oun	Saaremaa	1993	Isle of Wight	8 Final
12,82	0,2		Alex	Nordblom	Åland	2011	Isle of Wight	11 Final
12,81	-0,9		Sean	O'Brien	Jersey	1991	Åland	6 Final
12,76		w	Joshua	Hughes Höglund	Gotland	2009	Åland	9 Final
12,69		w	Anand	Patel	Isle of Man	2013	Bermuda	5 Final
12,67		w	Ray	Lister	Isle of Man	1995	Gibraltar	6 Final
12,67		w	Ross	Perriam	Isle of Man	1989	Faroe Islands	5 Final
12,65	-1,0		Anthony	Halsall	Isle of Man	1991	Åland	7 Final
12,64	1,0		Ross	Hanley	Guernsey	2011	Isle of Wight	12 Final
12,63		w	Jarle	Martin Jektvic	Hitra	1985	Isle Of Man	4 Final
12,59		w	Gethin	Hughes	Ynys Môn	2017	Gotland	10 Final
12,54		w	Tim	Herbert	Jersey	1987	Guernsey	6 Final
12,49		w	Donald	Macmillan	Western Isles	2017	Gotland	11 Final
12,45		w	David	Brew	Isle of Man	1987	Guernsey	7 Final
12,40		w	David	Bowles	Jersey	1987	Guernsey	8 Final
12,38		w	Martin	Leyland	Shetland Islands	1997	Jersey	6 Final
12,33		w	Ioan	Rhys Hughes	Ynys Môn	1995	Gibraltar	7 Final
12,31	0,0		Daniel	Stewart-Clague	Isle of Man	2011	Isle of Wight	13 Final
12,31	-0,9		Christian	Ackrén	Åland	1991	Åland	8 Final
12,30	-0,5		Scott	Milne	Orkney	1991	Åland	9 Final
12,30		w	Drewie	Clark	Shetland Islands	1997	Jersey	7 Final
12,22		w	David	Rowson	Guernsey	1989	Faroe Islands	6 Final
12,12		w	Bob	Kent	Jersey	1997	Jersey	8 Final
12,06		w	Nicholas	Vasquez	Gibraltar	1999	Gotland	10 Final
12,01		w	Simon	Black	Jersey	1999	Gotland	11 Final
11,93	-1,8		Gethin Sion	Hughes	Ynys Môn	2015	Jersey	9 Final
11,92		w	Ian	Carter	Jersey	1999	Gotland	12 Final
11,92	0,1		Christopher	Mcnaught	Ynys Môn	2011	Isle of Wight	14 Final

11,91	w	Lee	Williamson	Shetland Islands	2003	Guernsey	8 Final
11,87	w	Andy	Fox	Isle of Man	1989	Faroe Islands	7 Final
11,85	-0,4	Andrew	Tagliavento	Isle of Wight	1991	Åland	10 Final
11,76	w	Simon	Phelan	Jersey	2003	Guernsey	9 Final
11,70	w	Stuart	Gray	Orkney	1985	Isle Of Man	6 Final
11,67	1,9	Cullen	Burns	Orkney	1989	Faroe Islands	8 Final
11,66	w	Jonfinn	Thomasson	Faroe Islands	1989	Faroe Islands	9 Final
11,62	-0,4	Nick	Roberts	Isle of Wight	1991	Åland	11 Final
11,60	w	Sean	Walterson	Shetland Islands	2017	Gotland	12 Final
11,49	-0,4	Ross	Perriam	Isle of Man	1991	Åland	12 Final
11,33	w	Kevin	Tait	Orkney	1987	Guernsey	10 Final
11,33	-0,7	David	Rowson	Guernsey	1991	Åland	13 Final
10,93	w	Paul	Ross	Orkney	1987	Guernsey	11 Final
10,81	w	Mats	Björkgren	Gotland	1995	Gibraltar	10 Final

High Jump

2,13		Martin B	Aram	Isle of Man	2003	Guernsey	1 Final
2,10		Simon	Phelan	Jersey	2011	Isle of Wight	1 Final
2,09		Omar	Wright	Cayman Islands	2007	Rhodes	1 Final
2,07		Patrik	Stenström	Gotland	2001	Isle of Man	2 Final
2,07		Perry	Anglin	Cayman Islands	2009	Åland	1 Final
2,06		Urmas	Treiel	Saaremaa	1997	Jersey	1 Final
2,06		Athanasios	Tsoukos	Rhodes	2007	Rhodes	2 Final
2,05		Jason	Fox	Jersey	2015	Jersey	1 Final
2,02		Philip	Diamond	Guernsey	1991	Åland	1 Final
2,02		Louis	Gordon	Cayman Islands	2019	Gibraltar	1 Final
2,01		Jahnhai	Perinchief	Bermuda	2013	Bermuda	1 Final
2,01		Josh	Hewett	Isle of Man	2017	Gotland	1 Final
2,01		Øssur	Debes Eriksfoss	Faroe Islands	2013	Bermuda	2 Final
2,00		Dan-Erik	Woivalin	Åland	1985	Isle Of Man	1 Final
1,99		James	Margrave	Isle of Man	2019	Gibraltar	3 Final
1,99		Erik	Larsson	Gotland	1999	Gotland	1 Final
1,99		Benjamin	Le Rougetel	Jersey	2019	Gibraltar	2 Final
1,98		Chas	Smith	Bermuda	2013	Bermuda	3 Final
1,98		Iwan	Parry	Ynys Môn	2017	Gotland	2 Final
1,97		James	Kelley	Guernsey	1997	Jersey	3 Final
1,97		Villu	Sepp	Saaremaa	1997	Jersey	2 Final
1,97		Villu	Sepp	Saaremaa	1999	Gotland	2 Final
1,96		Scott	Haworth	Isle of Man	1995	Gibraltar	1 Final
1,95		Madis	Kallas	Saaremaa	2001	Isle of Man	3 Final
1,95		Tarmo	Saar	Saaremaa	2011	Isle of Wight	2 Final
1,95		Øssur	Debes Eiriksfoss	Faroe Islands	2011	Isle of Wight	3 Final
1,95		Gustav	Melén	Gotland	2007	Rhodes	3 Final
1,94		Roger	Brehaut	Guernsey	1991	Åland	2 Final
1,94		Stephen	de la Haye	Jersey	2009	Åland	5 Final
1,93		Andreas	Henriksson	Åland	2017	Gotland	4 Final
1,93		Erik	Talu	Saaremaa	1995	Gibraltar	2 Final
1,91		Robert	Wärff	Gotland	1991	Åland	3 Final
1,91		Marcus	Sandberg	Åland	1991	Åland	4 Final
1,90		Dale	Garland	Guernsey	2001	Isle of Man	6 Final
1,90		Benjamin	Kerr	Shetland Islands	2003	Guernsey	5 Final
1,90		Herkki	Leemet	Saaremaa	2011	Isle of Wight	7 Final
1,90		Keno	Mario-Ghae	Isle of Wight	2011	Isle of Wight	6 Final
1,90		Jacob	Scott	Cayman Islands	2013	Bermuda	4 Final
1,90		Lucas	Rive	Guernsey	2019	Gibraltar	4 Final
1,90		Viktor	Jonsson	Gotland	2005	Shetland Islands	6 Final
1,90		Charles	Button	Isle of Wight	2019	Gibraltar	5 Final
1,90		Herkki	Leemet	Saaremaa	2015	Jersey	3 Final
1,88		Ross	Perriam	Isle of Man	1997	Jersey	5 Final
1,88		Neil	Kelly	Isle of Man	1997	Jersey	7 Final
1,88		Kevin	McGinty	Jersey	1997	Jersey	6 Final
1,88		Andy	Isham	Jersey	1991	Åland	5 Final
1,85		Mart	Õunapuu	Saaremaa	1995	Gibraltar	4 Final
1,85		Barry	Arnold	Isle of Man	1993	Isle of Wight	5 Final
1,85		Andres	Aavik	Saaremaa	1991	Åland	6 Final
1,85		Charles	Edsall	Isle of Wight	1991	Åland	7 Final
1,85		Raido	Kahm	Saaremaa	2007	Rhodes	6 Final
1,85		Martin	Goodall	Isle of Wight	1993	Isle of Wight	3 Final

1,85	Shaun	Cregeen	Isle of Man	2005	Shetland Islands	7 Final
1,85	Daniel	Stewart-Clague	Isle of Man	2019	Gibraltar	7 Final
1,85	Timothy	Morris	Isle of Wight	1995	Gibraltar	4 Final
1,85	Angus	Davren	Orkney	2019	Gibraltar	6 Final
1,80	Johan	Burvall	Gotland	2019	Gibraltar	8 Final
1,80	Ross	Edgerton	Isle of Wight	1997	Jersey	9 Final
1,80	Sean	Walterson	Shetland Islands	2019	Gibraltar	8 Final
1,80	Martine	Campbell	Guernsey	1995	Gibraltar	8 Final
1,80	Adam	Page	Guernsey	2003	Guernsey	8 Final
1,77	Agelos	Volonakis	Rhodes	2009	Åland	9 Final
1,75	Michael	Ashman	Guernsey	1997	Jersey	12 Final
1,75	Sean	de Bourcier	Jersey	1997	Jersey	10 Final
1,75	Sebastian	Diaz Vargas	Åland	2019	Gibraltar	11 Final
1,75	Peter	Brookes	Jersey	1987	Guernsey	1 Final
1,75	David	Rowson	Guernsey	1987	Guernsey	4 Final
1,75	Sam	Wallbridge	Guernsey	2013	Bermuda	5 Final
1,75	Toby	DeBeider	Isle of Wight	1997	Jersey	10 Final
1,75	Evan	Campbell	Jersey	2019	Gibraltar	12 Final
1,75	Knut	Ronningen	Frøya	1985	Isle Of Man	5 Final
1,75	Jonas	Kysinger	Gotland	1985	Isle Of Man	4 Final
1,75	Alf	Oddie	Isle of Man	1985	Isle Of Man	3 Final
1,75	Angelos	Merkourios Volon	Rhodes	2011	Isle of Wight	9 Final
1,75	Ross	Sinclair	Orkney	2019	Gibraltar	10 Final
1,70	Johnny	Nordqvist	Åland	1989	Faroe Islands	6 Final
1,70	Robert	Thomasson	Faroe Islands	1989	Faroe Islands	5 Final
1,70	Eyðfinn	Davidson	Faroe Islands	1989	Faroe Islands	7 Final
1,70	Peter	Morrison	Orkney	1995	Gibraltar	9 Final
1,70	Anders	Boman	Åland	1991	Åland	12 Final
1,70	Ian	Macgruer	Orkney	1985	Isle Of Man	6 Final
1,70	Ronny	Wassaether	Hitra	1999	Gotland	8 Final
1,70	Alex Morgan	Stevenson	Orkney	2015	Jersey	8 Final
1,70	Adam	Higgins	Isle of Wight	1991	Åland	10 Final
1,67	Alex	Nordblom	Åland	2009	Åland	10 Final
1,66	Stuart	Bain	Shetland Islands	2017	Gotland	10 Final
1,66	Joe	Chadwick	Guernsey	2017	Gotland	10 Final
1,65	Gareth	Rowlands	Ynys Môn	1997	Jersey	13 Final
1,65	Daniel	Holmén	Åland	1999	Gotland	9 Final
1,65	Ellis	Jones	Ynys Môn	2019	Gibraltar	14 Final
1,65	Trygvi	Zachariassen Laks	Faroe Islands	2013	Bermuda	6 Final
1,60	Danny	Lindqvist	Åland	1987	Guernsey	6 Final
1,55	Darren	Stalford	Ynys Môn	1993	Isle of Wight	7 Final
1,55	Richard	Hulme	Isle of Man	1989	Faroe Islands	8 Final
1,55	Sean	O'Brien	Jersey	1987	Guernsey	8 Final
1,55	Richard	Hulme	Isle of Man	1987	Guernsey	7 Final

Pole Vault

462	Bo	Jacobsson	Gotland	1999	Gotland	1 Final
450	Fredrik	Lundgren	Gotland	1999	Gotland	2 Final
450	Andres	Aavik	Saaremaa	1991	Åland	1 Final
440	Erik	Larsson	Gotland	2005	Shetland Islands	2 Final
440	Nektarios	Giallourakis	Rhodes	1999	Gotland	3 Final
420	Villu	Sepp	Saaremaa	2003	Guernsey	2 Final
420	Patrik	Lehtonen	Åland	1993	Isle of Wight	2 Final
420	Patrik	Lehtonen	Åland	1991	Åland	2 Final
410	Marcus	Sandberg	Åland	1991	Åland	4 Final
400	Neeme	Truumees	Saaremaa	2003	Guernsey	3 Final
380	Fraser	Alexander	Jersey	1991	Åland	5 Final
380	Mikk	Tasa	Saaremaa	2007	Rhodes	2 Final
370	David	Gustafsson	Gotland	1997	Jersey	4 Final
360	Niklas	Hellgren	Gotland	1991	Åland	6 Final
320	Luke	Daniels	Jersey	1997	Jersey	6 Final
320	Michael	Ashman	Guernsey	1999	Gotland	4 Final
300	Colin	Goodfellow	Jersey	1991	Åland	7 Final
300	Benjamin	Kerr	Shetland Islands	2003	Guernsey	4 Final
300	Martin	Waters	Isle of Wight	1997	Jersey	7 Final
260	Darren	Stalford	Ynys Môn	1993	Isle of Wight	5 Final
220	Robert	Sapp	Isle of Wight	1991	Åland	8 Final
200	Andreas	Grönström	Gotland	2007	Rhodes	4 Final

170	Peter	Choy	Isle of Wight	1991	Åland	9 Final
Shot Put						
18,10	Zane	Duquemin	Jersey	2015	Jersey	1 Final
16,21	Ove	Lehto	Åland	1997	Jersey	1 Final
16,01	Genro	Paas	Saaremaa	2009	Åland	1 Final
15,49	Erik	Larsson	Gotland	2005	Shetland Islands	1 Final
15,15	Jamie	Stevenson	Jersey	2007	Rhodes	2 Final
15,03	Georgios	Stratinakis	Rhodes	2001	Isle of Man	1 Final
14,92	Juri	Kuusk	Saaremaa	2005	Shetland Islands	2 Final
14,86	Robert	Wärff	Gotland	1999	Gotland	2 Final
14,71	Raul	Aru	Saaremaa	1991	Åland	2 Final
14,53	Andy	Frost	Isle of Wight	2005	Shetland Islands	3 Final
14,37	Garry	Newton	Isle of Wight	2011	Isle of Wight	4 Final
14,12	Kalmer	Kask	Saaremaa	1999	Gotland	3 Final
14,08	Anastasios	Gimoukis	Rhodes	2005	Shetland Islands	4 Final
14,04	Glenn	Lindqvist	Åland	2001	Isle of Man	2 Final
14,03	Göran	Eklund	Åland	1993	Isle of Wight	2 Final
14,02	Tony	Satchwell	Jersey	1997	Jersey	2 Final
13,84	John	Mitchell	Isle of Wight	1993	Isle of Wight	3 Final
13,47	Andres	Aavik	Saaremaa	1993	Isle of Wight	5 Final
13,35	Connor	Laverty	Ynys Môn	2013	Bermuda	3 Final
13,34	Shane	Evans	Cayman Islands	2009	Åland	6 Final
13,20	Heri	Ziska	Faroe Islands	1997	Jersey	3 Final
12,98	David	Gustafsson	Gotland	1997	Jersey	4 Final
12,90	Glenn	Townsend	Isle of Man	1995	Gibraltar	4 Final
12,88	Martin B	Aram	Isle of Man	2001	Isle of Man	6 Final
12,85	Madls	Vahter	Saaremaa	1991	Åland	4 Final
12,84	Karl-Johan	Sommarström	Åland	2009	Åland	8 Final
12,69	James	Menhenitt	Guernsey	1993	Isle of Wight	6 Final
12,66	Tom	Tommiska	Åland	1999	Gotland	6 Final
12,65	Heini	Hátún	Faroe Islands	2005	Shetland Islands	5 Final
12,61	David	Felton	Jersey	2007	Rhodes	7 Final
12,58	Patrick	Harris	Ynys Môn	2019	Gibraltar	3 Final
12,38	Aare	Löhmus	Saaremaa	1999	Gotland	7 Final
12,30	Danny	Lindqvist	Åland	1987	Guernsey	2 Final
12,18	Herkki	Leemet	Saaremaa	2019	Gibraltar	4 Final
12,13	Connor	McDonald	Shetland Islands	2017	Gotland	5 Final
12,10	Joel	Thölix	Åland	2017	Gotland	6 Final
11,97	Jon	Ewert	Guernsey	1989	Faroe Islands	1 Final
11,96	Ronny	Wassaether	Hitra	1999	Gotland	9 Final
11,89	Paul	Derrien	Jersey	1997	Jersey	10 Final
11,87	Micael	Sandberg	Åland	1989	Faroe Islands	2 Final
11,73	Paul	Skillan	Isle of Man	2001	Isle of Man	9 Final
11,68	Tony	Nilsson	Gotland	1989	Faroe Islands	3 Final
11,49	Donnie	Macleane	Western Isles	2005	Shetland Islands	7 Final
11,48	Dhanni	Moar	Shetland Islands	2005	Shetland Islands	8 Final
11,35	Patrik	Lehtonen	Åland	1991	Åland	7 Final
11,31	Maurice	Williamson	Shetland Islands	2015	Jersey	6 Final
11,28	Ian	Macgruer	Orkney	1985	Isle Of Man	1 Final
11,26	Alf	Oddie	Isle of Man	1985	Isle Of Man	2 Final
11,21	Richard	Bell	Isle of Man	2017	Gotland	7 Final
11,13	Lee	Corlett	Isle of Man	2011	Isle of Wight	6 Final
11,10	Eddie	Yome	Gibraltar	1995	Gibraltar	7 Final
11,02	Tore	Olofsson	Gotland	1985	Isle Of Man	3 Final
10,82	Marcus	Sandberg	Åland	1989	Faroe Islands	5 Final
10,66	Hallur	Simonsen	Faroe Islands	2015	Jersey	8 Final
10,58	Stuart	Corran	Isle of Man	2005	Shetland Islands	11 Final
10,44	Jeremy	Smyth	Orkney	2001	Isle of Man	12 Final
10,42	Thomas	Thomas	Ynys Môn	1997	Jersey	12 Final
10,42	Steve	Kail	Guernsey	1987	Guernsey	7 Final
10,36	Quinn	Simmons	Bermuda	2013	Bermuda	4 Final
10,31	Ross	Perriam	Isle of Man	1995	Gibraltar	8 Final
10,28	Ingemar	Guttesen	Faroe Islands	1991	Åland	9 Final
10,28	Michael	Callow	Isle of Man	1987	Guernsey	8 Final
10,28	Jon	Degn	Faroe Islands	1989	Faroe Islands	6 Final
10,27	Rob	Parslow	Isle of Man	1989	Faroe Islands	7 Final
10,18	James	Flavell	Isle of Wight	1987	Guernsey	9 Final

10,16	Colln	Goodfellow	Jersey	1991	Åland	10 Final
10,16	Andrew	Robinson	Ynys Môn	1997	Jersey	13 Final
10,07	Kevin	Lajoie	Guernsey	1995	Gibraltar	9 Final
10,04	Kari	Thorsteinsson	Faroe Islands	1989	Faroe Islands	8 Final
10,03	Jaquan	Hatherley	Bermuda	2013	Bermuda	5 Final
9,90	Rasmus	Donner	Åland	2007	Rhodes	8 Final
9,86	Edward	Stone	Isle of Wight	1991	Åland	11 Final
9,80	Kenneth	Simm	Shetland Islands	1999	Gotland	14 Final
9,79	Luke	Daniels	Ynys Môn	1995	Gibraltar	10 Final
9,77	Trevor	Christian	Isle of Man	1997	Jersey	14 Final
9,60	Doug	Littlechild	Jersey	1987	Guernsey	10 Final
9,59	Keith	Shearer	Orkney	2001	Isle of Man	13 Final
9,53	Chris	Hughes	Anglesey	1987	Guernsey	11 Final
9,47	Robert	Cross	Orkney	1989	Faroe Islands	9 Final
9,45	Gustav	Melén	Gotland	2001	Isle of Man	14 Final
9,43	Jonathan	Kerr	Shetland Islands	2001	Isle of Man	15 Final
9,18	Shaun	Lacey	Guernsey	1985	Isle Of Man	4 Final
8,98	Roy	Torres	Gibraltar	2019	Gibraltar	6 Final
8,57	Brydon	Wright	Shetland Islands	2005	Shetland Islands	12 Final
8,50	Perrin	Carey	Guernsey	1991	Åland	14 Final
8,40	Thomas	Laurenson	Shetland Islands	1999	Gotland	15 Final
8,30	Michael	Welsh	Shetland Islands	1985	Isle Of Man	5 Final
8,24	Alasdair	Klyne	Isle of Wight	1989	Faroe Islands	10 Final

Discus

57,23	Zane	Duquemin	Jersey	2015	Jersey	1 Final
49,22	Göran	Eklund	Åland	1993	Isle of Wight	1 Final
48,96	Ove	Lehto	Åland	1997	Jersey	1 Final
48,42	Heri	Ziska	Faroe Islands	1997	Jersey	2 Final
48,07	Erik	Larsson	Gotland	2017	Gotland	1 Final
46,41	Anastasios	Gimoukis	Rhodes	2005	Shetland Islands	1 Final
46,31	Genro	Paas	Saaremaa	2013	Bermuda	1 Final
45,66	Madis	Kallas	Saaremaa	2009	Åland	2 Final
45,59	Kalmer	Kask	Saaremaa	1999	Gotland	2 Final
45,17	Connor	Laverty	Ynys Môn	2017	Gotland	2 Final
44,90	Tom	Tommiska	Åland	1999	Gotland	3 Final
44,89	Hallur	Simonsen	Faroe Islands	2015	Jersey	2 Final
44,79	Glenn	Lindqvist	Åland	2001	Isle of Man	1 Final
44,28	Andres	Aavik	Saaremaa	2001	Isle of Man	2 Final
44,10	Tony	Satchwell	Jersey	1997	Jersey	3 Final
43,40	Michael	Letterlough	Cayman Islands	2007	Rhodes	2 Final
43,36	Garry	Newton	Isle of Wight	2011	Isle of Wight	4 Final
43,33	Raymond	Barnes	Cayman Islands	1999	Gotland	5 Final
43,27	Robert	Wärff	Gotland	1999	Gotland	6 Final
42,49	Herkki	Leemet	Saaremaa	2017	Gotland	4 Final
42,24	Glenn	Townsend	Isle of Man	1995	Gibraltar	3 Final
41,38	David	Gustafsson	Gotland	1993	Isle of Wight	5 Final
41,00	Jamie	Stevenson	Jersey	2007	Rhodes	7 Final
40,94	Raul	Aru	Saaremaa	1991	Åland	2 Final
40,52	Joel	Thölix	Åland	2017	Gotland	5 Final
40,02	Nathan	Thomas	Jersey	2019	Gibraltar	2 Final
39,60	Cameron	Campbell	Jersey	2019	Gibraltar	3 Final
39,36	Karl-Johan	Sommarström	Åland	2011	Isle of Wight	6 Final
39,18	Paul	Derrien	Jersey	2015	Jersey	7 Final
39,14	Keith	Abadon	Isle of Wight	1985	Isle Of Man	1 Final
38,98	Lee	Corlett	Isle of Man	2011	Isle of Wight	7 Final
38,56	James	Menhenitt	Guernsey	1993	Isle of Wight	7 Final
38,03	Koit	Simso	Saaremaa	2019	Gibraltar	5 Final
37,86	Georgios	Stratinakis	Rhodes	2001	Isle of Man	8 Final
37,64	Mart	Õunapuu	Saaremaa	1995	Gibraltar	4 Final
37,55	Patrick	Harris	Ynys Môn	2019	Gibraltar	6 Final
37,32	Shane	Evans	Cayman Islands	2009	Åland	9 Final
37,26	Glyn	Hoosen-Owen	Isle of Man	2003	Guernsey	5 Final
37,26	Mattias	Sunneborn	Gotland	2011	Isle of Wight	8 Final
37,22	Madis	Vahter	Saaremaa	1991	Åland	4 Final
36,39	Richard	Bell	Isle of Man	2017	Gotland	6 Final
35,88	Quinn	Simmons	Bermuda	2013	Bermuda	4 Final
35,85	Chester	Hurlston	Cayman Islands	2001	Isle of Man	9 Final

35,20	Olev	Oun	Saaremaa	1993	Isle of Wight	8 Final
35,00	Gareth	Leather	Isle of Man	1997	Jersey	11 Final
34,86	Michael	Numelin	Åland	1991	Åland	5 Final
34,80	Knut	Ronningen	Frøya	1985	Isle Of Man	2 Final
34,80	Perrin	Carey	Guernsey	1991	Åland	6 Final
34,71	Martin B	Aram	Isle of Man	2001	Isle of Man	10 Final
34,36	Danny	Lindqvist	Åland	1987	Guernsey	2 Final
34,36	Stuart	Corran	Isle of Man	2005	Shetland Islands	7 Final
34,36	Paul	Farley	Isle of Wight	2003	Guernsey	6 Final
34,35	Ioannis	Pezouvanis	Rhodes	1999	Gotland	10 Final
34,34	Tore	Olofsson	Gotland	1989	Faroe Islands	1 Final
34,32	William	Curphey	Isle of Man	1987	Guernsey	3 Final
34,10	John	Mitchell	Isle of Wight	1995	Gibraltar	7 Final
34,00	Alf	Oddie	Isle of Man	1985	Isle Of Man	3 Final
33,92	Robert	Cross	Orkney	1989	Faroe Islands	2 Final
33,58	Georgios	Christofidis	Rhodes	2007	Rhodes	9 Final
33,48	Kevin	Lajoie	Guernsey	1997	Jersey	13 Final
32,61	Paul	Skillan	Isle of Man	2003	Guernsey	7 Final
32,54	Nathan	Jones	Isle of Wight	1997	Jersey	14 Final
32,54	Shaun	Lacey	Guernsey	1985	Isle Of Man	4 Final
31,80	Andrew	Martch	Isle of Wight	1987	Guernsey	7 Final
31,50	Ian	Macgruer	Orkney	1985	Isle Of Man	5 Final
31,44	Ronny	Wassaether	Hitra	1999	Gotland	13 Final
31,12	Alasdar	Klyne	Isle of Wight	1989	Faroe Islands	3 Final
30,94	Patrik	Lehtonen	Åland	1989	Faroe Islands	4 Final
30,38	Doug	Littlechild	Jersey	1987	Guernsey	9 Final
30,19	Rasmus	Donner	Åland	2003	Guernsey	8 Final
30,06	Ingemar	Guttesen	Faroe Islands	1991	Åland	10 Final
29,86	Michael	Callow	Isle of Man	1987	Guernsey	10 Final
29,68	Luke	Daniels	Ynys Môn	1995	Gibraltar	9 Final
29,64	Thomas	Brierley	Guernsey	2019	Gibraltar	7 Final
29,46	Simon	Burdett	Guernsey	1987	Guernsey	11 Final
29,06	Rob	Parslow	Isle of Man	1991	Åland	11 Final
29,00	Sten-Gunnar	Lindblom	Åland	1985	Isle Of Man	7 Final
28,98	David	Rawlinson	Gibraltar	1995	Gibraltar	10 Final
28,80	Knut	Rønningen	Faroe Islands	1987	Guernsey	12 Final
28,51	Sharry	Stowell	Isle of Man	1999	Gotland	14 Final
28,30	Jeremy	Smyth	Orkney	1995	Gibraltar	11 Final
27,92	Micael	Sandberg	Åland	1989	Faroe Islands	6 Final
27,82	Kari	Thorsteinsson	Faroe Islands	1989	Faroe Islands	7 Final
27,06	Colin	Goodfellow	Jersey	1991	Åland	12 Final
25,74	Kenneth	Simm	Shetland Islands	1999	Gotland	16 Final
25,41	Shaun	Livett	Ynys Môn	2017	Gotland	8 Final
25,08	James	Flavell	Isle of Wight	1987	Guernsey	13 Final
24,31	Connor	McDonald	Shetland Islands	2017	Gotland	9 Final
24,22	Simon	Gifford	Isle of Wight	1991	Åland	13 Final
23,32	Thomas	Laurenson	Shetland Islands	1999	Gotland	17 Final
20,72	Jason	Woodrow	Jersey	1991	Åland	14 Final

Javelin

73,39	Alexander	Pascal	Cayman Islands	2017	Gotland	1 Final
68,80	Sander	Suurhans	Saaremaa	2011	Isle of Wight	1 Final
68,57	Joe	Harris	Isle of Man	2017	Gotland	2 Final
63,94	Jako	Lindrop	Saaremaa	2017	Gotland	4 Final
61,96	Hanus	Bergsson	Faroe Islands	2015	Jersey	4 Final
61,88	Georgios	Troumbas	Rhodes	2009	Åland	2 Final
60,37	Gustav	Melén	Gotland	2003	Guernsey	1 Final
59,21	Madis	Jarvelaine	Saaremaa	2001	Isle of Man	1 Final
59,15	James	Geering	Guernsey	1987	Guernsey	1 Final
58,98	Jeremy	Smyth	Orkney	2001	Isle of Man	2 Final
58,48	Robert	Wärff	Gotland	1991	Åland	1 Final
58,07	Paul	Hurlston	Cayman Islands	2001	Isle of Man	3 Final
57,90	Ben	Lloyd	Isle of Man	2001	Isle of Man	4 Final
57,30	Alf	Oddie	Isle of Man	1985	Isle Of Man	1 Final
57,2	Rógvi	Højgaard	Faroe Islands	2007	Rhodes	4 Final
56,96	Glenn	Lindqvist	Åland	2001	Isle of Man	5 Final
56,46	Andrew	Martch	Isle of Wight	1993	Isle of Wight	1 Final
56,20	James	Bougourd	Guernsey	2017	Gotland	5 Final

55,93	Anastasios	Laoudikos	Rhodes	2007	Rhodes	5 Final
55,88	Ove	Lehto	Åland	1991	Åland	2 Final
55,79	Joel	Thölix	Åland	2017	Gotland	6 Final
55,30	Ergo	Talu	Saaremaa	1997	Jersey	2 Final
55,18	James	Menhenitt	Guernsey	1995	Gibraltar	1 Final
55,01	Carl	Morgan	Cayman Islands	2005	Shetland Islands	2 Final
55,00	Russell	Price	Jersey	2003	Guernsey	2 Final
54,86	Jonathan	Kerr	Shetland Islands	2005	Shetland Islands	3 Final
54,75	Dale	Garland	Guernsey	2005	Shetland Islands	4 Final
54,74	Madis	Vahter	Saaremaa	1991	Åland	3 Final
54,42	Heini	Hanusarson Joen	Faroe Islands	2003	Guernsey	3 Final
54,36	Perrin	Carey	Guernsey	1987	Guernsey	2 Final
54,10	Mart	Õunapuu	Saaremaa	1995	Gibraltar	2 Final
54,00	Isac	Larsson	Gotland	1985	Isle Of Man	2 Final
53,83	Alan	Rowberry	Guernsey	2007	Rhodes	6 Final
52,69	Calvin	Cooper	Orkney	2011	Isle of Wight	4 Final
52,52	Scott	Roberts	Jersey	1997	Jersey	5 Final
52,39	Cameron	Mitchell	Isle of Wight	2011	Isle of Wight	6 Final
51,98	Villu	Sepp	Saaremaa	2003	Guernsey	5 Final
51,96	Micael	Sandberg	Åland	1987	Guernsey	3 Final
51,69	Richard	Lainson	Isle of Wight	1999	Gotland	5 Final
51,36	Kevin	Lajoie	Guernsey	1997	Jersey	7 Final
51,29	Erik	Larsson	Gotland	2011	Isle of Wight	7 Final
50,78	Bo	Jacobsson	Gotland	1997	Jersey	8 Final
50,58	Shane	Batchelor	Isle of Wight	1993	Isle of Wight	4 Final
50,28	Jørgen	Meitilberg	Faroe Islands	1995	Gibraltar	4 Final
50,23	Harry	Pugh	Isle of Man	2011	Isle of Wight	8 Final
49,96	Ronny	Wassaether	Hitra	1999	Gotland	6 Final
49,66	Brandon	Atchison	Isle of Man	2017	Gotland	8 Final
49,57	Garry	Newton	Isle of Wight	2001	Isle of Man	7 Final
49,46	Genro	Paas	Saaremaa	1999	Gotland	7 Final
49,34	Líggjas	Høgnesen	Faroe Islands	1989	Faroe Islands	2 Final
49,21	Shane	Evans	Cayman Islands	2009	Åland	6 Final
49,19	Carlos	Morgan	Cayman Islands	2005	Shetland Islands	7 Final
48,96	Olev	Oun	Saaremaa	1993	Isle of Wight	5 Final
48,40	George	Kontakis	Rhodes	2003	Guernsey	6 Final
48,14	Trevor	Betts	Isle of Wight	1997	Jersey	9 Final
47,97	Neeme	Truumees	Saaremaa	2003	Guernsey	7 Final
47,96	Alistair	Mazzone	Isle of Man	1997	Jersey	10 Final
47,78	Neil	Carter	Jersey	1999	Gotland	8 Final
47,78	Kaj	Backas	Åland	1985	Isle Of Man	3 Final
47,52	David	Flanagan	Orkney	1989	Faroe Islands	3 Final
47,10	Michael	Mann	Guernsey	2015	Jersey	9 Final
46,56	Filip	Ekelund	Åland	1997	Jersey	11 Final
46,14	Marcus	Whyte	Shetland Islands	1993	Isle of Wight	6 Final
46,02	Colin	Goodfellow	Jersey	1991	Åland	7 Final
45,96	Thomas	Thomas	Ynys Môn	1997	Jersey	12 Final
45,86	Andres	Aavik	Saaremaa	1993	Isle of Wight	7 Final
45,80	Thomas	Laurenson	Shetland Islands	1997	Jersey	13 Final
45,77	Jeff	Bennett	Isle of Man	2001	Isle of Man	9 Final
45,73	Martin B	Aram	Isle of Man	2003	Guernsey	8 Final
45,62	Danny	Lindqvist	Åland	1987	Guernsey	5 Final
45,44	Viktor	Jonsson	Gotland	2007	Rhodes	8 Final
45,04	Ed	Widdowson	Jersey	1997	Jersey	14 Final
44,94	Johnny	Nordqvist	Åland	1989	Faroe Islands	4 Final
44,62	David	Bryon	Jersey	1993	Isle of Wight	8 Final
44,50	James	Flavell	Isle of Wight	1987	Guernsey	5 Final
44,42	Jacob	Wiklund	Gotland	2015	Jersey	10 Final
43,98	Richard	Hulme	Isle of Man	1989	Faroe Islands	5 Final
43,52	Edward	Stone	Isle of Wight	1991	Åland	9 Final
43,42	Gareth	Leather	Isle of Man	1995	Gibraltar	9 Final
42,39	Robert	Ruthström	Gotland	1999	Gotland	11 Final
41,91	Alex Morgan	Stevenson	Orkney	2015	Jersey	11 Final
41,50	Gordon	Crowe	Isle of Man	1987	Guernsey	7 Final
41,14	Georgios	Paraskevas	Rhodes	2011	Isle of Wight	9 Final
40,73	Simon	Phelan	Jersey	2005	Shetland Islands	9 Final
40,70	Simon	Gifford	Isle of Wight	1991	Åland	11 Final
40,21	Shaun	Cregeen	Isle of Man	2007	Rhodes	10 Final

39,90	Andrew	Robinson	Ynys Môn	1997	Jersey	16 Final
39,60	Nick	Marley	Guernsey	1989	Faroe Islands	6 Final
39,45	Tobias	Eriksson	Åland	2009	Åland	8 Final
38,76	Andy	Storey	Gibraltar	1995	Gibraltar	11 Final
38,60	John	Coutts	Shetland Islands	1987	Guernsey	6 Final
38,46	Rasmus	Donner	Åland	2003	Guernsey	9 Final
37,83	Sharry	Stowell	Isle of Man	1999	Gotland	13 Final
37,22	Norman	Bailey	Jersey	1987	Guernsey	9 Final
36,42	John	Mitchell	Isle of Wight	1999	Gotland	14 Final
36,31	Kenneth	Simm	Shetland Islands	1999	Gotland	15 Final
36,08	Neil	Kelly	Isle of Man	1997	Jersey	17 Final
35,74	Fraser	Alexander	Jersey	1987	Guernsey	10 Final
35,60	Paul	Derrien	Jersey	1991	Åland	13 Final
35,30	Paul	Ross	Orkney	1987	Guernsey	11 Final
35,04	Chris	Hughes	Anglesey	1987	Guernsey	12 Final
34,36	Stuart	Gray	Orkney	1985	Isle Of Man	4 Final
32,88	Graham	Wylie	Orkney	1989	Faroe Islands	8 Final
32,62	Luke	Daniels	Ynys Môn	1995	Gibraltar	12 Final
31,90	Colin	Fraser	Shetland Islands	1985	Isle Of Man	5 Final
31,85	Mark	Gray	Ynys Môn	2007	Rhodes	11 Final
31,80	Gary	Clarke	Sark	1987	Guernsey	13 Final
31,60	Andrew	Prevel	Sark	1987	Guernsey	14 Final
30,54	Ingemar	Guttessen	Faroe Islands	1991	Åland	15 Final
29,26	Alasdair	Klyne	Isle of Wight	1989	Faroe Islands	9 Final
26,56	David	Clarke	Isle of Wight	2015	Jersey	12 Final

Hammer

70,61	Andy	Frost	Isle of Wight	2011	Isle of Wight	1 Final
66,45	Genro	Paas	Saaremaa	2017	Gotland	1 Final
60,14	Michael	Letterlough	Cayman Islands	2011	Isle of Wight	2 Final
52,89	Ioannis	Pezouvanis	Rhodes	1999	Gotland	2 Final
50,87	Donnie	Rockett	Jersey	2011	Isle of Wight	4 Final
50,22	Paul	Farley	Isle of Wight	2003	Guernsey	2 Final
50,08	Antonis	Karayianis	Rhodes	2001	Isle of Man	2 Final
49,52	Richard	Bell	Isle of Man	2017	Gotland	3 Final
48,92	Heri	Ziska	Faroe Islands	1999	Gotland	3 Final
48,26	Tore	Olofsson	Gotland	1995	Gibraltar	1 Final
48,01	David	Gustafsson	Gotland	2003	Guernsey	3 Final
47,96	Maurice	Williamson	Shetland Islands	2015	Jersey	3 Final
46,62	Paul	Derrien	Jersey	2007	Rhodes	4 Final
46,23	Callum	Woon	Isle of Wight	2009	Åland	5 Final
45,34	Glenn	Townsend	Isle of Man	1995	Gibraltar	3 Final
45,18	Tony	Satchwell	Jersey	1993	Isle of Wight	3 Final
44,32	Ove	Lehto	Åland	1997	Jersey	5 Final
44,21	Shaun	Livett	Ynys Môn	2017	Gotland	5 Final
43,80	Erik	Larsson	Gotland	2005	Shetland Islands	3 Final
43,76	Shaun	Cregeen	Isle of Man	1993	Isle of Wight	4 Final
43,62	Robert	Cross	Orkney	1991	Åland	3 Final
42,04	Stuart	Corran	Isle of Man	2005	Shetland Islands	6 Final
42,00	Trevor	Christian	Isle of Man	2003	Guernsey	5 Final
41,93	Karl	Robertson	Shetland Islands	2007	Rhodes	6 Final
41,84	James	Menhenitt	Guernsey	1995	Gibraltar	5 Final
41,81	Aare	Lõhmus	Saaremaa	1999	Gotland	7 Final
39,38	Rasmus	Donner	Åland	2009	Åland	9 Final
38,82	Kevin	Lajoie	Guernsey	1997	Jersey	8 Final
37,50	John	Mitchell	Isle of Wight	1993	Isle of Wight	6 Final
37,03	Gustav	Hansson	Gotland	2009	Åland	10 Final
36,12	Yuri	Pereira	Jersey	2015	Jersey	8 Final
35,96	Georgios	Christofidis	Rhodes	2007	Rhodes	11 Final
34,14	Peter	Morrison	Orkney	1995	Gibraltar	7 Final
33,64	David	Felton	Jersey	2007	Rhodes	12 Final
32,34	Jason	Woodrow	Jersey	1991	Åland	6 Final
32,04	Bob	Cross	Orkney	1995	Gibraltar	9 Final
31,12	Raul	Aru	Saaremaa	1991	Åland	7 Final
30,40	Marcus	Sandberg	Åland	1991	Åland	8 Final
30,12	Connor	McDonald	Shetland Islands	2017	Gotland	8 Final
29,86	Gustav	Melén	Gotland	2011	Isle of Wight	9 Final
29,67	Madis	Vahter	Saaremaa	1999	Gotland	9 Final

28,39	Glyn	Hoosen-Owen	Isle of Man	2003	Guernsey	10 Final
26,33	Paul	Skillan	Isle of Man	1999	Gotland	10 Final
20,58	Rob	Parslow	Isle of Man	1991	Åland	12 Final
18,74	Ingemar	Guttesen	Faroe Islands	1991	Åland	13 Final
17,56	Richard	Schmith	Isle of Wight	1991	Åland	14 Final

4 x 100 m

41,10	Team	CAY 2013	Cayman Islands	2013	Bermuda	1 Final
			Rhymiech Adolphus, David Hamil, Carl Morgan, Carlos Morgan			
41,13	Team	CAY 2017	Cayman Islands	2017	Gotland	1 Preliminary Heat 2
			Tyrell Cuffy, Kemar Hyman, Jeavhon Jackson, Tahj Lewis, Carl Morgan, Jamal Walton			
41,46	Team	CAY 2011	Cayman Islands	2011	Isle of Wight	1 Preliminary Heat 1
			Junior Hines, Robert Ibeh, Carlos Morgan, Carl Morgan			
41,80	Team	GUE 2011	Guernsey	2011	Isle of Wight	2 Final
			Joshua Allaway, Tom Druce, Glenn Etherington, Dale Garland			
41,84	Team	CAY 2009	Cayman Islands	2009	Åland	1 Preliminary Heat 2
			Maxwell Hyman, Wallace Little, Steven Reid, Joseph Suberan			
41,91	Team	GUE 2019	Guernsey	2019	Gibraltar	1 Final
			Joe Chadwick, Peter Curtis, Tom Druce, Joshua Duke, Lucas Rive, Sam Wallbridge			
41,99	Team	JER 2019	Jersey	2019	Gibraltar	2 Final
			Peter Irving, Ross Jeffs, Tyler Johnson, Benjamin Le Rougetel, Charles Livingston, Robert Thomas			
42,00	Team	GUE 2003	Guernsey	2003	Guernsey	1 Final
42,01	Team	CAY 2007	Cayman Islands	2007	Rhodes	1 Preliminary Heat 1
42,03	Team	CAY 2019	Cayman Islands	2019	Gibraltar	3 Final
			Sherlock Brooks, Louis Gordon, Jeavhon Jackson, Carl Morgan, Karim Murray, Michael Smikle			
42,04	Team	GIB 2019	Gibraltar	2019	Gibraltar	4 Final
			Sean Collado, Jessy Franco, Craig Gill, Joshua Montado			
42,08	Team	CAY 1999	Cayman Islands	1999	Gotland	1 Preliminary Heat 2
			Renford Barnes, Robert Ibeh, Nicholas McField, Orantis Rankine, Roger Smith			
42,11	Team	RHO 1999	Rhodes	1999	Gotland	1 Preliminary Heat 1
			Nektarios Giallourakis, Kostas Kakousios, Ilias Kellis, Michael Perakis, Georgios Thriskos			
42,12	Team	CAY 2001	Cayman Islands	2001	Isle of Man	1 Final
42,22	Team	GUE 2017	Guernsey	2017	Gotland	2 Final
			Joshua Allaway, Harry Burns, Alastair Chalmers, Tom Druce, Teddy Gordon-le clerc, Sam Wallbridge			
42,37	Team	GUE 2015	Guernsey	2015	Jersey	1 Preliminary Heat 1
			Joshua Allaway, Dale Garland, Hywel Robinson, Sam Wallbridge			
42,39	Team	IOM 2019	Isle of Man	2019	Gibraltar	5 Final
			Brandon Atchison, Elliott Callow, Jack Lemaire, Thomas Riley, Daniel Stewart-Clague, Keoghan Taylor			
42,51	Team	IOM 1995	Isle of Man	1995	Gibraltar	1 Final
42,64	Team	GUE 2009	Guernsey	2009	Åland	1 Preliminary Heat 1
			Tom Druce, Glenn Etherington, Dale Garland, Hywel Robinson			
42,65	Team	CAY 2003	Cayman Islands	2003	Guernsey	2 Final
42,72	Team	JER 2015	Jersey	2015	Jersey	2 Final
			Sam Dawkins, Ross Jeffs, Bill Porter, Philip Williams			
42,74	Team	RHO 2001	Rhodes	2001	Isle of Man	2 Final
42,77	Team	IOM 2009	Isle of Man	2009	Åland	2 Final
			Ben Brand, Michael Haslett, Peter Richardson, Thomas Riley			
42,82	Team	GUE 2007	Guernsey	2007	Rhodes	2 Final
			Matthew Bailey, Robin Cowling, Tom Druce, Dale Garland, Jonathan Guille, Matthew Loveridge, Nathan Stevens			
42,92	Team	JER 2001	Jersey	2001	Isle of Man	3 Final

42,93	Team	IOM 1991	Isle of Man	1991	Åland	1 Final	
		Gordon Crowe, Richard Hulme Kevin Furlong, Julien Colley					
42,98	Team	RHO 2005	Rhodes	2005	Shetland Islands	1 Final	
43,01	Team	GOT 2017	Gotland	2017	Gotland	2 Preliminary	Heat 2
		Noel Montelin, Daniel Örevik, Mattias Sunneborn, Gabriel Vikic					
43,10	Team	ALA 2017	Åland	2017	Gotland	3 Final	
		Victor Jansson, Samuel Nylund, Eric Sjölund, Emil Thölix, Joel Thölix,					
43,11	Team	ALA 2011	Åland	2011	Isle of Wight	3 Preliminary	Heat 1
		Mats Boman, Victor Jansson, Jonathan Malmberg, Lucas Mattsson					
43,15	Team	IOM 2011	Isle of Man	2011	Isle of Wight	3 Final	
		Ben Brand, Michael Haslett, Thomas Riley, Daniel Stewart-Clague					
43,19	Team	IOM 1993	Isle of Man	1993	Isle of Wight	1 Final	
43,25	Team	GOT 2019	Gotland	2019	Gibraltar	6 Final	
		Joel Angerth, Johan Burvall, Noel Montelin, Daniel Örevik, Oscar Owen-Berghmark, Gabriel Vikic					
43,30	Team	ORK 2015	Orkney	2015	Jersey	3 Final	
		Andrew Davis, James Flett, Fergus Macivor, Gordon Mowat					
43,31	Team	IOM 1997	Isle of Man	1997	Jersey	1 Final	
		Gordon Crowe, Kevin Furlong, Paul Bergduist, Alistair Audsley					
43,33	Team	JER 2003	Jersey	2003	Guernsey	3 Final	
43,37	Team	IOW 2009	Isle of Wight	2009	Åland	3 Final	
		Steven Carter, James Forman, Leon Phillips, Samuel Ratcliffe					
43,37	Team	GUE 2001	Guernsey	2001	Isle of Man	4 Final	
43,40	Team	IOM 1999	Isle of Man	1999	Gotland	1 Preliminary	Heat 2
		Paul R Bergqvist, Nick Davis, Kevin Furlong, Gary M Hunter, Christopher Stobart					
43,50	Team	CAY 2015	Cayman Islands	2015	Jersey	3 Preliminary	Heat 2
		Perry Anglin, Gerome Bodden, Tyrell Cuffy, Karim Murray					
43,53	Team	JER 1991	Jersey	1991	Åland	2 Final	
		Rob Currie, Lee Ward Andy Conoops, Andy Taylor					
43,53	Team	IOW 2011	Isle of Wight	2011	Isle of Wight	5 Final	
		George Corbin, Keno Mario-Ghae, Leon Phillips, Samuel Ratcliffe					
43,56	Team	IOM 2007	Isle of Man	2007	Rhodes	2 Preliminary	Heat 1
43,56	Team	YSM 1997	Ynys Môn	1997	Jersey	1 Preliminary	Heat 2
		Ioan Hughes, Gareth Ellis, Damian Clarke, Gethin Thomas					
43,59	Team	YSM 2001	Ynys Môn	2001	Isle of Man	5 Final	
43,61	Team	IOM 2001	Isle of Man	2001	Isle of Man	1 Preliminary	Heat 1
43,63	Team	JER 2007	Jersey	2007	Rhodes	1 Preliminary	Heat 2
43,67	Team	RHO 2009	Rhodes	2009	Åland	4 Final	
		Georgios Kontos, Konstantinos Kourounis, Mihalis Markopoulos, Mihalis Seitis					
43,72	Team	GIB 2017	Gibraltar	2017	Gotland	3 Preliminary	Heat 1
		Sean Collado, Jessy Franco, Craig Gill, Sean Penalver, Jerai Torres					
43,77	Team	RHO 2007	Rhodes	2007	Rhodes	2 Preliminary	Heat 2
43,79	Team	YSM 2017	Ynys Môn	2017	Gotland	4 Preliminary	Heat 1
		Joshua Daniel Billington, Michael Bland, Danny Goddard-Smith, Gethin Llyr Owen, Zachary Price, Guto Tegid					
43,80	Team	BER 2013	Bermuda	2013	Bermuda	2 Final	
		Bruce DeGrilla, Ethan Philip, Jaret Simmons, Clas Smith					
43,84	Team	SAA 1995	Saaremaa	1995	Gibraltar	2 Final	
43,84	Team	YSM 2015	Ynys Môn	2015	Jersey	4 Preliminary	Heat 2
		Michael Bland, Alexander Burgess, Aron Evans, Christopher Mcnaught					
43,86	Team	YSM 1995	Ynys Môn	1995	Gibraltar	3 Final	
43,89	Team	GUE 1999	Guernsey	1999	Gotland	2 Preliminary	Heat 2
		Ben Allen, Matthew Bailey, Mark Macleish, Simon Sebire					
43,91	Team	JER 1993	Jersey	1993	Isle of Wight	2 Final	
43,94	Team	IOW 1993	Isle of Wight	1993	Isle of Wight	3 Final	

43,95	Team	IOW 1997	Isle of Wight	1997	Jersey	2 Final	
			Peter Choy, Nicholas Groocock, Jon Squirrell, Mark Bushell				
44,00	Team	JER 2017	Jersey	2017	Gotland	3 Preliminary	Heat 2
			Sam Dawkins, Peter Irving, Tyler Johnson, Jonathan Le Grange, Stanley Livingston, Charlie Rive				
44,02	Team	GOT 1993	Gotland	1993	Isle of Wight	4 Final	
44,05	Team	JER 1999	Jersey	1999	Gotland	4 Preliminary	Heat 2
			Simon Black, Alan Harrison, Scott Roberts, Lee Ward				
44,05	Team	JER 1997	Jersey	1997	Jersey	3 Final	
			Lee Ward, Justin Thomas, Simon Blade, Scott Roberts				
44,06	Team	JER 2011	Jersey	2011	Isle of Wight	3 Preliminary	Heat 2
			Sam Dawkins, Ross Jeffs, Ben Silva, Robert Stenhouse				
44,14	Team	GIB 2011	Gibraltar	2011	Isle of Wight	4 Preliminary	Heat 1
			Dominic Carroll, Andrew Cavilla, Jonathon Lavers, Jerie Torres				
44,18	Team	IOW 2001	Isle of Wight	2001	Isle of Man	4 Preliminary	Heat 2
44,18	Team	ALA 1997	Åland	1997	Jersey	4 Final	
			Tom Tommiska, Cristian Ackrén, Viktor Lötroth, Filip Ekelund				
44,31	Team	JER 1995	Jersey	1995	Gibraltar	4 Final	
44,31	Team	ALA 2007	Åland	2007	Rhodes	4 Preliminary	Heat 1
			Martin Andersson, Mats Boman, Tom, Manselin, John Wilhelms				
44,35	Team	BER 2007	Bermuda	2007	Rhodes	6 Final	
			Allen Bean, Machel Charles, Xavier James, Oren Smith, Danoiel Tucker				
44,42	Team	YSM 2013	Ynys Môn	2013	Bermuda	3 Final	
			Michael Bland, Connor Laverty, Christopher Mcnaught , Aled Thomas				
44,46	Team	JER 2009	Jersey	2009	Åland	3 Preliminary	Heat 2
			Peter Irving, Ross Jeffs, Stephen Prosser, Ben Silva				
44,47	Team	SHE 2017	Shetland Islands	2017	Gotland	5 Preliminary	Heat 1
			Stuart Brain, Keiran Fraser, Tom Jamieson, Seumas Mackay, Shane Odie, Caelen Rivett, Sean Walterson				
44,49	Team	ALA 1993	Åland	1993	Isle of Wight	3 Preliminary	Heat 1
44,59	Team	ORK 2007	Orkney	2007	Rhodes	3 Preliminary	Heat 2
44,61	Team	ALA 2009	Åland	2009	Åland	4 Preliminary	Heat 2
			Mats Boman, Victor Jansson, Tom Manselin, John Wilhelms				
44,62	Team	GIB 2015	Gibraltar	2015	Jersey	2 Preliminary	Heat 1
			Karl Baldachino, Sean Collado, Jessy Franco, Jerai Torres				
44,63	Team	ORK 2009	Orkney	2009	Åland	5 Preliminary	Heat 2
			James Flett, Gordon Mowat, Iain Nelson, Nigel Thomson				
44,64	Team	GUE 2005	Guernsey	2005	Shetland Islands	2 Final	
			Robin Cowling, Tom Druce, Dale Garland, Nathan Stevens, Robert Titterington				
44,65	Team	YSM 1999	Ynys Môn	1999	Gotland	3 Preliminary	Heat 2
			Damian Clarke, Ioan Hughes, Andrew Jackson, Edwin Lane, David Owens, Gethin Thomas				
44,65	Team	WES 2017	Western Isles	2017	Gotland	4 Preliminary	Heat 2
			Calum Fraser, Andrew Horne, Donald John Macmillan, Ruairaidh James Muncaster				
44,68	Team	IOW 1991	Isle of Wight	1991	Åland	3 Final	
			Nick Groocock, Andrew Tagliavento Adam Higgens, Tom Me Cormack				
44,70	Team	ALA 1991	Åland	1991	Åland	4 Final	
			Tom Tommiska, Johnny Nordqvist, Patrik Lehtonen, John Holmberg				
44,70	Team	ALA 1991	Åland	1991	Åland	3 Preliminary	Heat 1
			Tom Tommiska, Johnny Nordqvist, Patrik Lehtonen, John Holmberg				
44,70	Team	GIB 2007	Gibraltar	2007	Rhodes	6 Preliminary	Heat 1
44,73	Team	GUE 1995	Guernsey	1995	Gibraltar	5 Final	
44,73	Team	ALA 2019	Åland	2019	Gibraltar	4 Preliminary	Heat 2
			Sebastian Diaz Vargas, Lucas Mattsson, Eric Sjölund, Emil Thölix				

44,5	m	Team	GOT 1989	Gotland	1989	Faroe Islands	1 Final		
44,83		Team	YSM 2011	Ynys Môn	2011	Isle of Wight	7 Final		
		Shon Evans, Conner Laverty, Christopher Mcnaught, Aled Thomas							
44,90		Team	SHE 1999	Shetland Islands	1999	Gotland	4 Preliminary	Heat 2	
		Drewie Clark, Martin Leyland, Sakchai Makao, Kenneth Simm							
44,98		Team	SHE 2009	Shetland Islands	2009	Åland	4 Preliminary	Heat 1	
		Stuart Donald, Scott Lawson, Gareth Robertson, Lee Williamson							
45,01		Team	WES 2015	Western Isles	2015	Jersey	5 Preliminary	Heat 2	
		Calum Robert Fraser, Andrew Horne, Ruairaidh Muncaster, Alasdair David Macleod Rigby							
45,05		Team	SHE 2007	Shetland Islands	2007	Rhodes	4 Preliminary	Heat 2	
		Sakchai Makao, Karl Robertson, Lee Williamson, Jamie Wilson							
45,08		Team	IOW 1995	Isle of Wight	1995	Gibraltar	1 Preliminary	Heat 2	
45,11		Team	IOW 2003	Isle of Wight	2003	Guernsey	4 Final		
45,20		Team	YSM 1993	Ynys Môn	1993	Isle of Wight	5 Final		
45,24		Team	ORK 1999	Orkney	1999	Gotland	4 Preliminary	Heat 1	
		Graeme Miller, Jeremy Smyth, Douglas Thom, Nigel Thomson,							
45,27		Team	ORK 2019	Orkney	2019	Gibraltar	7 Final		
		Angus Davren, Gregor Dowell, Alexander Scott, Ross Sinclair							
45,28		Team	ORK 2011	Orkney	2011	Isle of Wight	5 Preliminary	Heat 1	
		James Flett, Gordon Mowat, Thomas Newton, James Watson							
45,31		Team	SAA 1993	Saaremaa	1993	Isle of Wight	6 Final		
45,1	m	Team	IOM 1985	Isle of Man	1985	Isle Of Man	1 Final		
45,38		Team	IOW 1999	Isle of Wight	1999	Gotland	5 Preliminary	Heat 2	
		Tristram Cooper, Andrew French, Nicholas Grocock, Ian Rock							
45,41		Team	IOM 2013	Isle of Man	2013	Bermuda	4 Final		
		Ryan Fairclough, Jack Lemaire, Anand Patel, Joseph Reid							
45,50		Team	YSM 2007	Ynys Môn	2007	Rhodes	7 Preliminary	Heat 2	
45,52		Team	WES 2007	Western Isles	2007	Rhodes	5 Preliminary	Heat 2	
		Stewart Johnson, Murdo Alexander Mackenzie, Donald Macleod, Ruairaidh Stewart							
45,64		Team	SHE 2001	Shetland Islands	2001	Isle of Man	4 Preliminary	Heat 1	
45,71		Team	SHE 1995	Shetland Islands	1995	Gibraltar	3 Preliminary	Heat 2	
		Ivan Ramsay, Neil Duncan, Scot Jamieson. Martin Leyland							
45,74		Team	YSM 2009	Ynys Môn	2009	Åland	5 Preliminary	Heat 1	
		Barry John Edwards, Carwyn Milburn, Carwyn Lloyd Owen, Sophie Roberts							
45,5	m	Team	IOM 1989	Isle of Man	1989	Faroe Islands	2 Final		
45,82		Team	IOW 2007	Isle of Wight	2007	Rhodes	7 Preliminary	Heat 1	
45,83		Team	WES 2011	Western Isles	2011	Isle of Wight	5 Preliminary	Heat 2	
		Stewart Johnson, Cameron Ross, Pat Sattaphol, Alasdair Summers							
45,88		Team	SHE 1997	Shetland Islands	1997	Jersey	5 Final		
		Peter Stemp, Martin Leyland, Joseph Nicolson, Scot Jamieson							
45,93		Team	ALA 1999	Åland	1999	Gotland	6 Preliminary	Heat 2	
		Cristian Ackrén, Daniel Holmén, Tomas Karlsson, Tom Tommiska							
45,7	m	Team	JER 1987	Jersey	1987	Guernsey	1 Preliminary	Heat 1	
45,99		Team	GOT 1999	Gotland	1999	Gotland	5 Preliminary	Heat 1	
		Nicolaus Daun, Magnus Hemström, Erik Larsson, Robert Wärf,ff,							
46,06		Team	WES 2005	Western Isles	2005	Shetland Islands	3 Final		
		Lain MacCorquodale, Derek Macintosh, Donald Macleod, Jonathan Murray							
46,20		Team	ORK 1991	Orkney	1991	Åland	2 Preliminary	Heat 2	
		Sean Cumming, Nigel Thomson, Grant Cumming, Chris Cotterill							
46,1	m	Team	IOM 1987	Isle of Man	1987	Guernsey	2 Final		
46,42		Team	ORK 1993	Orkney	1993	Isle of Wight	5 Preliminary	Heat 1	

46,43		Team	FAR 1993	Faroe Islands	1993	Isle of Wight	6 Preliminary	Heat 1
46,2	m	Team	FAR 1989	Faroe Islands	1989	Faroe Islands	3 Final	
46,52		Team	FAR 1991	Faroe Islands	1991	Åland	4 Preliminary	Heat 1
		Jören K. Glerfoss, Debes H Christiansen, Jörgen Jakobsen, Johannes Ellingsgard						
46,4	m	Team	ALA 1989	Åland	1989	Faroe Islands	4 Final	
46,6	m	Team	ORK 1989	Orkney	1989	Faroe Islands	5 Final	
46,88		Team	MEN 2007	Menorca	2007	Rhodes	6 Preliminary	Heat 2
46,7	m	Team	IOW 1989	Isle of Wight	1989	Faroe Islands	6 Final	
47,08		Team	SHE 1993	Shetland Islands	1993	Isle of Wight	4 Preliminary	Heat 2
46,9	m	Team	ALA 1985	Åland	1985	Isle Of Man	2 Final	
47,35		Team	GOT 1991	Gotland	1991	Åland	5 Preliminary	Heat 1
		David Gustavsson, Björn Pettersson Bo Jakobson, Niklas Hellgren						
47,44		Team	SHE 2015	Shetland Islands	2015	Jersey	3 Preliminary	Heat 1
		Tom Jamieson, Eoin Leask, Shane Odie, Alan Williamson						
47,2	m	Team	GUE 1987	Guernsey	1987	Guernsey	3 Preliminary	Heat 1
47,5	m	Team	ORK 1985	Orkney	1985	Isle Of Man	3 Final	
47,94		Team	JER 2013	Jersey	2013	Bermuda	5 Final	
		Daniel Edward Robinson, Ben Silva, Robert Stenhouse, Oliver Terry						
48,28		Team	SAA 1991	Saaremaa	1991	Åland	3 Preliminary	Heat 2
		Kalle Laanet, Raido Raamat, Nemea Truumees, Andres Aavik						
48,2	m	Team	HIT 1987	Hitra	1987	Guernsey	4 Final	
48,7	m	Team	IOW 1985	Isle of Wight	1985	Isle Of Man	4 Final	
48,8	m	Team	GOT 1985	Gotland	1985	Isle Of Man	5 Final	
48,9	m	Team	SHE 1985	Shetland Islands	1985	Isle Of Man	6 Final	
49,2	m	Team	SHE 1987	Shetland Islands	1987	Guernsey	5 Final	
49,5	m	Team	ORK 1987	Orkney	1987	Guernsey	6 Final	
52,0	m	Team	HIT 1985	Hitra	1985	Isle Of Man	8 Final	
57,8	m	Team	SARK 1987	Sark	1987	Guernsey	4 Preliminary	Heat 1
69,26		Team	GUE 2013	Guernsey	2013	Bermuda	6 Final	
		Joshua Allaway, Glenn Etherington , Hywel Robinson, James Sermon						

4 x 400 m

3:12,38		Team	GUE 2009	Guernsey	2009	Åland	1 Final	
		Matthew Bailey, Tom Druce, Dale Garland, Hywel Robinson						
3:13,51		Team	GUE 2019	Guernsey	2019	Gibraltar	1 Final	
		Joe Chadwick, Peter Curtis, Tom Druce, Dale Garland, Sam Wallbridge, Joseph Yeaman						
3:13,77		Team	CAY 2019	Cayman Islands	2019	Gibraltar	2 Final	
		Sherlock Brooks, Louis Gordon, Jeavhon Jackson, Carl Morgan, Karim Murray, Michael Smikle						
3:14,83		Team	GUE 2011	Guernsey	2011	Isle of Wight	1 Final	
		Tom Druce, Dale Garland, Eben Marsh, Leo Rice						
3:16,03		Team	GUE 2007	Guernsey	2007	Rhodes	1 Final	
		Matthew Bailey, Michael Batiste, Tom Druce, Dale Garland, Matthew Loveridge, Nathan Stevens						
3:16,39		Team	GUE 2015	Guernsey	2015	Jersey	1 Final	
		Joshua Allaway, Cameron Chalmers, Dale Garland, Sam Wallbridge						
3:16,92		Team	CAY 2007	Cayman Islands	2007	Rhodes	2 Final	
3:17,57		Team	GUE 2005	Guernsey	2005	Shetland Islands	1 Final	
		Tom Druce, Dale Garland, Lee Garland, Lee Merrien, Nathan Stevens, Robert Titterington						
3:17,99		Team	JER 2019	Jersey	2019	Gibraltar	3 Final	
		William Brown, Sam Dawkins, Peter Irving, Tyler Johnson, Charles Livingston, Samuel Maher						
3:18,67		Team	RHO 1999	Rhodes	1999	Gotland	1 Final	Heat 2
		Ilias Kellis, Mercouris Modiadis, Nikolas Mparianos, Stamatis Papanikolas, Georgios Thriskos						
3:19,28		Team	JER 2001	Jersey	2001	Isle of Man	1 Final	
3:19,45		Team	JER 2015	Jersey	2015	Jersey	2 Final	
		Sam Dawkins, Elliott Dorey, Peter Irving, Stanley Livingston						
3:19,61		Team	GUE 2003	Guernsey	2003	Guernsey	1 Final	

3:19,64	Team	JER 1991	Jersey	1991	Åland	1 Final	
		Lee Ward, Alan Harrison, Andy Conoops, Mike Guegan					
3:19,85	Team	IOM 2009	Isle of Man	2009	Åland	2 Final	
		Darren Gray, Michael Haslett, Peter Richardson, Thomas Riley					
3:19,94	Team	GUE 1999	Guernsey	1999	Gotland	2 Final	Heat 2
		Ben Allen, Matthew Bailey, Dale Garland, Lee Garland, Lee Merrien, Stuart Tolcher					
3:20,29	Team	GIB 2007	Gibraltar	2007	Rhodes	3 Final	
3:20,35	Team	IOM 1999	Isle of Man	1999	Gotland	3 Final	Heat 2
		Paul R Bergqvist, Kevin Furlong, Gary M Hunter, Keiron Murray					
3:20,52	Team	IOM 1995	Isle of Man	1995	Gibraltar	1 Final	
3:20,83	Team	IOM 1997	Isle of Man	1997	Jersey	1 Final	
		Kevin Furlong, David Anderson, Gary Hunter, Paul Bergduist					
3:20,94	Team	IOM 2011	Isle of Man	2011	Isle of Wight	2 Final	
		Ben Brand, Ryan Fairclough, Michael Haslett, Thomas Riley					
3:21,54	Team	JER 1997	Jersey	1997	Jersey	2 Final	
		Scott Roberts, Michael Coker, Lee Ward, Alan Harrison					
3:21,66	Team	IOM 2007	Isle of Man	2007	Rhodes	4 Final	
3:22,18	Team	GOT 1991	Gotland	1991	Åland	2 Final	
		Niklas Helligren, Jörgen Dosthe*, Robert Warff, Mathias Sunnebom					
3:22,19	Team	YSM 1995	Ynys Môn	1995	Gibraltar	2 Final	
3:22,49	Team	CAY 2001	Cayman Islands	2001	Isle of Man	2 Final	
3:22,53	Team	WES 2011	Western Isles	2011	Isle of Wight	3 Final	
		Stewart Chalmers, Murdo Mackenzie, Donald Macleod, Cameron Ross					
3:23,00	Team	GUE 2001	Guernsey	2001	Isle of Man	3 Final	
3:23,24	Team	CAY 1999	Cayman Islands	1999	Gotland	4 Final	Heat 2
		Elroy Allen, Renford Barnes, Robert Ibeh, Nicholas McField, Orantis Rankine, Roger Smith					
3:23,29	Team	JER 2017	Jersey	2017	Gotland	1 Final	
		Sam Dawkins, Elliott Dorey, Peter Irving, Tyler Johnson, Stanley Livingston, Samuel Maher					
3:23,36	Team	JER 2003	Jersey	2003	Guernsey	2 Final	
3:24,03	Team	GIB 2009	Gibraltar	2009	Åland	3 Final	
		Mohammed Ahammad, Dominic Carroll, Lee Taylor, Daryl Vassallo					
3:24,29	Team	JER 1995	Jersey	1995	Gibraltar	3 Final	
3:24,39	Team	WES 2015	Western Isles	2015	Jersey	3 Final	
		Murdo Mackenzie, Connor Maclean, Donald Macleod, Michael William Macmillan					
3:24,55	Team	CAY 2003	Cayman Islands	2003	Guernsey	3 Final	
3:24,79	Team	IOM 2001	Isle of Man	2001	Isle of Man	4 Final	
3:24,80	Team	GIB 2019	Gibraltar	2019	Gibraltar	4 Final	
		Sean Collado, Jessy Franco, Craig Gill, Cameron Payas, Jerai Torres					
3:24,81	Team	JER 2013	Jersey	2013	Bermuda	1 Final	
		Elliott Dorey, Ben Silva, Robert Stenhouse , Oliver Terry					
3:25,13	Team	IOW 2001	Isle of Wight	2001	Isle of Man	5 Final	
3:25,13	Team	JER 1993	Jersey	1993	Isle of Wight	1 Final	
3:25,14	Team	IOM 2019	Isle of Man	2019	Gibraltar	5 Final	
		Brandon Atchison, Michael Haslett, Jack Lemaire, David Mullarkey, Rhys Owen, Daniel Stewart-Clague					
3:25,24	Team	GIB 2011	Gibraltar	2011	Isle of Wight	4 Final	
		Richard Blagg, Dominic Carroll, Jonathon Lavers, Jerie Torres					
3:25,70	Team	BER 2013	Bermuda	2013	Bermuda	2 Final	
		Darico Clarke, Kyree Govia, Dage Minors, Ethan Philip					
3:26,36	Team	IOW 1999	Isle of Wight	1999	Gotland	1 Preliminary	Heat 2
		Tristram Cooper, Andrew French, Nicholas Grocock, Tim Morris					
3:26,38	Team	WES 2009	Western Isles	2009	Åland	1 Preliminary	Heat 1
		Stewart Vyner Chalmers, Donald Macleod, Rory Martin, MacLure Cameron, Ewan Ross					
3:26,72	Team	GIB 2005	Gibraltar	2005	Shetland Islands	2 Final	

3:26,93	Team	GOT 1993	Gotland	1993	Isle of Wight	2 Final	
3:27,00	Team	IOM 2015	Isle of Man	2015	Jersey	4 Final	
		Michael Haslett, Joel Padi, Thomas Riley, Joshua Hewett					
3:27,01	Team	ALA 1991	Åland	1991	Åland	3 Final	
		Glenn Lindqvist, Patrik Lehtonen, Johnny Nordqvist, John Holmberg					
3:27,12	Team	GIB 2003	Gibraltar	2003	Guernsey	4 Final	
3:27,79	Team	GIB 1995	Gibraltar	1995	Gibraltar	4 Final	
3:27,89	Team	YSM 2013	Ynys Môn	2013	Bermuda	3 Final	
		Michael Bland, Rheon Jones, Christopher Mcnaught , Aled Thomas					
3:28,13	Team	IOW 1995	Isle of Wight	1995	Gibraltar	5 Final	
3:28,30	Team	ORK 2007	Orkney	2007	Rhodes	2 Preliminary	Heat 1
3:28,49	Team	IOM 1991	Isle of Man	1991	Åland	4 Final	
		Richard Hulme, Gordon Crowe, David Anderson, Kevin Furlong					
3:28,52	Team	GIB 2001	Gibraltar	2001	Isle of Man	6 Final	
3:28,53	Team	CAY 2009	Cayman Islands	2009	Åland	2 Preliminary	Heat 2
		Junior Hines, Maxwell Hyman, Wallace Little, Steven Reid					
3:28,74	Team	IOW 2019	Isle of Wight	2019	Gibraltar	6 Final	
		James Haggerty, Max Henley, Benjamin Holdsworth, Luke Margham, Henry McLuckie, Sam Metcalf					
3:28,87	Team	WES 2007	Western Isles	2007	Rhodes	3 Preliminary	Heat 1
		Stewart Johnson, Iain MacCorquodale, Murdo Alexander Mackenzie, Donald Macleod					
3:29,03	Team	SHE 1995	Shetland Islands	1995	Gibraltar	6 Final	
3:29,04	Team	IOW 1997	Isle of Wight	1997	Jersey	3 Final	
		Nicholas Grocock, Toby Beider, Mark Bushell, Jon Squirrel					
3:29,34	Team	YSM 2019	Ynys Môn	2019	Gibraltar	7 Final	
		Shon Evans, Iolo Hughes, Cameron Lawrence, Zachary Price, Cai Roberts, Guto Tegid					
3:29,47	Team	GIB 2017	Gibraltar	2017	Gotland	2 Final	
		Abdullah Ahammad, Harvey Dixon, Jessy Franco, Craig Gill, Cameron Payas, Jerai Torres					
3:29,67	Team	JER 2009	Jersey	2009	Åland	3 Preliminary	Heat 2
		Calum Forrest, Alan Harrison, Ross Jeffs, Stephen Prosser					
3:29,88	Team	JER 2007	Jersey	2007	Rhodes	6 Final	
3:30,05	Team	GIB 1999	Gibraltar	1999	Gotland	5 Preliminary	Heat 1
		Michael Breed, Liam Byrne, Lee Calderon, Christopher Wall					
3:30,12	Team	GUE 2013	Guernsey	2013	Bermuda	4 Final	
		Michael Batiste, Simon Murphy, Hywel Robinson, Sam Wallbridge					
3:30,30	Team	IOM 1993	Isle of Man	1993	Isle of Wight	3 Final	
3:30,46	Team	GIB 2015	Gibraltar	2015	Jersey	5 Final	
		Karl Baldachino, Jessy Franco, Jerai Torres, Sean Collado					
3:30,75	Team	SHE 2013	Shetland Islands	2013	Bermuda	5 Final	
		Gareth Robertson, Sean Smith, Haydn Thomason, Alan Williamson					
3:30,97	Team	ORK 1999	Orkney	1999	Gotland	6 Final	Heat 2
		James Scott, Jonathan Spence, Douglas Thom, Nigel Thomson					
3:31,18	Team	IOM 2013	Isle of Man	2013	Bermuda	6 Final	
		Ryan Fairclough, Jack Lemaire, Oliver Lockley, Joseph Reid					
3:31,20	Team	WES 2005	Western Isles	2005	Shetland Islands	3 Final	
		Ian MacCorquodale, Derek Macintosh, Nurdo MacKenzie, Donald Macleod, Jonathan Murray					
3:31,25	Team	GOT 1999	Gotland	1999	Gotland	6 Preliminary	Heat 1
		Joakim Daun, Johan Smitterberg, Patrik Stenström, Robert Wärrff					
3:31,2 m	Team	IOM 1989	Isle of Man	1989	Faroe Islands	1 Final	
3:31,87	Team	GIB 1997	Gibraltar	1997	Jersey	4 Final	
		Nolan Romero, Liam Byrne, Gino deHaro, Lee Calderon					
3:32,06	Team	GUE 1991	Guernsey	1991	Åland	5 Final	
		Mark Renouf, Simon Jones, David Rowson, Nick Marley					

3:32,43		Team	IOM 2017	Isle of Man	2017	Gotland		3 Final	
		Brandon Atcison, Marcus Clague, Oliver Lockley, David Mullarkey, Rhys Owen, Joseph Reid							
3:32,63		Team	RHO 2007	Rhodes	2007	Rhodes		5 Preliminary	Heat 1
3:32,87		Team	WES 2017	Western Isles	2017	Gotland		4 Final	
		Ross Alexander Budge, Calum Fraser, Andrew Horne, Connor Maclean, Donald Maclean Macleod, Michael William Macmillan							
3:32,93		Team	JER 1999	Jersey	1999	Gotland		3 Preliminary	Heat 2
		Ian Carter, Alan Harrison, Peter Irving, Scott Roberts							
3:33,11		Team	ORK 1991	Orkney	1991	Åland		6 Final	
		Sean Cumming, Nigel Thomson, Grant Cumming, Chris Cotterill							
3:33,30		Team	GIB 1991	Gibraltar	1991	Åland		7 Final	
		John Chappory, Fabian Franco, Paul Ignacio, Mark Sanchez							
3:33,49		Team	ORK 2001	Orkney	2001	Isle of Man		4 Preliminary	Heat 2
3:33,52		Team	GIB 2013	Gibraltar	2013	Bermuda		7 Final	
		Karl Baldachino, Dominic Carroll, Sean Collado, Jerai Torres							
3:33,62		Team	YSM 2015	Ynys Môn	2015	Jersey		6 Final	
		Michael Bland, Rheon Jones, Christopher Mcnaught, Santiago Nicolas, Rayment Gomez							
3:33,69		Team	ALA 2007	Åland	2007	Rhodes		4 Preliminary	Heat 2
		Martin Andersson, Mats Boman, Tom Manselin, John Wilhelms							
3:33,87		Team	JER 2005	Jersey	2005	Shetland Islands		4 Final	
3:35,2	m	Team	JER 1987	Jersey	1987	Guernsey		1 Final	
3:35,2	m	Team	GOT 1989	Gotland	1989	Faroe Islands		2 Final	
3:35,49		Team	GOT 2011	Gotland	2011	Isle of Wight		5 Final	
		Andreas Grönström, Andre Kahlström, Jacob Shatohin, Mattias Sunneborn							
3:35,56		Team	GOT 1995	Gotland	1995	Gibraltar		4 Preliminary	Heat 2
		Niklas Hellgren, Patrik Stenström, Stefan Oskarsson, Håkan Andersson							
3:35,70		Team	WES 2013	Western Isles	2013	Bermuda		8 Final	
		Murdo Mackenzie, Donald Macleod, Cameron Ross, Iain Townsend							
3:35,9	m	Team	GIB 1987	Gibraltar	1987	Guernsey		2 Final	
3:36,18		Team	ALA 1993	Åland	1993	Isle of Wight		5 Final	
3:36,25		Team	ORK 1995	Orkney	1995	Gibraltar		4 Preliminary	Heat 1
		John Scott, Nigel Thomson, Mark Williams, Grant Cumming							
3:36,88		Team	ORK 2011	Orkney	2011	Isle of Wight		6 Final	
		James Flett, Gordon Mowat, Thomas Newton, James Watson							
3:37,05		Team	FAR 1991	Faroe Islands	1991	Åland		8 Final	
		Jågván K. Glerfoss, Regin Reinert, Solvi R. Hansen, Debes H. Christiansen							
3:36,9	m	Team	IOM 1987	Isle of Man	1987	Guernsey		3 Final	
3:37,29		Team	ORK 2005	Orkney	2005	Shetland Islands		5 Final	
		Neil Gray, Ronal Gray, David Miller, Nigel Thomson							
3:37,58		Team	YSM 1993	Ynys Môn	1993	Isle of Wight		6 Final	
3:37,72		Team	GUE 1995	Guernsey	1995	Gibraltar		5 Preliminary	Heat 1
		Alan Rowe, Sean Duquemin, James Watts, Lee Garland							
3:37,6	m	Team	GIB 1989	Gibraltar	1989	Faroe Islands		3 Final	
3:38,05		Team	GUE 1993	Guernsey	1993	Isle of Wight		7 Final	
3:38,44		Team	SHE 1997	Shetland Islands	1997	Jersey		5 Final	
		Martin Leyland, Joseph Nicolson, Scot Jamieson, Peter Stemp							
3:38,4	m	Team	GUE 1989	Guernsey	1989	Faroe Islands		4 Final	
3:39,18		Team	ORK 1993	Orkney	1993	Isle of Wight		8 Final	
3:39,33		Team	SHE 1999	Shetland Islands	1999	Gotland		4 Preliminary	Heat 2
		Drewie Clark, Martin Leyland, Sakchai Makao, Kenneth Simm							
3:39,40		Team	MEN 2009	Menorca	2009	Åland		4 Preliminary	Heat 1
		Agusti Mercadal, Pedro Palliser, Alejandro Sanchez, Jaime Torres, Victor Truyol							

3:39,73		Team	SHE 2005	Shetland Islands	2005	Shetland Islands	6 Final
			Trevor Baronet, Scor Jamieson, Benjamin Kerr, Martin Leyland, Ruairidh MacKenzie, Alan Williamson				
3:42,33		Team	ORK 2015	Orkney	2015	Jersey	4 Preliminary Heat 1
			Magnus Bichan, Andrew Davis, Joe Gregg, Balfour Hay				
3:42,5	m	Team	IOW 1987	Isle of Wight	1987	Guernsey	4 Final
3:43,73		Team	IOW 1991	Isle of Wight	1991	Åland	9 Final
			Chris Gorbut, Peter Choy, Charles Edsall, Nick Grocock				
3:44,07		Team	YSM 2017	Ynys Môn	2017	Gotland	5 Final
			Barry Edwards, Danny Goddard-Smith, Gethin Llyr Owen, Zachary Price, Cai Morgan Roberts, Guto Tegid				
3:44,2	m	Team	ALA 1989	Åland	1989	Faroe Islands	5 Final
3:46,72		Team	SHE 2003	Shetland Islands	2003	Guernsey	5 Final
3:47,4	m	Team	GUE 1987	Guernsey	1987	Guernsey	5 Final
3:47,8	m	Team	FAR 1989	Faroe Islands	1989	Faroe Islands	6 Final
3:48,36		Team	YSM 1999	Ynys Môn	1999	Gotland	5 Preliminary Heat 2
			Damian Clarke, Ioan Hughes, Edwin Lane, David Owens				
3:53,33		Team	GIB 1993	Gibraltar	1993	Isle of Wight	4 Final
4:01,8	m	Team	ORK 1987	Orkney	1987	Guernsey	6 Final